



JULY

THE AMERICAN GLORY OF, RED, WHITE, + BLUE



CALENDAR COVER DESIGN CONTEST

Submit your artwork for "Adventurous August" and your artwork could be featured on the front page of the Rec & Teen Calendar! All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery **NO**

LATER THAN JULY 18TH!

If you won last month, you cannot win this month!

If you have any questions, please feel free to call:

Emily (Em) Green-Swinnich, Respite Coordinator 845-471-8876 ext 22176

Please leave your RSVP at 845-471-8876 ext 22421

JOLLY JULY 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421.						
SEE NOTES FOR DETAILS ON DEADLINES, ACTIVITIES, AND ADMIS- SION FEES!				1 Viper Fitness @ Arc 5:30p- 8:30p	2 Bowling Night @ Spins Bowl \$15 adm. fee 5:30p-9p	3 Hyde Park Parade & Picnic @ Hackett Hill Park 9:30a-4p
4 Happy 4th of July!	5	6 50's Concert @ Greenvale Park Pavilion 6:30p-8:30p	7 Member Mtg & Safety Review on Zoom 5:30p-7:30p	8 Viper Fitness TikTok Dance Challenge @ Arc 5:30p-8:30p	9 Talent Show Rehearsal @ Arc/Zoom 5:30p-6:30p Beatles Concert @ East Fishkill Park 6:30p-9p	10 Stormville Flea Market Money recommended 10:30a-4:30p
11 Talent Show Rehearsal @ Arc/Zoom 11am-12pm Talent Show Prop Crafting @ Arc 12p-5p	12	13	14 Talent Show Rehearsal on Zoom 5:30p-7p	15 Viper Fitness @ Rail Trail 5:30p- 8:30p	16 Karaoke/ Dance Party @ Arc/Zoom 5:30p-9p	17 Eastdale Street Fair Money recommended 10:30a-4:30p
18 Talent Show Rehearsal @ Arc/Zoom 11am-12pm July Birthday Bash @ Arc/Zoom 12-5p	19	20	21 Circle of Friends / Game Night on Zoom 5:30p-8:30p	22 Viper Fitness @ Arc 5:30p- 8:30p	23 Summer Olympics Watch Party @ Arc/ Zoom 5:30p-9p	24 Holly Jolly July Party @ Arc 11a-5p
25 Talent Show Rehearsal @ Arc/Zoom 11am-12pm Summer Painting Party @ Arc 12p-5p	26	27 Country Music @ Greenvale Park Pavilion 6:30p-8:30p	28 Talent Show Rehearsal on Zoom 5:30p-7p	29 Talent Show Dress Rehearsal on Zoom/Arc 5:30p-7p	30 Talent Show Dress Rehearsal on Zoom/Arc 5:30p-9p	31 Talent Show PERFORMANCE and Party on Zoom/Arc 11a-5p

Jolly July Rec Notes

07/01 & 7/22: VIPER FITNESS @ ARC; 5:30-8:30PM

Come learn about which muscles are important as a Special Olympian and complete a targeted work out with the Green Vipers! **Due to safety concerns, Viper Fitness will only be offered in-person.**

07/02: BOWLING NIGHT @ SPINS BOWL; 5:30-9PM; \$15 FEE DUE 07/01

Have a blast with the Vipers as we bowl the night away! Fee covers 2 hour lane reservation & shoe rental.

07/03: HYDE PARK PARADE & PICNIC @ HACKETT HILL PARK; 9:30AM-4PM

Wear your red, white, and blue to celebrate America with the Green Vipers at Hyde Park's parade, followed by a picnic at Hackett Hill Park. Bring a cold bagged lunch!

07/06: 50'S CONCERT @ GREENVALE PARK PAVILION; 6:30PM-8:30PM

Do the twist with us at Greenvale Park's free concert series! The featured band is "Greyhounds."

