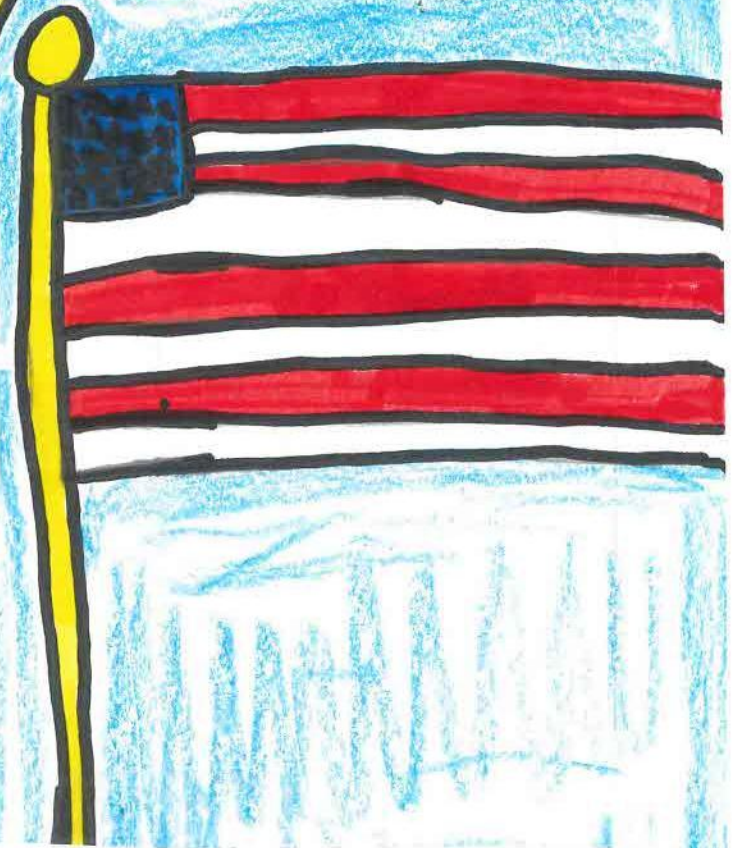


Charlotte
Hanson

Magical May



CALENDAR COVER DESIGN CONTEST

Submit your artwork for "Jumping June" and your artwork could be featured on the front page of the Rec & Teen Calendar!

All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery **NO LATER THAN MAY 17TH!**



Important Reminder 2021

Please read thoroughly the notes section as things may have changed due to Covid-19. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

Thank you!

Please pay close attention to the events listed in the May 2021 calendar. Some events are strictly offered on Zoom (password & ID listed on page 6), Some events are @ The Arc & will be available on Zoom, and some are just @ The Arc.

Due to Covid-19, we ask all members adhere to the following guidelines:

- **Site-based events have a new capacity restriction by OPWDD, which continues to require capacity to be limited by 6ft social distancing in each space. However, if 6ft social distancing allows for more than 15 people in a space, we are no longer required to wait list members. We will open multiple and/or larger spaces within the Arc as needed to accommodate all RSVPs as staffing allows.**
- **Community events remain limited to 10 people (including staff).** At this time, we will be utilizing our wait list policy for community events.
- **Community event DROP OFF and PICK UP is at 8 Industry Street location ONLY.** Do not drop off or pick up anywhere else. (This does not apply to Special Olympics practices)
- **This policy will be reconsidered as van capacity restrictions change.**
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door with the bright orange cone and "Party Zone" sign, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- All members MUST have their temperature taken upon arrival and use hand sanitizer before entering the building
- Members are strongly encouraged to wear a face masks throughout the activity. If a member shows up to activity with no facemask, they will be given a disposable mask at no cost.
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the door with the sign and bright orange cone where you will be greeted by a staff member while you remain in your vehicle. This process may take a few minutes.
- Members are asked to follow the designated markings throughout the building for safety
- Members must practice social distancing of 6 feet during activity.

Lastly we ask for everyone to be patient with one another as safety must be priority.

