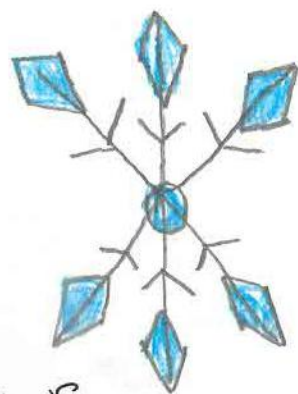
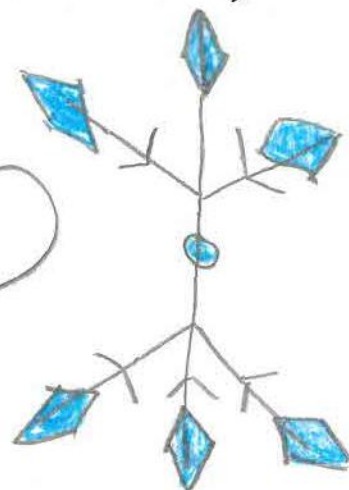
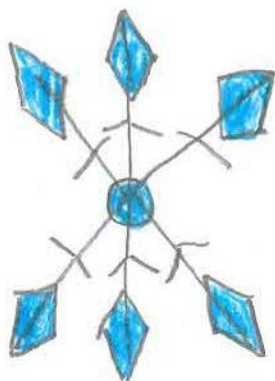


Jazzy



January

CALENDAR COVER DESIGN CONTEST
Submit your artwork for "Fabulous February" and your artwork could be featured on the front page of the Rec & Teen Calendar! All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery NO LATER THAN JANUARY 20TH!



If you have any questions, please feel free to call:
Emily (Em) Green-Swinnich, Respite Coordinator
845-471-8876 ext 22176

PLEASE DO NOT LEAVE RSVPs at 22176.

Please leave your RSVP at 845-471-8876 ext 22421 only

Charlotte
Hanson

Jazzy January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421						¹ Happy New Year!
² Welcome 2022 Dance Party @ Arc 11am-7pm	³	⁴	⁵ Rehearsal @ Arc 5:30-7p Member Meeting & Family Meeting @ Arc 7p-9p	⁶ Meditation & Yoga @ Arc 5:30-9pm Basketball Practice @ Faith Assembly (Casperkill) 6:30p-9p	⁷ January Birthday Bash 5:30p-9p	⁸ Window Shopping @ Palisades Mall \$ Recommended 11am-7pm
⁹ Brunch/Rehearsal @ Arc 9am-11am Planetarium @ Hudson River Museum & BK Dinner \$15 admission ticket due 1/2 + cash 11am-7pm	¹⁰	¹¹	¹² Rehearsal @ Arc 5:30-7p Learn to Cook: Chicken Dinner @ Arc 5:30p-9p	¹³ Spa Night @ Arc 5:30-9pm Basketball Practice @ Faith Assembly (Casperkill) 6:30p-9p	¹⁴ Glow-in-the-Dark Dance Party @ Arc 5:30p-9p	¹⁵ Girls/Guys Day Out @ Arc \$ Recommended 11am-7pm
¹⁶ Brunch/Rehearsal @ Arc 9am-11am NFL Wild Card Game Day Party @ Arc 11am-7pm	¹⁷	¹⁸	¹⁹ Rehearsal @ Arc 5:30-7p Learn to Cook: DIY Pasta & Meat Sauce @ Arc 5:30p-9p	²⁰ Open Mic/Karaoke Night @ Arc 5:30-9pm Basketball Practice @ Faith Assembly (Casperkill) 6:30p-9p	²¹ DOUBLE FEATURE: RC Ketcham vs Arlington Basketball 4pm-7:30pm AND/OR Frozen Luau Dance Party @ Arc 5:30p-9p	²² Game Day @ Arc 12p-6p Jump & Glow Night @ Bounce \$25 due 01/14 6p-9:30p
²³ Brunch/Rehearsal @ Arc 9am-11am Winter Crafts @ Arc 11am-3pm Bowling @ Taft \$ Required 3pm-6pm	²⁴	²⁵	²⁶ Rehearsal @ Arc 5:30-7p Everything's Better with Chocolate Night @ Arc 5:30p-9p	²⁷ Self-Advocacy Night @ Arc 5:30-9pm Basketball Practice @ Faith Assembly (Casperkill) 6:30p-9p	²⁸ Retro Night Dance Party @ Arc 5:30p-9p	²⁹ Stew Leonards' Trip & DIY Chicken Noodle Soup \$ Recommended 10a-8p
³⁰ Brunch/Rehearsal @ Arc 9am-11am Community Scavenger Hunt @ Arc \$ Recommended 11am-7pm	SEE NOTES FOR DETAILS ON DEADLINES, ACTIVITIES, AND ADMISSION FEES!					

