

CALENDAR COVER DESIGN CONTEST

Submit your artwork for "Nifty November" and your artwork could be featured on the front page of the Rec & Teen Calendar! All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery **NO LATER THAN OCTOBER 20TH!**





oozy october

If you have any questions, please feel free to call: Emily (Em) Green-Swinnich, Respite Coordinator
845-471-8876 ext 22176 PLEASE DO NOT LEAVE RSVPs at 22176.

Please leave your RSVP at 845-471-8876 ext 22421 only

RICHARD

OOZY OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SEE NOTES FOR DETAILS ON DEADLINES, ACTIVITIES, AND ADMISSION FEES!						Buddy Walk ¹ @ Rene-gades Sta-dium 10am-4pm
Softball Com- petition @ Beacon Me- morial Park 9a-1p Walk-tober Craft Fest @ Walkway Over the Hudson *MEET @ ARC* 11am-5pm			Family & Member Meeting Dinner Par- ty @ Arc 5:30-8:30	Bowling @ Taft *MEET THERE* \$ REQUIRED 5:30-8:30pm	DOUBLE FEATURE: Arlington HS Football Game OR Tailgating Dance Party @ Arc 5:30-9p	Soukup Farm Harvest Festi- val \$ Recom- mended 11am-6pm
Fall Paint & Sip @ Arc 11am-3pm Carni-fall Community Days @ Wappingers \$ Recommended 3pm-9pm			Halloween Craft Night @ Arc 5:30-8:30	Bowling @ Taft *MEET THERE* \$ REQUIRED 5:30-8:30pm	Glow-in- the-Dark Dance Party @ Arc 5:30p-9p	Bowling Competition @ Pat Tarsio Lanes 8am-1pm
Legend of Sleepy Hollow Tour & Games Day @ Sleepy Hollow \$12 admission fee due 10/02 11am-6pm			Pumpkin Painting Night @ Arc 5:30-8:30	Physical Fit- ness Practice & Healthy Snack Night @ Arc 5:30-8:30pm	October Birthday Bash @ Arc 5:30p-9p	 Lake Com- pounce Fall Fright Festival \$40 admission due 10/01 1p-10p
Fall Festival @ Freedom Park \$ Recommended 11am-5pm Karaoke Jam Night @ Arc 5p-9pm			Self- Advocacy & Halloween Treat Making @ Arc 5:30-8:30pm	 Spooky Movie Night @ Arc 5:30-9pm	Kevin McCurdy's Haunted Man- sion \$35 admission fee due 10/07 5:30p-9p	 Monster Mash Costume Party @ Arc 3pm-9pm
Scavenger Hunt Party @ Arc 2pm-8pm			You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421			

OOZY OCTOBER EVENT NOTES

10/01: BUDDY WALK @ RENEGADES STADIUM; 10AM-4PM; CASH DONATIONS WELCOME!

October is Down Syndrome Awareness Month, and the Buddy Walk is a fundraiser for Down Syndrome Association of the Hudson Valley; cash donations are welcome! DJ, crafts, vendors and parades featured for an awesome Saturday!

- **Meet at Arc, cash recommended for donation / purchases**

10/02: SOFTBALL COMPETITION @ BEACON MEMORIAL PARK; 9AM-1PM / WALKTOBERFEST CRAFT FAIR; 11AM-5PM; \$ RECOMMENDED

Please meet at Beacon Memorial Park at 9am sharp to register! Games start at 10am; lunch provided! Or, meet at Arc for this day of arts & crafts viewing on the Walkway Over the Hudson. Money recommended for any purchases and for lunch.

- **SOFTBALL: Meet at Beacon Memorial Park; wear your sneakers and Green Vipers gear; lunch provided**
- **WALKTOBERFEST: Meet at Arc, wear walking shoes, cash recommended for purchases/lunch or pack a picnic lunch!**

10/05: FAMILY & MEMBER MEETING DINNER PARTY @ ARC; 5:30PM-8:30PM

Nifty November is near, so the time to plan is here! Bring your hopes, dreams, and ideas to this member meeting to plan the best calendar possible over a spaghetti dinner party! Families are welcome to attend to give feedback and suggestions!

