

Amazing April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421</p>					<p>April Fools' Party @ Arc / Zoom 5:30-9pm</p>	<p>Spring Crafts @ Arc 12p-4p Dinner @ Buffalo Wild Wings & Fiddler on the Roof @ RC Ketchum \$15 Tickets + cash 4pm-9:30pm</p>
<p>Brunch & Crafts @ Arc 10am-1pm April Birthday Potluck Picnic @ Freedom Park 1pm-6pm</p>			<p>Member Meeting & Fire Safety @ Poughkeepsie Galleria \$ Recommended 5:30-9p</p>	<p>Track & Field Practice @ Spackenkill HS 5:30p-7p Yoga & Meditation @ Arc 5:30-9p</p>	<p>Spring Dance Party @ Arc / Zoom 5:30-9pm</p>	<p>Time Trials @ Arc 8am-3pm Hiking @ Minnewaska Park 1p-5p</p>
<p>Brunch & Crafts @ Arc 10am-1pm Mamma Mia @ John Jay HS & Dinner @ Red Line Diner \$12 ticket + cash 1pm-8pm</p>			<p>Bowling @ Wappingers \$ Required 6p-9p</p>	<p>Track & Field Practice @ Spackenkill HS 5:30p-7p Karaoke Night @ Arc 5:30-9p</p>	<p>Easter Bunny Party @ Arc / Zoom 5:30-9pm</p>	<p>Gardening Party @ Arc 12pm-5pm</p>
			<p>Learn to Cook: Dessert Breads 5:30-9p</p>	<p>Track & Field Practice @ Spackenkill HS 5:30p-7p Open Mic Night @ Arc 5:30-9p</p>	<p>Earth Day Dance Party @ Arc / Zoom 5:30p-9p</p>	<p>Tilly Foster Farm & Hiking Day 11am-5pm</p>
<p>Brunch @ Arc 10am-12pm Lunch @ Daily Planet Diner & Footloose @ Arlington HS \$15 ticket + cash 12pm-6:30pm</p>			<p>Self-Advocacy Night @ River Valley Arts Center 5:30-9p</p>	<p>Track & Field Practice @ Spackenkill HS 5:30p-7p Arc "Home Movie" Night @ Arc 5:30-9p</p>	<p>Ice Cream Social Dance @ Arc / Zoom 5:30p-9p</p>	<p>Lunch @ TGI Fridays & Craft Fair @ Holiday Inn \$ Required 11am-5:30pm</p>
<p>SEE NOTES FOR DETAILS ON DEADLINES, ACTIVITIES, AND ADMISSION FEES!</p>						

AMAZING APRIL EVENT NOTES

04/01: APRIL FOOLS' PARTY @ ARC / ZOOM; 5:30P-9PM

Come bring your funniest jokes to open mic night and prepare to laugh the night away with friends while watching a comedy movie at the ARC!

04/02: SPRING CRAFTS @ ARC / DINNER @ BUFFALO WILD WINGS & FIDDLER ON THE ROOF @ RC KETCHAM; 12P-4P / 4PM—9:30PM; \$15 TICKET + CASH FOR DINNER REQUIRED

Join us for springtime crafts followed by dinner at Buffalo Wild Wings, and then we'll head to Roy C Ketcham to catch a showing of Fiddler on the Roof! **Please bring enough money to cover your meal and the \$15 ticket to see the show!**

04/03, 04/10, 04/24: BRUNCH & CRAFTS @ ARC; 10AM- VARIES

Back by popular demand— enjoy some brunch with the Rec Club bunch! In addition to food, we are offering an opportunity to craft, relax, and chat with your peers! Brunch consists of eggs, toast, home fries, sausage/bacon and pancakes, with orange juice!