JAZZY JANUARY EVENT NOTES

"THE AMAZING ADVENTURES OF ANDI" - PLAY/TALENT SHOW REHEARSAL: MOST WEDNESDAYS 5:30-7PM & SUNDAYS 9A-11AM @ ARC

Bring your scripts, singing voice, and dancing shoes— it's time to rehearse! Performers can also enjoy any food featured at an event.

01/05: MEMBER MEETING/FIRE SAFETY & FAMILY MEETING @ ARC; 7PM-9PM

The time to plan is here— Jazzy January is near! Bring your ideas, requests, hopes, and dreams and we'll make our calendar and review fire safety together while our guardians give feedback, ask questions, and make requests of our team for 2022!

01/06: MEDITATION & YOGA @ ARC; 5:30-9PM

Bring your Zen and find your happy place with us at beginner's yoga! Participation in yoga is optional for those of you whose happy place involves crafting.

01/06, 01/13, 01/20, 01/27: BASKETBALL PRACTICE @ FAITH ASSEMBLY (CASPERKILL); 6:30P-9P

Bring water and wear sneakers to Arc, and get pumped to participate in our basketball skills practices this year! All of our basketball players are welcome to attend the activity starting at 5:30pm before departing for practice!

01/07: JANUARY BIRTHDAY BASH @ ARC; 5:30-9PM

Happy Birthday to all of our January babies! Come celebrate good times with us— pizza, salad, chips, and drinks provided and no gifts required! Any desserts are welcome!

01/08: WINDOW SHOPPING @ PALISADES MALL; 11AM-7PM; \$ RECOMMENDED

Come one, come all— let's go window shopping at the mall! Be sure to pack your meals! Money is recommended for any purchases, as well as if you'd like to buy dinner.

01/09, 01/16, 01/23, 01/20: BRUNCH / REHEARSAL @ ARC; 9AM-11AM

Come enjoy brunch with the Rec & Teen Bunch! Together, we are chatting and watching our show rehearsal while making eggs, toast, pancakes/waffles, and bacon/sausage, which will be served with orange juice. Food requests welcome :)

01/09: PLANETARIUM @ HUDSON RIVER MUSEUM & BK DINNER; 11AM-7PM; \$15 ADMISSION DUE 01/02 + CASH FOR DINNER

Lay back, relax, and let's learn about stars and planets! The Hudson River Museum features local history, art, and so much more! After our museum trip, let's head over to Burger King for dinner. \$15 admission due 01/02 and bring cash for dinner!

01/12: LEARN TO COOK: CHICKEN DINNER @ ARC; 5:30PM-9PM

Want to learn to cook a healthy meal? Here's the menu for tonight: mozzarella crusted chicken with couscous and oven roasted carrots. Recipe available to bring home!

01/13: SPA NIGHT @ ARC; 5:30PM-9PM

Thursdays are for self-care! Bring nail polish, face masks, or a lawn chair to lay back, relax, and have a healthy snack!

01/14: GLOW-IN-THE-DARK DANCE PARTY @ ARC; 5:30PM-9PM

Wear your craziest neon outfit and your dancing shoes for our Glowing-in-the-Dark Karaoke/Dance party! Pizza, salad, chips, and drinks provided, as well as GLOW STICKS!

