



The Arc

Greater Hudson Valley
New York

Rec & Teen Club 2021 Newsletter

Dear Rec & Teen Club members, families, and friends,

Welcome to our new quarterly newsletter! This newsletter is a way for members to share accomplishments, exciting news, and photos from events to all of our families! We can't wait to show you what Rec & Teen Club has been up to during 2021!

We can't even begin to explain how thankful we are to have had you and your patience alongside us this past year. Between staffing changes, the ongoing pandemic, and the unpredictability of this past year, we feel like the work we do in this program is more vital than ever.

With the increase in COVID cases with the new Omicron variant, many families are concerned about safety, and we are too. However, we remain optimistic that all precautions made throughout the past 2 years will continue to provide us with the protection that we need to stay open for in-person services. Additionally, we have hope that the vaccination rate amongst members and staff will continue to rise to provide ample protection for us as a group.

Despite all of the uncertainty of the first few months of this new year, we are still so excited to provide the quality services that you have come to know with us. The play rehearsals, dinner nights, dance parties, and so much more are a source of joy and relaxation for so many. We look forward to providing families with time to relax and a place for members to come enjoy socializing, exercising, and learning skills in our "new normal" environment, whatever that may mean in the coming months. Should anything change, we will let you know as soon as we know.

Last, but certainly not least, we want to wish everyone a happy new year! May this year bring us the hope, unity, and peace that we are in need of this year. While we closely monitor the changing situation surrounding the Omicron variant, rest assured, we will do everything possible to ensure safety for all.

Thank you again for your support this past year. Look out for our next newsletter in March 2022, and as always, GO GREEN VIPERS!

Em Green-Swinnich
Respite Coordinator
(845) 471-8876 ext 22176

Meet our Team!



Meet our goofy, friendly crew!



This is Casey!

He joined our team in August 2021 and has been a source of laughter and kindness ever since!

This is Alex!
Alex started in November 2020. She is responsible, creative, and always willing to go the extra mile!



This is Em!

Em joined the Respite team in March 2021. Em is creative, fun, and keeps everyone guessing with a different hair color each month!

What a wonderful year!

2021 Highlights



The Easter Bunny party in April 2021, featuring Em's rabbit "Phil"!

A group hike in August 2021 to Lake Minnewaska!



The Haunted Castle "Chateau de la Mort" from our Halloween Trick or Treating Day!

**Soukup Farms'
Harvest Festival in
Dover Plains, NY from
October 2021!**



**Our first Best Buddies
party with Marist College
from November 2021!**



**The first ever Green
V.I.P.ers Formal
Dance from
December 2021!**



**Last but not
least, Frosty Fest
from December
2021!**



Go Green Vipers!

Bowling, September 2021



Track & Field,
May 2021



Softball Skills, October 2021



Physical Fitness, December 2021



Talent Show 2021

On July 31st, we hosted the first ever Virtual AND live Talent Show for Rec & Teen Club! We had such a wonderful time and hope you did too!



Summer Program 2021

This past summer was a blast! Between days at local parks, adventures to museums, mid-day bowling, or exploring hiking trails, we were never short on fun things to do or laughs to be had!



Adventure to Opus 40 Sculpture Garden!



Beach Day at Lake Taghkanic!



Hiking at Minnewaska State Park!



Fun in the Sun at the Ulster County Fair!



Learn about animals at the Trevor Zoo!



Mini Golf, Roller Skating, & more!

We had so much fun this past year, and we hope you did too! Can't wait to do it all again in 2022!

Best Buddies

Partnership with Marist College

The Amazing Adventures of Andi

A Musical Talent Show
Written for Rec & Teen Club

Cheers to the New Year!

What to Look Forward to in 2022

Summer Program 2022

Holiday Parties, Arts & Crafts, Community Outings, and so much more!!

A vibrant graphic for a summer camp. It features a central orange rectangle with white text. Surrounding the rectangle are various tropical items: green palm trees, yellow lemons, pink watermelon slices, and two yellow ice cream cones with red frosting and white sprinkles. The background is white.

ARC GREATER HUDSON VALLEY SUMMER CAMP

JUNE 20 - AUGUST 26
8 AM - 6 PM M - F

ARE YOU LOOKING FOR AN ENRICHING SUMMER PROGRAM
FOR YOUR HIGH SCHOOL STUDENT?

LOOK NO FURTHER! YOU'RE WELCOME HERE!

For applications and information, please reach out to Em Green-Swinnich, Respite
Coordinator at (845) 471-8876 ext 22176 OR egreen-swinnich@arcghvny.org

Members must be eligible for support through OPWDD
Transportation must be provided to and from program

Members must be fully vaccinated for COVID19 and compliant w/ COVID safety protocols

Location: 8 Industry St, Poughkeepsie, NY 12603

Applications due May 15th, 2022

SEE MORE AT:

ARC GHVNY.ORG/PROGRAMS/COMMUNITY-SERVICES-INCLUSION-CSI/