

M O T A R B L

M O V E V E M B E R

**CALENDAR COVER DESIGN CONTEST**

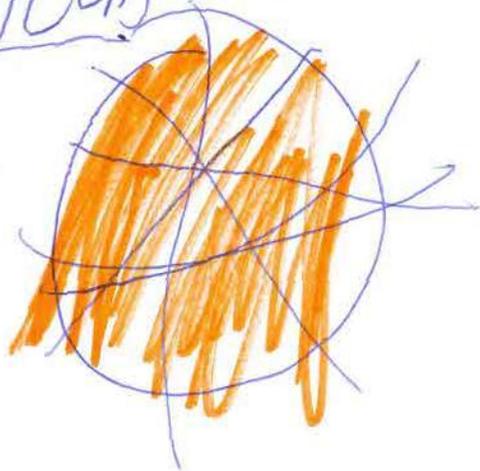
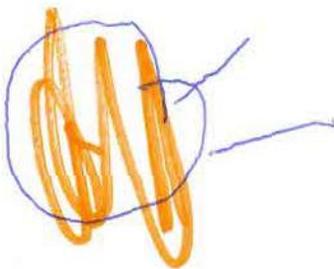
Submit your artwork for "Dashing December" and your artwork could be featured on the front page of the Rec & Teen Calendar! All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery **NO LATER THAN NOVEMBER 20TH!**

If you have any questions, please feel free to call:  
Emily (Em) Green-Swinnich, Respite Coordinator  
845-471-8876 ext 22176

**PLEASE DO NOT LEAVE RSVPs at 22176.**

**Please leave your RSVP at 845-471-8876 ext 22421 only**

Happy Thanksgiving!!  
GO FALCONS!



MICHAEL RAO

# Notable November 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421.</b></p>						
	1	2	3 Show Auditions / Member Meeting & Fire Safety @ Arc 5:30p-9p	4 Physical Fitness & Healthy Snack @ Arc 5:30p-8:30p	5 Girl Power Birthday Bash 5:30p-9p	6 Cinnamon Buns @ Arc 9am-11am Fall Foliage Festival 11am-7p
7 Brunch/ Rehearsal @ Arc 9am-11am Crossing Gates Mall \$recommended 11a-6p	8	9	10 Talent Show Rehearsal @ Arc 5:30-7p Member's Choice: DIY Pizza Night @ Arc 5:30p-9p	11 Physical Fitness & Healthy Snack @ Arc 5:30p-8:30p	12 Glow-in-the-Dark Karaoke/ Dance Party 5:30p-9p	13 Sports & Singing \$ Required Sports: 12pm-7pm Singing: 1pm-9p
14 Brunch/ Rehearsal @ Arc 9am-11am Thanksgiving Crafting 11a-4p	15	16	17 Talent Show Rehearsal @ Arc 5:30-7p Circle of Friends: Yoga & Relaxation @ Arc 5:30p-9p	18 Physical Fitness & Healthy Snack @ Arc 5:30p-8:30p	19 Bro Power Birthday Bash 5:30p-9p	20 Thanksgiving Potluck & DIY Applesauce @ Arc <b>PLEASE RSVP A DISH</b> 11am-6p
21 Brunch/ Rehearsal @ Arc 9am-11am Girls/Guys Day Out \$recommended 11a-4p	22	23	24 Talent Show Rehearsal @ Arc 5:30-7p Member's Choice: Leaf Cookies & Cake Pop Trees @ Arc 5:30p-9p	25  <b>HAPPY THANKSGIVING!</b>	26	27 Danbury Mall Trip \$recommended 10a-6p
28 Brunch/ Rehearsal @ Arc 9am-11am Winter Crafting 11a-5p Frosty Fest 5p-8p \$20 fee	29	30	<p><b><u>SEE NOTES FOR DETAILS ON DEADLINES, ACTIVITIES, AND ADMISSION FEES!</u></b></p>			

# NOTABLE NOVEMBER EVENT NOTES

## SHOW AUDITIONS/REHEARSAL: DATES & TIME VARY

We had a lot of requests for another Talent Show, so we're back but this time with a twist! Bring your best act to our play, "The Amazing Adventures of Andy," which will be written by our team based on what you'd like to perform in a Talent Show. It's a combination play/talent-show that is unique to our club's talents!