04/03: APRIL BIRTHDAY POTLUCK PICNIC @ FREEDOM PARK; 1PM-6PM

Happy birthday to our members born in April!, especially Michael, Carrie, and Ryan! Everyone is welcome to come celebrate with us by having a birthday potluck at Freedom Park! **Please RSVP what you are planning to bring using our RSVP line!** We will be making pasta salad. No gifts are required! **In case of rain, the event will be moved to Arc!**

04/06: MEMBER MEETING/FIRE SAFETY @ POUGHKEEPSIE GALLERIA; 5:30PM-9PM; \$ RECOMMENDED

The time to plan is here— Magnificent May is near! Bring your ideas, requests, hopes, and dreams and we'll make our calendar and review fire safety together at the Poughkeepsie Galleria!

04/07, 04/14, 04/21, 04/28: TRACK & FIELD PRACTICE @ SPACKENKILL HS; 5:30-7P

Guess what's back? It's track and field practice at Spackenkill HS! Please **meet at Spackenkill at 5:30pm** with your water and work-out gear and get ready to run, throw, and race your way into our next season! All participants are welcome to join us from 7-9 for the event listed at Arc as well!

04/07: YOGA & MEDITATION @ ARC; 5:30-9

Come relax with us as we participate in yoga and meditation to melt the stress away! We'll listen to relaxing music and have snacks and drinks! **Please bring sneakers and a yoga mat, if you have one, to participate in yoga!**

04/08: SPRING DANCE PARTY @ ARC / ZOOM; 5:30PM-9PM

Let's put a little spring in our step as we dance the night away at our Spring Fling! Pizza, salad, chips, and drinks will be provided, so just bring your dancing shoes! CDs and requests welcome!

04/09: TIME TRIALS @ ARC; 8AM-3PM; *MANDATORY FOR ALL TRACK & FIELD ATHLETES!*

Please arrive to Arc at 8am sharp, so we can organize ourselves and make our way to Mahopac HS to do Time Trials! Please bring water, running shoes, and your Green Viper shirts!

04/09: HIKING @ MINNEWASKA PARK; 1PM-5PM

If Track & Field isn't your speed, come on a hike with us at BEAUTIFUL Minnewaska State Park! If you're feeling really adventurous, try to hike up to the lake for a beautiful view! Bring water, hiking shoes, and a light snack!

04/10: MAMMA MIA @ JOHN JAY HS + DINNER @ RED LINE DINER; 1PM-8PM; \$12 TICKET + CASH

Come join us for a musical extravaganza at the showing of Mamma Mia at John Jay High School! **Please bring enough money to cover dinner at Red Line Diner afterwards, and the \$12 ticket to see the show!**

04/13: BOWLING @ WAPPINGERS FALLS; 6-9PM; \$ REQUIRED

Wear neon and your bowling shoes because it's GLOW bowling night at Spins Bowl in Wappingers Falls! **Drop off is at Spins Wappingers OR Arc. Please pick your family member up at Spins Bowl Wappingers ONLY at 9pm!** Please bring at least \$15 to cover bowling, additional if you'd like to order food.

04/14: KARAOKE @ ARC; 5:30PM-9PM

Get ready to sing your heart out on this Thursday night! It's karaoke time! Snacks and drinks provided!

04/15: EASTER BUNNY PARTY @ ARC / ZOOM; 5:30P-9PM

Hop your way into spring and join us for our Easter Bunny Party at the Arc! There will be food, dancing, egg hunt, and a visit from a furry friend! Pizza, salad, snacks, and drinks will be provided!

04/16: GARDENING PARTY @ ARC; 12PM-5PM

Do you have a green thumb or want to learn how to grow your own food? Then join us for our gardening party at the Arc to help celebrate spring! Come with us to pick out some plants and make a vegetable garden in our backyard. Just bring shoes and clothes you don't mind getting a little dirty!

04/20: LEARN TO COOK: DESSERT BREADS @ ARC; 5:30PM-9PM

Spring time is here, let's get baking! Let's make some delicious dessert breads like banana, apple, or zucchini! We'll all work together to make these yummy baked treats; you bring your dinner; we'll provide snacks, drinks, and dessert!