- **Enter at bus doors, spaghetti dinner provided, families welcome!**

10/06, 10/13: SPECIAL OLYMPICS BOWLING @ TAFT; 5:30-8:30PM; MEET @ TAFT; \$ REQUIRED

With fall coming, people will certainly be busy, but make sure you SPARE some time to go bowling! **ALL ARE WELCOME!**

- **Meet at Taft Ave, bring dinner/money to purchase, cash required for bowling: \$3 / game**

10/07: DOUBLE FEATURE: ARLINGTON HS FOOTBALL GAME OR TAILGATING DANCE PARTY @ ARC; 5:30-9PM

Meet at Arc for this double feature! Sloppy Joes, salad, & snack bar will be served to all from 5:30-6, and then those who want to attend the football game will head out, and those who want to dance at our Tailgating Party can saddle up! Please RSVP with your preference: football or dancing!

- **Meet at Arc, enter at bus doors, RSVP with your choice (Football or dance?), dinner (Sloppy Joes & salad) served, bring \$ for football concessions stand**

10/08: SOUKUP FARM HARVEST FESTIVAL; 11AM-6PM; \$ RECOMMENDED

Meet at Arc for this fall festival! We absolutely loved this event last year, and have looked forward to returning! Featuring hay rides, corn maze, pumpkin picking, lunch, and the 2x2 Animal Haven, this event is the best hits of fall right in Dover Plains, NY!

- **Meet at Arc, dress for the outdoors, cash recommended for purchases and lunch, or bring a picnic lunch!**

10/09: FALL PAINT & SIP; 11AM-3PM / CARNI-FALL COMMUNITY DAYS @ WAPPINGERS; \$ RECOMMENDED; 3PM-9PM

Start off the morning with a fall-themed paint & spooky cider sip session at Arc. Then, join us for an evening at Schlathaus Park! The park has so many fall classics to choose from- carnival rides, games, vendors, and apple picking at Meadowbrook farms before the firework show!

- **FALL PAINT & SIP: Meet at Arc; wear clothes you don't mind getting paint on; bring lunch; snacks and cider served**
- **CARNI-FALL: Meet at Arc; dress for the outdoors; cash recommended for games, vendors, and dinner (or bring dinner!); fireworks start at dusk**

10/12: HALLOWEEN CRAFT NIGHT @ ARC; 5:30PM-8:30PM

Let's make some Oozy October Halloween crafts! Painting decorations, DIY slime, and ghostly garland- so many crafts, so little time!

- **Meet at Arc; wear clothes you don't mind getting crafty; bring dinner; snacks and drinks served**

10/14: GLOW-IN-THE-DARK DANCE PARTY @ ARC; 5:30PM-9PM

Wear your craziest neon outfit and your dancing shoes for our Glow-in-the-Dark Karaoke/ Dance party! Pizza, salad, snacks, and drinks provided, as well as GLOW STICKS!

- **Meet at Arc, enter at production doors, dinner (pizza, salad, snacks, drinks) served, dress in NEON!**

10/15: BOWLING COMPETITION @ PAT TARSIO LANES; 8AM-1PM

The big day is here- remember all your bowling gear! Please meet in the parking lot before entering, so coaches can gather registration information. Medical forms and proof of vaccination are due at this time. If you are unvaccinated, you may still participate, but we must know vaccine status in order to best protect all of our athletes. Please call with any questions!

- **Meet @ Arc, NO JEANS!!; Arrive by 8am to leave on time!**

10/16: LEGEND OF SLEEPY HOLLOW TOUR & GAMES DAY @ SLEEPY HOLLOW; 11AM-6PM; \$12 ADMISSION FEE DUE 10/02

Don't lose your head over this haunted trip! We're going to tour a local museum to learn more about the story of The Headless Horseman! The museum features lawn games & a walkthrough of a field of handblown glass pumpkins- pack a lunch for a scenic picnic! Then we'll walk through the town together and listen to the story of Ichabod Crane!

- **Meet at Arc, wear walking shoes, \$12 admission fee due 10/02, pack a lunch**

10/19: PUMPKIN PAINTING NIGHT @ ARC; 5:30PM-8:30PM

Skip the goop and mess of carving, and paint a silly face on a cute pumpkin! Bring your own pumpkin!