- **Auditions** for any major speaking roles (Andy, Villain, & Narrator) will be held on **Wednesday November 3rd from 5:30-6pm.**
  - *Anyone can play any role, regardless of gender.*
- **Rehearsals will take place alongside each Sunday Brunch and Wednesday activities. Performers can also enjoy any food featured at an event.**

## 11/03: MEMBER MEETING & FIRE SAFETY @ ARC; 5:30-9PM

Bring out your "one-horse open sleigh"-- Dashing December is almost here! Bring your ideas, requests, hopes, and dreams and we'll make our calendar and review fire safety together over some pizza! Show auditions will take place during the first 30 minutes, so be prepared to be amazed!

## 11/04, 11/11, 11/18: PHYSICAL FITNESS & HEALTHY SNACK @ ARC; 5:30-8:30PM

Let's get physical, physical! It's time to work on our skills to be faster and stronger for next season! Bring sneakers, water, and an appetite for healthy snacks!

## 11/05: GIRL POWER BIRTHDAY BASH @ ARC; 5:30-9PM

Girls just wanna have fun-- especially when it's their birthdays! Come celebrate good times with us-- pizza, salad, chips, and drinks provided and no gifts required!

## 11/06: CINNAMON BUNS & FALL FOLIAGE FESTIVAL @ ARC; 9AM-11AM/11AM-7PM

Cinnamon is the heart of fall flavors, and who doesn't love a toasty cinnamon bun before a day of picturesque hiking at Minnewaska State Park. While we're there, we'll gather some leaves, take them back to ARC, and create a fun craft! Money recommended for lunch; spaghetti dinner provided.

## 11/07, 11/14, 11/21, 11/28: BRUNCH / REHEARSAL @ ARC; 9AM-11AM

Come enjoy brunch with the Rec & Teen Bunch! Together, we are chatting and watching our show rehearsal while making eggs, toast, pancakes/home fries, and bacon/sausage, which will be served with orange juice.

## 11/07: CROSSING GATES MALL; 11AM-6PM; \$ RECOMMENDED

Come one, come all-- let's go shopping at the mall! Money is recommended for any purchases, as well as if you'd like to buy lunch.

## 11/10: MEMBER'S CHOICE: DIY PIZZA NIGHT @ ARC; 5:30-8:30PM

Mammia Mia! That's a good lookin' pizza! Come enjoy a DIY Pizza Night while our rehearsal performers entertain us this evening!

**NOTABLE NOVEMBER EVENT NOTES**  
**(continued...)**

**11/12: GLOW-IN-THE-DARK KARAOKE/DANCE PARTY @ ARC; 5:30-9PM**

Wear your craziest neon outfit and your dancing shoes for our Glowing-in-the-Dark Karaoke/Dance party! Pizza, salad, chips, and drinks provided, as well as GLOW STICKS!

**11/13: DOUBLE FEATURE: SPORTS OR SONG; TIMES/SCHEDULES VARY; MONEY REQUIRED**

**CHOOSE YOUR EVENT:**

**SPORTS; 12PM-7PM:** Bowling @ Taft Ave 12pm-2pm (\$3/game), Vassar Championship Basketball Game @ 3pm; dinner at Red Robin to follow. Meet us at Taft Ave at 12pm to participate in Sports Day! Pick-up @ ARC at 7pm. Please bring enough money to cover bowling & dinner!

**OR**

**SONG; 1PM-9PM:** Karaoke/Dance party @ ARC from 1pm-3:30pm; Dinner @ Olive Garden from 4-6; "Almost, Maine" performance at Dover Plains school at 7pm. Pick up @ Arc @ 9pm. Please bring enough money to cover dinner!

**11/14: THANKSGIVING CRAFTING @ ARC; 11AM-4PM**

Bring your creativity to this fun day! After brunch and show rehearsal, we will be making center-pieces and name cards for your Thanksgiving dining room table!

**11/17: CIRCLE OF FRIENDS: YOGA AND RELAXATION @ ARC; 5:30-9PM**

Bring your sneakers and good vibes for this relaxing and peaceful evenings. Snacks and drinks will be served.

**11/19: BRO POWER BIRTHDAY BASH @ ARC; 5:30-9PM**

The Boys are back in Town, and they are here to celebrate their birthdays! Come enjoy good times with us- pizza, salad, chips, and drinks provided and no gifts required!