04/21: OPEN MIC NIGHT @ ARC; 5:30PM-9PM

Bring your best jokes, your singing voice, or something for show and tell for Open Mic Night at the ARC! We'll provide the snacks and drinks!

04/22: EARTH DAY PARTY @ ARC / ZOOM; 5:30-9PM

Come and celebrate the Earth with us at our Earth Day Dance Party! We'll dance the night away and make Earth Day Crafts to commemorate another beautiful Earth Day! Pizza, salad, snacks, and drinks, will be provided!

04/23: TILLY FOSTER FARM & HIKING DAY; 11AM-5PM; \$ RECOMMENDED

Let's go to the farm! We're going to visit the farm animals, pick flowers, and go hiking! We'll go see the chickens, pigs, alpacas, and mini horses! Grab a basket and pick wild flowers and then stop for lunch and end the day with a hike! **Please bring sneakers and enough money to cover the \$5 flower picking fee and lunch or bring a cold lunch!**

04/24: LUNCH @ DAILY PLANET DINER + FOOTLOOSE @ ARLINGTON HS; 12PM-6:30PM; \$15 TICKET + CASH

Come grab lunch with us at The Daily Planet Diner, followed by a showing of Footloose at Arlington High School! So cut loose and prepare for day of musical fun! Please bring enough money to cover lunch and the \$15 ticket for the play!

04/27: SELF-ADVOCACY @ RIVER VALLEY ARTS CENTER; 5:30PM-9PM; MEET @ ARC

Self-advocacy is a way for us to express what we need done, so come with your ideas and thoughts! We'll hold group discussions about self-advocacy and policies that effect you! Meet at Arc so we can head to our new community partner together!

04/28: ARC "HOME MOVIE" NIGHT @ ARC; 5:30PM-9PM

Prepare for laughs and popcorn! It's "Home Movie" Night at the Arc! We'll gather around and watch talent shows from years past, the Sassy Chef, and so many other "home movies" with fresh popcorn, snacks, and drinks! Come and reminisce with us! Any Rec & Teen videos you have are welcome!

04/29: ICE CREAM SOCIAL DANCE PARTY @ ARC / ZOOM; 5:30-9PM

I scream, you scream, we all scream for ICE CREAM! Back by popular demand, bring your dancing shoes and taste buds to our ICE CREAM SOCIAL Dance Party! Pizza, salad, snacks, and drinks will be provided, in addition to low sugar ice cream options!

04/30: LUNCH @ TGI FRIDAY'S + CRAFT FAIR @ HOLIDAY INN; 11AM-5:30PM; \$ REQUIRED

Thank Goodness, It's a (Craft) Fair! Holiday Inn is hosting a craft fair, and if there's one thing Rec Club loves, it's craft-inspiration! Come enjoy lunch at TGI Friday's and then feast your eyes on some crafts from the community! Bring enough money for lunch, as well as extra if you want to make purchases!

Per family requests, we are offering Zoom on given dates. Please check the calendar to confirm which dates Zoom is offered. You are welcome to attend whichever way makes you feel most comfortable!

If you are planning to attend an event via Zoom, please tell us on the RSVP line so we do not schedule staff in anticipation of your in-person attendance!

Important Reminder 2022

Please read thoroughly the notes section as things may have changed. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

- **Depending on COVID transmission rates and risks or weather, some activities are subject to change.**
- **Masks are required by all participants, regardless of vaccination status.**
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door with the bright orange cone and "Party Zone" sign, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- **Please do not enter the building without staff present.** Please be patient, as staff will be waiting for you at the door as soon as the program area is safe to enter.
- All members MUST have their temperature taken upon arrival and use hand sanitizer before entering the building
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the door with the sign and bright orange cone where you will be greeted by a staff member while you remain in your vehicle. This process may take a few minutes.
- Members are asked to follow the designated markings throughout the building for safety

Lastly we ask for everyone to be patient with one another as safety must be priority.

The REC & TEEN Club

The Arc of Greater Hudson Valley

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For information and reservations

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