Magical May 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>You must RSVP for ALL activities you would like to attend @ The Arc by calling 845-471-8876 ext 22421. We reserve the right to turn you away without a reservation and/or not adhering to scheduled deadlines.</p>						<p>Kentucky Derby Horse Party @Arc/Zoom 1p-7:30p</p>
<p>SONY T&F Practice @ Overlook Park 9am -10am</p> <p>Mother's Day Crafts @ Arc 12p-5p</p>			<p>Member Mtg & Safety Review on Zoom 5:30p-7:30p</p>	<p>SONY At-Home Session @ Arc/Zoom 5:30pm – 6:30pm</p> <p>Viper Fitness @ Arc/Zoom 5:30p-8:30p</p>	<p>Star Wars Night @ Arc/Zoom 5:30p-9p</p>	<p>Ocho de Mayo @ Arc/Zoom \$5 fee 12p-5p</p>
<p>SONY T&F Practice @ Overlook Park 9am -10am</p> <p>Walking @ Vanderbilt Mansion 12p-5p</p>			<p>Talent Show Rehearsal on Zoom 5:30p-8:30p</p>	<p>SONY At-Home Session @ Zoom 5:30pm – 6:30pm</p> <p>Viper Fitness @ Zoom 5:30p-8:30p</p>	<p>Disney Night @ Arc/Zoom 5:30p-9p</p>	<p>Field Day @ Bowdoin Park 12p-5p</p>
<p>SONY T&F Practice @ Overlook Park 9am -10am</p> <p>Talent Show Rehearsal @ Arc/Zoom 12p-5p</p>			<p>Circle of Friends / Jeopardy on Zoom 5:30p-8:30p</p>	<p>SONY At-Home Session @ Arc/Zoom 5:30pm – 6:30pm</p> <p>Viper Fitness @ Arc/Zoom 5:30p-8:30p</p>	<p>Girls/Guys Night In @ Arc/Zoom \$4 fee 5:30p-9p</p>	<p>Magical May Party @ Arc/Zoom 12p-5p</p>
<p>Show and Tell Party @ Arc/Zoom 12p-5p</p>			<p>Talent Show Rehearsal on Zoom 5:30p-8:30p</p>	<p>SONY At-Home Session @ Zoom 5:30pm – 6:30pm</p> <p>Viper Fitness @ Zoom 5:30p-8:30p</p>	<p>Animal Extravaganza @ Arc/Zoom* \$5 fee 5:30p-9p</p>	<p>May Birthday Bash @ Arc/Zoom 12p-5p</p>
<p>Memorial Day Picnic @ Bowdoin Park 12p-5p</p>	<p>HAPPY MEMORIAL DAY!</p>	<p>* there is an activity fee attached– please see notes for details</p>				

Magical May Rec Notes

KENTUCKY DERBY HORSE PARTY 05/01 @ ARC/ZOOM; 1PM—7:30PM

The Green Vipers are off to the races! DIY hats, race your own “horse” at Overlook Park, and our own take on the Mint Julep- featuring lemonade! Then watch the race with us- 7pm sharp!

SPECIAL OLYMPICS TRACK & FIELD @ OVERLOOK PARK; 9-10AM

All registered racers, please take your mark at Overlook Park on Sunday **05/02, 05/09, and 05/16 from 9am-10am**. Our final scoring session is 05/16, so bring your sneakers, water, and energy!

MOTHER'S DAY CRAFTS 05/02 @ ARC; 12PM-5PM

Mothers do so much for us all year round- the least we can do is create some crafts to thank them! While the crafts we're planning are a secret, the love for our moms never is <3

MEMBER MEETING & SAFETY REVIEW 05/05 ON ZOOM; 5:30-7:30PM

Jumping June is coming soon! Bring your ideas, requests, hopes, and dreams and we'll make our calendar and review safety rules together over Zoom!

VIPER FITNESS 05/06, 05/13, 05/20, 05/27; 5:30-8:30PM

At-Home Special Olympics scoring from 5:30-6:30pm each week, but all are welcome for the whole session from 5:30-8:30!

- **05/06 at ARC/Zoom**
- **05/13 over Zoom ONLY**
- **05/20 at ARC/Zoom**
- **05/27 over Zoom ONLY**

STAR WARS NIGHT 05/07 @ ARC/ZOOM; 5:30-9:00pm

Movie screenings, DIY lightsaber battles, and trivia! Come in costume and bring any extra wrapping paper/paper towel inserts for our Lightsaber crafts!

OCHO DE MAYO 05/08 @ ARC/ZOOM; 12PM-5PM; \$5 ACTIVITY FEE

Come celebrate a belated Cinco de Mayo with us! We are making Taco-in-a-Bag, DIY piñatas, and watching Coco! **\$5 food fee due 05/01**

WALKING @ VANDERBILT MANSION 5/09; 12PM-5PM

The historical estate of the Vanderbilt family is beautiful this time of year, so let's go on a Green Viper Adventure! Make sure you wear sunscreen and walking shoes!

Magical May 2021 Rec Notes

(continued...)

TALENT SHOW REHEARSAL; DATES, LOCATIONS, AND TIMES VARY

Ask and you shall receive— the Talent Show is coming back! RSVP to our rehearsals to register as a performer. Rec-members are also welcome as an audience! Final performance is in late July!