01/15: GIRLS/GUYS DAY OUT @ ARC; 11AM-7PM; \$ RECOMMENDED

Back by popular demand, it's Girls/Guys Day Out! Bring requests on places to go and money to spend on lunch with the Girls/Guys of Rec Club!

JAZZY JANUARY EVENT NOTES

(continued...)

01/16: NFL WILD CARD GAME DAY PARTY @ ARC; 11AM-7PM

Wild card games make for the most fun viewing parties! Enjoy party snacks and pizza with us while we watch and see who gets the last spots in the NFL playoffs this year!

01/19: LEARN TO COOK: DIY PASTA & MEAT SAUCE @ ARC; 5:30-9PM

This recipe comes all the way from Italy! Watch a cooking special on making your own pasta, meat sauce, and bread and put it into practice with us! Bring your appetite!

01/20: OPEN MIC/KARAOKE NIGHT @ ARC; 5:30-9PM

Comedy, singing, story-telling, dancing— all acts are welcome at this open mic/karaoke night!

01/21: DOUBLE FEATURE: RC KETCHAM VS ARLINGTON HS BASKETBALL GAME; 4PM-7:30PM

***AND/OR* FROZEN LUAU DANCE PARTY @ ARC; 5:30-9PM**

An early start to this Friday features the Arlington HS basketball game at 4pm. **Please arrive to Arc at 4pm SHARP to attend the basketball game.** Or if you'd prefer our traditional hours and party scene, come arrive at 5:30pm to enjoy our Frozen Luau Party! **Please RSVP with your choice: basketball, dance, or both?**

01/22: GAME DAY @ ARC; 12PM-6PM

JUMP & GLOW NIGHT @ BOUNCE; 6PM-9:30PM; \$25 ADMISSION DUE 01/14

This game day features video games, board games, puzzles, and even a Rock, Paper, Scissors Tournament. Bring your competitive spirit and game with us!

Then at 6pm, join us at Bounce's Jump & Glow Night! Please bring socks with grips, or purchase them for \$3 at Bounce, and prepay for your ticket by 01/14.

01/23: WINTER CRAFTS @ ARC; 11AM-3PM

BOWLING & ARCADE @ TAFT AVE; 3PM-6PM; \$ REQUIRED

After brunch, enjoy an afternoon of painting, crafting, and relaxation! Snacks provided. Then all are welcome to this bowling! **Please meet at ARC**, wear sneakers and bring at least \$15 to cover bowling at \$3/game, additional if you'd like to order food.

01/26: EVERYTHING'S BETTER WITH CHOCOLATE NIGHT @ ARC; 5:30PM-9PM

No matter the weather, everything is better with chocolate! Come bake chocolate chip cookies, fudge, and enjoy hot cocoa and chocolate fondue!

01/27: SELF-ADVOCACY NIGHT @ ARC; 5:30PM-9PM

Bring topics you'd like to discuss on a day where we can let our voices be heard! Starter topic: "what does disability justice look like to you?" Snacks and drinks provided.

01/28: RETRO NIGHT DANCE PARTY @ ARC; 5:30PM-9PM

Lace up those dancing shoes, because it is time to get down with your bad self! Pizza, salad, snacks, and soda provided. Music requests and CDs are always welcome!

01/29: STEW LEONARDS' TRIP & DIY CHICKEN NOODLE SOUP; 10AM-8PM; \$ RECOMMENDED

Come explore Stew Leonard's grocery store and shop with us to get ingredients for home-made Chicken Noodle Soup! Then when we get back, we'll make the soup from scratch to enjoy for dinner. Pack a lunch, or bring \$ to purchase lunch at the store!

01/30: COMMUNITY SCAVENGER HUNT @ ARC; 11AM-7PM; \$ RECOMMENDED

Come decipher clues to lead us on adventure in the community. From iconic locations to hidden treasures, this day promises to make memories! You solve the riddles, we'll drive!