07/07: MEMBER MEETING & SAFETY REVIEW ON ZOOM; 5:30PM-7:30PM

Planning time is near- Amazing August is almost here! Bring your ideas, requests, hopes, and dreams and we'll make our calendar while reviewing safety rules together over Zoom!

07/08: VIPER FITNESS TIKTOK DANCE CHALLENGE @ ARC; 5:30PM-8:30PM

Bring your dance moves and do some cardio with TikTok dance challenge night at Arc!

TALENT SHOW REHEARSAL @ ARC/ZOOM

It's the final countdown to our final performance on July 31st! Attendance for the last 2 dress rehearsals is mandatory to ensure we are performance ready on the 31st. If you are planning to perform in-person, you must attend in-person so we can work on staging!

YOU MUST HAVE ATTENDED A MINIMUM OF TWO REHEARSALS BEFORE ATTENDING DRESS REHEARSALS AND PERFORMING!

Remaining rehearsals dates are:

07/09: 5:30PM-6:30PM

07/11: 11AM-12PM

07/14: 5:30PM-7PM

07/18: 11AM-12PM

07/25: 11AM-12PM

07/28: 5:30PM-7PM

*07/29: 5:30PM-7PM

*07/30: 5:30PM-9PM

***FINAL PERFORMANCE: 07/31 11AM-2PM,**

***ATTENDANCE IS MANDATORY ON THESE DAYS**

07/09: BEATLES CONCERT @ EAST FISHKILL PARK; 6:30PM-9PM

All we are saying is give "Everything Else" a chance! Come listen to a Beatles cover band at East Fishkill Park for a free concert!

Jolly July 2021 Rec Notes

(continued...)

07/10: STORMVILLE FLEA MARKET; 10:30AM-4:30PM

The Stormville Flea Market has been high on everyone's request list, so wait no longer than July 10th! We recommend bringing money to this event, as you never know what rare beauties may catch our eyes!

07/11: TALENT SHOW PROP CRAFTING @ ARC; 12PM-5PM

If you are planning on using props during the talent show, this is our designated crafting day – no project is too big or too small to discuss! From a paint-your-own titanic to a starry night, almost anything is possible!

07/15: VIPER FITNESS @ RAIL TRAIL; 5:30PM-8:30PM

Let's get rolling on the rail trail– Viper Fitness style! Wear walking shoes and sunscreen for this cardio event at sunset!

07/16: KARAOKE/DANCE PARTY @ ARC/ZOOM; 5:30PM-9PM

Singing, dancing, and snacks– oh my! Bring your song requests and dancing shoes to social distance on our dance floor! Snacks will be provided.

07/17: EASTDALE STREET FAIR; 10:30AM-4:30PM

The Eastdale Street Fair is sure to be a blast with clowns, entertainers, and food trucks. Money is recommended to enjoy the food trucks and an ice cream stop on the way back!

07/18: JULY BIRTHDAY BASH @ ARC/ZOOM; 12PM-5PM

Happy Birthday to all of our July babies! Come celebrate good times with us! No gifts required!

07/21: CIRCLE OF FRIENDS / GAME NIGHT ON ZOOM; 5:30PM-8:30PM

Come spend time with friends while competing on a variety of virtual game shows!

07/23: SUMMER OLYMPICS WATCH PARTY @ ARC/ZOOM; 5:30PM-9PM

After an extra year of waiting, the Summer Olympics are finally here! Enjoy the company of the Green Vipers as we watch and celebrate the opening ceremonies. Snacks provided.

07/24: HOLLY JOLLY JULY PARTY @ ARC; 11AM-5PM

It's Christmas in July! We'll be singing carols and watching our favorite holiday movies, so come get Holly-Jolly with our festive crew! Food and drinks will be served.

07/25: SUMMER PAINTING PARTY @ ARC; 12PM-5PM

For this summer, we're painting scenes from the beach, sunsets, picnics– anything summer, we can paint it! Bring your creativity and clothes you don't mind getting paint on!