- **Wednesday, 5/12: 5:30-8:30pm @ ZOOM ONLY**
 - **Sunday, 5/16: 12-5pm Arc & Zoom**
- **Wednesday, 5/26: 5:30-8:30pm @ ZOOM ONLY**

DISNEY NIGHT 05/14 @ ARC/ZOOM; 5:30PM-9PM

I can show you the world... of Disney! Get ready for some movie-watching, trivia, and karaoke excitement! Fresh popcorn served.

FIELD DAY @ BOWDOIN PARK 05/15; 12-5PM

You remember field day, don't you? Water balloon catch, tug of war, races, and more— get your Green Viper competitive spirit on! Sneakers required!

CIRCLE OF FRIENDS/JEOPARDY 05/19 @ ZOOM; 5:30PM-8:30PM

Come spend time with friends while competing in Jeopardy!

GIRLS/GUYS NIGHT IN 05/21 @ ARC/ZOOM; 5:30PM-9PM; \$4 ACTIVITY FEE

A past favorite event with a COVID-safe twist! Girls in one area, guys in another. Pizza & soda served at this Choose-Your-Own-Adventure style party!
\$4 food fee due 5/16

MAGICAL MAY PARTY 05/22 @ ARC/ZOOM; 12-5PM

Magical crafts, Harry Potter movie screening, fortune telling, and more! Come enjoy our spooooooky Magical May party! Witch & wizard costumes welcome!

SHOW AND TELL PARTY 05/23 @ ARC/ZOOM; 12-5PM

It's time for a good old-fashioned SHOW and TELL! Bring anything that makes you happy & celebrate what makes you unique with crafts, dancing, & more!

ANIMAL EXTRAVAGANZA 05/28 @ ARC/ZOOM; 5:30-9PM; \$5 ACTIVITY FEE

They're back and they've brought company! The Two by Two Zoo is back over Zoom today and they've brought more animals to show us! Bring photos of your furry friends for our Pet Show! **\$5 admission fee due 05/23**

MAY BIRTHDAY BASH 05/29 @ ARC/ZOOM; 12-5PM

Happy Birthday to all of our May-babies! Come celebrate good times with us! No gifts required!

MEMORIAL DAY PICNIC 05/30 @ BOWDOIN PARK; 12-5PM

Get ready to enjoy the outdoors with the Green Vipers! Wear your Green Viper pride (sneakers preferred) and bring a cold lunch because we have so many fun outdoors experiences planned!

THE REC and TEEN CLUB

The Arc of Greater Hudson Valley

8 Industry Street

Poughkeepsie, NY 12601

Director of Day & Respite Services..... Catherine Ottaviani
(845) 471-8876 ext 22115 **cottaviani@arcghvny.org**

Respite Coordinator Emily Green-Swinnich
(845) 471-8876 x 22176 **egreen-swinnich@arcghny.org**

Rec Club Supervisor..... Vacant

Rec Club Assistant Alexandra Garcia
agarcia@arcghvny.org

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

Rec. Club Voicemail..... (845) 471-8876 x 22421

(For information and reservations)

Rec Club Cellphone..... (914) 474-4525



If you have any questions, please feel free to call:

Emily (Em) Green-Swinnich, Respite Coordinator 845-471-8876 ext 22176

Please do not leave your RSVP on this ext.

OR

You can leave a message on the RSVP line 845-471-8876 ext 22421

Arc Greater Hudson Valley Rec & Teen Club

A few friendly reminders.....

Please remember that REFUNDS / CREDITS are distributed on a QUATERLY basis.

PLEASE do not deduct a credit without attaching a credit voucher with your payment.

When using a partial credit, I will give you a new slip with your current credit balance.

Please remember you must call in your RSVP on the Rec or Teen Club voicemail line.

Mailing in a payment without RSVPing through the phone line will not place you on the Attendance List for the activity/activities of your choice.

Please drop off or mail in your check with one of the payment coupons below.

Arc Greater Hudson Valley
8 Industry St.
Poughkeepsie, NY 12603
Attn: Rec and Teen Club

Arc Greater Hudson Valley Rec & Teen Club

PAYMENT COUPON FOR MAY 2021

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME: _____

Amount of check \$_____

(Please make check out to ARC Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying for.

- ☐ 5/8 Ocho de Mayo Party \$5 due 5/1
- ☐ 5/21 Girls/Guys Night In \$4 due 5/16
- ☐ 5/28 Animal Extravaganza \$5 due 5/23

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Rec & Teen Club**

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