- **Bring your own pumpkin & clothes you don't mind getting paint on!**

10/20: SPECIAL OLYMPICS PHYSICAL FITNESS PRACTICE & HEALTHY SNACK NIGHT @ ARC; 5:30PM-8:30PM

Let's get physical, PHYSICAL! Let's do some sit-ups, jumping jacks, and more to get in shape for our upcoming season! We're also featuring a healthy snack & recipe this evening- CHOCOLATE CHIP GRANOLA BITES!

- **Wear sneakers and exercise clothes, healthy snacks and drinks provided**

10/21: OCTOBER BIRTHDAY BASH @ ARC; 5:30PM-9PM

Happy Birthday to all of our members born in October, as well as one of our staff! Everyone is welcome to come celebrate with us, and no gifts are required.

- **Pizza, salad, snacks, and drinks provided.**

10/22: LAKE COMPOUNCE FALL FRIGHT FESTIVAL; \$40 ADMISSION DUE 10/01; 1PM-10PM; \$ RECOMMENDED

Screams, thrills, and chills– Lake Compounce has a fall festival until 6pm, at which point the FRIGHT FEST takes over! \$40 gets you admission to the entire park, but if you're just here for thrills, we have a chill team leaving at 6pm. The BOO CREW stays as late as you can handle!

- **Meet at Arc, wear clothes for the outdoors, RSVP with your preference (FALL or FRIGHT), \$40 admission due 10/01**

10/23: FALL FESTIVAL @ FREEDOM PARK; 11AM-5PM; \$ RECOMMENDED / JAM NIGHT @ ARC; 5-9PM

Freedom Park is hosting a wonderful Fall Festival, featuring live music, food trucks, craft vendors, animals, costume parade, and more! Feel free to dress in costume! Then, head back to Arc for a karaoke / jam session! Instruments and song requests are welcome!

- **FREEDOM PARK: Meet at Arc, bring cash for lunch or picnic lunch, costumes welcome!**
- **JAM SESSION: Enter @ bus doors, bring dinner and a musical instrument, snacks and drinks served**

10/26: SELF-ADVOCACY & HALLOWEEN TREAT MAKING @ ARC; 5:30PM-8:30PM

October's self-advocacy topic is privacy, protection, and safety! Come make some Halloween treats and talk about our rights together!

- **Bring dinner, drinks, treats and talks provided**

10/27: SPOOKY MOVIE NIGHT @ ARC; 5:30-9PM

This event is not for the faint of heart– we are **watching Halloween movies (up to PG-13)!** Bring your movie requests; we'll bring the popcorn!

- **Meet at Arc, bring dinner, snacks and drinks provided**

10/28: KEVIN MCCURDY'S HAUNTED MANSION; 5:30PM-9PM; \$35 ADMISSION FEE DUE 10/07

Frightening forest, ghostly ghouls, and haunted hollows– Kevin McCurdy's is certain to be a creepy cool time! Please use your discretion when attending this event!

- **Meet at Arc, bring dinner, snacks and drinks provided, \$35 admission due 10/07**