07/27: COUNTRY MUSIC CONCERT @ GREENVALE PARK PAVILION; 6:30PM-8:30PM

Let's dance, y'all! It's Country Music night at the Greenvale Park free concert series! The featured band is "Thunder Ridge."

SEE NEXT PAGE FOR TALENT SHOW PERFORMANCE DETAILS —>

07/31: TALENT SHOW PERFORMANCE AND PARTY @ ARC/ZOOM; 11AM-5PM

The big day is finally here! The Talent Show performance will take place at Arc, but due to COVID19 restrictions, audiences are welcome via Zoom. Please be on the look out for the performance log-in for Zoom, as it will be different than our traditional code. The performance is from 12-2pm, and we are having a cast party immediately after where snacks and drinks are being provided.

Important Reminder 2021

Please read thoroughly the notes section as things may have changed due to Covid-19. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

Please pay close attention to the events listed in the July 2021 calendar. Some events are strictly offered on Zoom (password & ID listed on page 6), some events are @ The Arc & will be available on Zoom, and some are just @ The Arc. **Please note, July is the last month for Zoom services; we are excited to welcome everyone back in August!**

Due to Covid-19, we ask all members adhere to the following guidelines:

- **Despite the NYS rules changing, all members and staff must wear a mask and follow social distancing requirements regardless of vaccination status until further notice.**
- **Site-based events have a new capacity restriction by OPWDD, which continues to require capacity to be limited by 6ft social distancing in each space. However, if 6ft social distancing allows for more than 15 people in a space, we are no longer required to wait list members. We will open multiple and/or larger spaces within the Arc as needed to accommodate all RSVPs as staffing allows.**
- **Community events are now only capacity restricted by 50% van capacity regulations. We can accept as many members as we can accommodate driving.**
 - If you want to drop off and pick up your family member from community events, please arrange this ahead of time with staff.
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door with the bright orange cone and "Party Zone" sign, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- All members MUST have their temperature taken upon arrival and use hand sanitizer before entering the building
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the door with the sign and bright orange cone where you will be greeted by a staff member while you remain in your vehicle. This process may take a few minutes.
- Members are asked to follow the designated markings throughout the building for safety
- Members must practice social distancing of 6 feet during activity.

Lastly we ask for everyone to be patient with one another as safety must be priority.

THE REC and TEEN CLUB

The Arc of Greater Hudson Valley

8 Industry Street

Poughkeepsie, NY 12601

Director of Day & Respite Services..... Catherine Ottaviani
(845) 471-8876 ext 22115 **cottaviani@arcghvny.org**

Respite Coordinator Emily Green-Swinnich
(845) 471-8876 x 22176 **egreen-swinnich@arcghny.org**

Rec Club Supervisor..... Vacant

Rec Club Assistant Alexandra Garcia
agarcia@arcghvny.org

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

Rec. Club Voicemail..... (845) 471-8876 x 22421

(For information and reservations)

Rec Club Cellphone..... (914) 474-4525

**Arc Greater Hudson Valley
Rec & Teen Club**

A few friendly reminders.....

Please remember that REFUNDS / CREDITS are distributed on a QUATERLY basis.

PLEASE do not deduct a credit without attaching a credit voucher with your payment.

When using a partial credit, I will give you a new slip with your current credit balance.

Please remember you must call in your RSVP on the Rec or Teen Club voicemail line.

Mailing in a payment without RSVPing through the phone line will not place you on the Attendance List for the activity/activities of your choice.

PLEASE DO NOT SEND CASH- WE ONLY ACCEPT CHECKS/MONEY ORDERS!

Please drop off or mail in your check with one of the payment coupons below.

Arc Greater Hudson Valley
8 Industry St.
Poughkeepsie, NY 12603
Attn: Rec and Teen Club

**Arc Greater Hudson Valley
Rec & Teen Club**

PAYMENT COUPON FOR JUNE 2021

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME: _____

Amount of check \$_____

(Please make check out to ARC Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying for.

☐ \$15 Spins Bowling Admission Fee due 7/1