**11/20: THANKSGIVING POTLUCK & DIY APPLESAUCE @ ARC; 11AM-6PM**

Back by popular demand- a Thanksgiving Potluck with all our Rec Club friends! Please RSVP with a dish (we call Applesauce!) and bring your appetite & a list of things you're thankful for this year!

**11/21: GIRLS/GUYS DAY OUT @ ARC; 11AM-4PM; \$ RECOMMENDED**

Back by popular demand, it's Girls/Guys Day Out! Bring requests on places to go and money to spend on lunch with the Girls/Guys of Rec Club!

**11/24: MEMBER'S CHOICE: LEAF COOKIES & CAKE POP TREES @ ARC; 5:30-9PM**

Tonight we making leaf-shaped maple cookies and our own Cake Pop Tree bouquet to celebrate the autumn season in a tasty way!

**11/27: DANBURY MALL TRIP; 10A-6PM; \$ RECOMMENDED**

Come one, come all- let's go shopping at the mall! Money is recommended for any purchases, as well as if you'd like to buy lunch.

**11/28: WINTER CRAFTING/FROSTY FEST; 11AM-5PM/5PM-8PM; \$20 ADMISSION FOR FROSTY FEST**

Let's make our own winter wonderland with some homemade snowflake decorations and door hangers. Please bring old gloves/mittens to turn into décor! Frosty Fest is back, so please provide \$20 admission fee with coupon by 11/14 to reserve your spot!

## Important Reminder 2021

Please read thoroughly the notes section as things may have changed due to Covid-19. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

- **Masks are required by all participants, regardless of vaccination status.**
- We will continue to abide by social distancing protocols to ensure everyone's safety, regardless of vaccination status.
- Our COVID19 cleaning protocols remain unchanged to ensure everyone's safety.
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door with the bright orange cone and "Party Zone" sign, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- **Please do not enter the building without staff present.** Please be patient, as staff will be waiting for you at the door as soon as the program area is safe to enter.
- All members MUST have their temperature taken upon arrival and use hand sanitizer before entering the building
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the door with the sign and bright orange cone where you will be greeted by a staff member while you remain in your vehicle. This process may take a few minutes.
- Members are asked to follow the designated markings throughout the building for safety
- Members must practice social distancing of 6 feet during activity.

Lastly we ask for everyone to be patient with one another as safety must be priority.

# **THE REC and TEEN CLUB**

The Arc of Greater Hudson Valley

8 Industry Street

Poughkeepsie, NY 12601

**Director of Day & Respite Services..... Catherine Ottaviani**  
**(845) 471-8876 ext 22115** **cottaviani@arcghvny.org**

**Respite Coordinator ..... Emily Green-Swinnich**  
**(845) 471-8876 x 22176** **egreen-swinnich@arcghny.org**

Rec Club Supervisor..... Vacant

**Rec Club Assistant ..... Alexandra Garcia**  
**agarcia@arcghvny.org**

**Rec Club Assistant..... Casey Belcher**  
**cbelcher@arcghvny.org**

Rec Club Assistant..... Vacant

**Rec. Club Voicemail..... (845) 471-8876 x 22421**

**(For information and reservations)**

**Rec Club Cellphone..... (914) 474-4525**

**Arc Greater Hudson Valley  
Rec & Teen Club**

*A few friendly reminders.....*

Please remember that REFUNDS / CREDITS are distributed on a QUATERLY basis.  
PLEASE do not deduct a credit without attaching a credit voucher with your payment.

When using a partial credit, I will give you a new slip with your current credit balance.

Please remember you must call in your RSVP on the Rec or Teen Club voicemail line.

**Mailing in a payment without RSVPing through the phone line will not place you on the Attendance List for the activity/activities of your choice.**

**PLEASE DO NOT SEND CASH- WE ONLY ACCEPT CHECKS/MONEY ORDERS!**

*Please drop off or mail in your check with one of the payment coupons below.*

*Arc Greater Hudson Valley  
8 Industry St.  
Poughkeepsie, NY 12603  
Attn: Rec and Teen Club*

**Arc Greater Hudson Valley  
Rec & Teen Club**

**PAYMENT COUPON FOR NOVEMBER 2021**

PLEASE FILL OUT AND RETURN WITH PAYMENT

**NAME:** \_\_\_\_\_

Amount of check \$\_\_\_\_\_

(Please make check out to ARC Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying.

**11/28: FROSTY FEST; \$20 DUE NOVEMBER 14th**

# Notable November