10/29: MONSTER MASH COSTUME PARTY @ ARC; 3PM-9PM

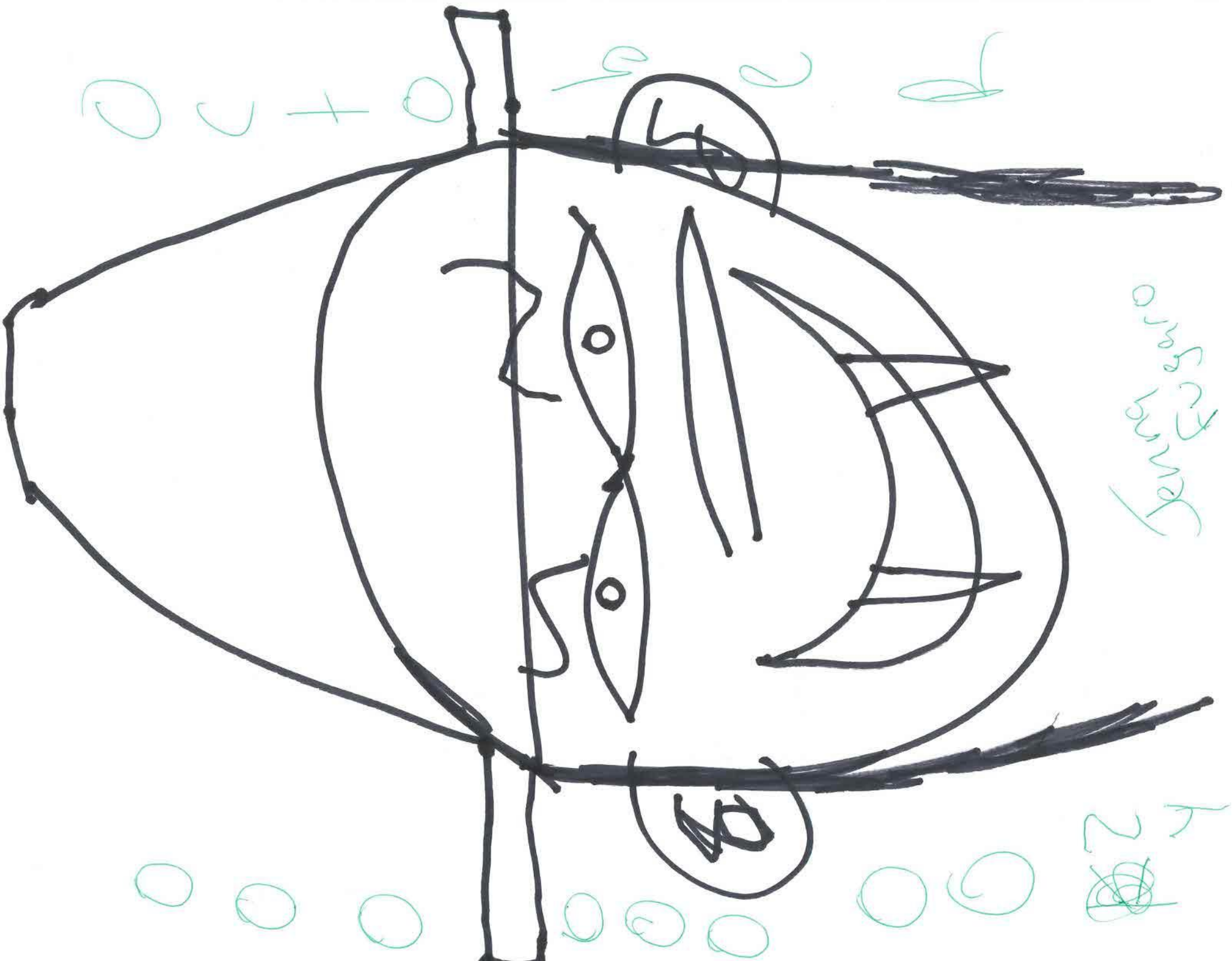
This Monster Mash party has everything– music, dinner, goblins, ghouls, and Halloween crafting! Wear your costume for our COSTUME CONTEST! Then put on your dancing shoes to get down and moving on the dance floor with our Rec & Teen crew + some special guests from our Residential program!

- **Enter at production doors, crafts, dancing, drinks, and snacks provided. WEAR YOUR COSTUME for our COSTUME CONTEST!**

10/30: SCAVENGER HUNT PARTY @ ARC; 2PM-8PM

Bringing back this event from last year, we are turning the Arc into a FUN HOUSE! Each room in Arc has a different theme and puzzle to figure out before you gain access to the party and treats in the next room. Bring your own lunch, but dinner and snacks will be provided.