WINTER WEATHER PROTOCOL:

Please be advised, with winter conditions approaching, safety is our first concern.

Some activities may be canceled during inclement weather. We will update the Rec & Teen RSVP line as needed to communicate any changes. Cancellations, delays, and closings will also be reported:

FM	
92.1	Q92
96.9/92.7	WRRV
93.3	Z93
97.7	Mix
100.7	WHUD
101.5	WPDH
104.7	WSPK
107.3	WRWD
96.1	KISS FM
94.3/97.3	The Wolf

AM	
1260	WBNR
1450	WKIP

Websites

www.iheartmediahv.com

<http://www.whud.com/stormcenter/>

HUDSONVALLEYCLOSINGS.COM

When Wind Chill Advisories are in effect please make sure your family member is dressed warmly—wear hats, gloves and a scarf (to cover mouth and nose from inhaling the cold air). If someone has respiratory issues, please consider keeping them home for the day.

If weather conditions change your RSVP, please notify us by calling the RSVP line or the Rec phone directly.

As always, please call with any questions— we're always happy to help!

Important Reminder 2022

Please read thoroughly the notes section as things may have changed due to Covid-19. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

- **Masks are required by all participants, regardless of vaccination status.**
- We will continue to abide by social distancing protocols to ensure everyone's safety, regardless of vaccination status.
- Our COVID19 cleaning protocols remain unchanged to ensure everyone's safety.
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door with the bright orange cone and "Party Zone" sign, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- **Please do not enter the building without staff present.** Please be patient, as staff will be waiting for you at the door as soon as the program area is safe to enter.
- All members **MUST** have their temperature taken upon arrival and use hand sanitizer before entering the building
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the door with the sign and bright orange cone where you will be greeted by a staff member while you remain in your vehicle. This process may take a few minutes.
- Members are asked to follow the designated markings throughout the building for safety
- Members must practice social distancing of 6 feet during activity.

Lastly we ask for everyone to be patient with one another as safety must be priority.

The REC & TEEN Club

The Arc of Greater Hudson Valley

8 Industry Street

Poughkeepsie, NY 12603

Director of Day & Respite Services..... Catherine Ottaviani

(845) 471-8876 ext 22115

cottaviani@arcghvny.org

Respite Coordinator Emily Green-Swinnich

(845) 471-8876 x 22176

egreen-swinnich@arcghvny.org

Rec Club Supervisor..... Vacant

Rec Club Assistant Alexandra Garcia

agarcia@arcghvny.org

Rec Club Assistant..... Casey Belcher

cbelcher@arcghvny.org

Rec Club Assistant..... Vacant

For information and reservations

Rec. Club Voicemail..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525

Michael Rao



Jazzy January



Arc Greater Hudson Valley Rec & Teen Club

A few friendly reminders.....

Please remember that REFUNDS / CREDITS are distributed on a QUATERLY basis.

PLEASE do not deduct a credit without attaching a credit voucher with your payment.

When using a partial credit, I will give you a new slip with your current credit balance.

Please remember you must call in your RSVP on the Rec or Teen Club voicemail line.

Mailing in a payment without RSVPing through the phone line will not place you on the Attendance List for the activity/activities of your choice.

PLEASE DO NOT SEND CASH- WE ONLY ACCEPT CHECKS/MONEY ORDERS!

Please drop off or mail in your check with one of the payment coupons below.

Arc Greater Hudson Valley
8 Industry St.
Poughkeepsie, NY 12603
Attn: Rec and Teen Club

Arc Greater Hudson Valley Rec & Teen Club

PAYMENT COUPON FOR JANUARY 2022

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME: _____

Amount of check \$ _____

(Please make check out to ARC Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying.

- ☐ \$15.00 for Planetarium & Museum Ticket due 01/02
- ☐ \$25.00 for Bounce's Jump & Glow Night due 01/14

Arc Greater Hudson Valley

Rec & Teen Club

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