- **Bring lunch, dinner, snacks, and drinks provided**



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over 50 years

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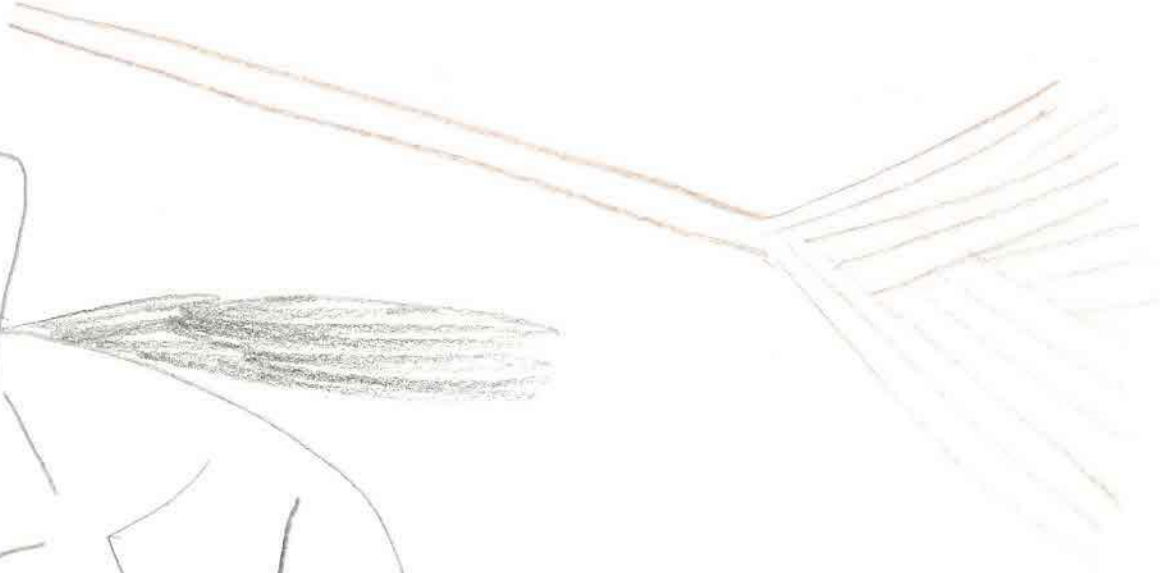
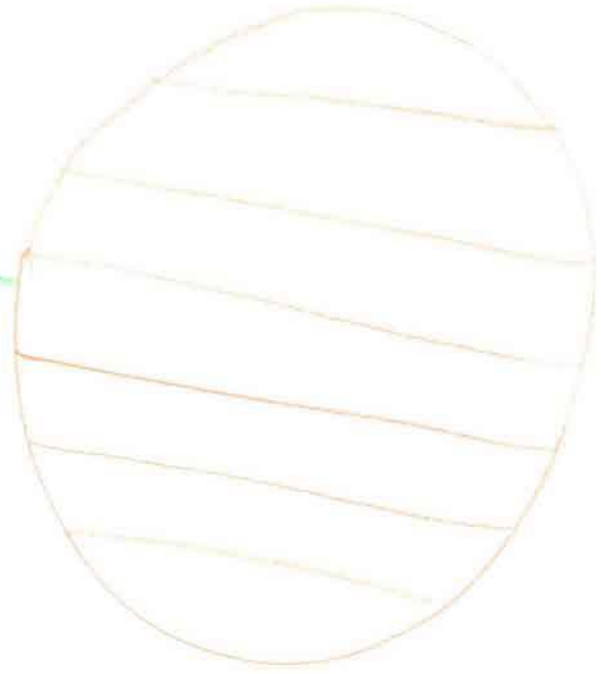
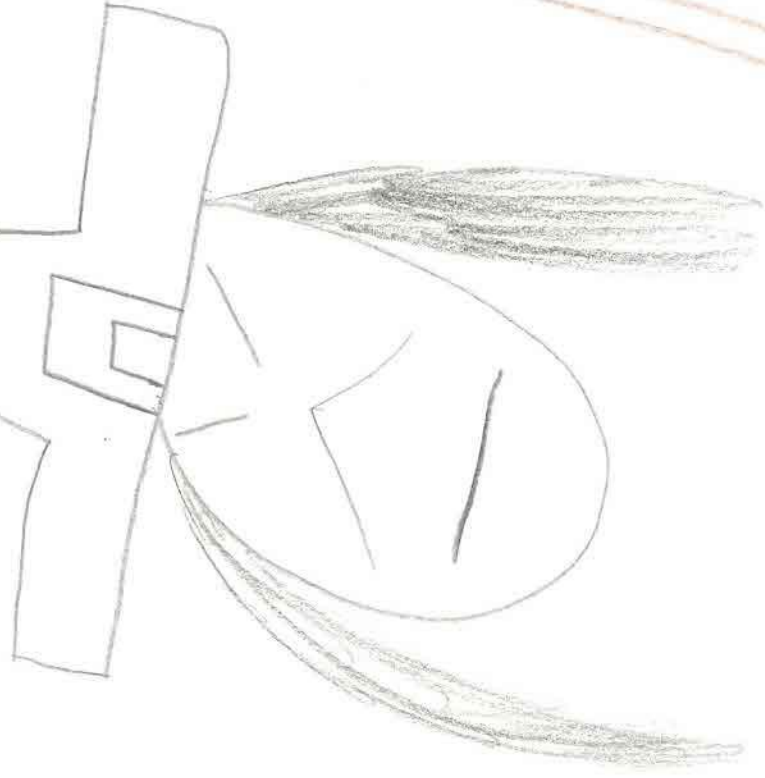
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Outstanding

October

Carrie





Charlotte
Hanson

O O Z Y
T O B E R
O S



Happy
Halloween

Michael
Rad

Important Reminder 2022

Please read thoroughly the notes section as things may have changed. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

- **Depending on weather and staffing, some activities are subject to change.**
- **Masks are now optional at programming, unless otherwise specified.**
- **Please enter at bus doors, unless otherwise specified.**
- **Families are now welcome to walk their loved one in to our Friday night parties, but must depart within 30 minutes of the beginning of the event.**
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door listed on the event description, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- **Please do not enter the building without staff present.** Please be patient, as staff will be waiting for you at the door as soon as the program area is safe to enter.
- All members **MUST** have their temperature taken upon arrival and use hand sanitizer before entering the building
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the bus doors where you will be greeted by a staff member. This process may take a few minutes.

Lastly we ask for everyone to be patient with one another as safety must be priority.

The REC & TEEN Club

The Arc of Greater Hudson Valley

8 Industry Street

Poughkeepsie, NY 12603

Director of Day & Respite Services..... Catherine Ottaviani

(845) 471-8876 ext 22115

cottaviani@arcghvny.org

Respite Coordinator Emily Green-Swinnich

(845) 471-8876 x 22176

egreen-swinnich@arcghvny.org

Rec Club Supervisor..... Christopher Schumacker

(845) 471-8876 x 22186

cschumacker@arcghvny.org

Rec Club Assistant..... Casey Belcher

cbelcher@arcghvny.org

Rec Club Assistant..... Yvette Bien-Aime

ybien-aime@arcghvny.org

Rec Club Assistant Vacant

For information and reservations

Rec. Club Voicemail..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525

Arc Greater Hudson Valley

Rec & Teen Club

A few friendly reminders.....

Please remember that REFUNDS / CREDITS are distributed on a QUARTERLY basis by request only. PLEASE do not deduct a credit without attaching a credit voucher with your payment. When using a partial credit, I will give you a new slip with your current credit balance.

Please remember you must call in your RSVP on the Rec or Teen Club voicemail line. **Mailing in a payment without RSVPing through the phone line will not place you on the Attendance List for the activity/activities of your choice.**

PLEASE DO NOT SEND CASH- WE ONLY ACCEPT CHECKS/MONEY ORDERS!

Please drop off or mail in your check with one of the payment coupons below.

Arc Greater Hudson Valley

8 Industry St.

Poughkeepsie, NY 12603

Arc Greater Hudson Valley

Rec & Teen Club

PAYMENT COUPON FOR OCTOBER 2022

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME: _____

Amount of check \$ _____

(Please make check out to ARC Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying.

- \$12 admission ticket for Sleepy Hollow Museum due 10/02
 - \$40 admission ticket for Lake Compounce Fall Fright Fest due 10/01
 - \$35 admission ticket for Kevin McCurdy's Haunted Mansion due 10/07
-

**Arc Greater Hudson Valley
Rec & Teen Club
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**Arc Greater Hudson Valley
Rec & Teen Club
PAYMENT COUPON FOR OCTOBER 2022**

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME: _____

Amount of check \$50.00

(Please make check out to ARC Greater Hudson Valley)

- \$50 admission ticket for Holiday Formal due 11/01/2022**
-