#### CALENDAR COVER DESIGN CONTEST

Submit your artwork for "Jolly July" and your artwork could be featured on the front page of the Rec & Teen Calendar! All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery NO LATER THAN JUNE 20TH! \*If you won last month, you cannot win this month!\*

If you have any questions, please feel free to call: Emily (Em) Green-Swinnich, Respite Coordinator 845-471-8876 ext 22176

Please leave your RSVP at 845-471-8876 ext 22421

ichae

# Important Reminder 2021

Please read thoroughly the notes section as things may have changed due to Covid-19. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

Please pay close attention to the events listed in the June 2021 calendar. Some events are strictly offered on Zoom (password & ID listed on page 6), Some events are @ The Arc & will be available on Zoom, and some are just @ The Arc.

Due to Covid-19, we ask all members adhere to the following guidelines:

- Despite the NYS rules changing, all members and staff must wear a mask and follow social distancing requirements regardless of vaccination status until further notice.
- Site-based events have a new capacity restriction by OPWDD, which continues to require capacity to be limited by 6ft social distancing in each space. However, if 6ft social distancing allows for more than 15 people in a space, we are no longer required to wait list members. We will open multiple and/or larger spaces within the Arc as needed to accommodate all RSVPs as staffing allows.
- <u>Community events remain limited to 10 people (including staff)</u>. At this time, we will be utilizing our wait list policy for community events.
- <u>Community event DROP OFF and PICK UP is at 8 Industry Street location ONLY</u>. Do not drop off or pick up anywhere else.
- This policy will be reconsidered as van capacity restrictions change.
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door with the bright orange cone and "Party Zone" sign, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- All members MUST have their temperature taken upon arrival and use hand sanitizer before entering the building
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the door with the sign and bright orange cone where you will be greeted by a staff member while you remain in your vehicle. This process may take a few minutes.
- Members are asked to follow the designated markings throughout the building for safety
- Members must practice social distancing of 6 feet during activity.

Lastly we ask for everyone to be patient with one another as safety must be priority.

# **JUMPING JUNE 2021**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
You must		ALL activit				@ The
	AIC Dy	calling 8	43-471-00	70 EXI 224		
		1		SONY At-Home 3		5
· .		1	2 Member Mtg	Session @ Zoom 5:30pm – 6:30pm	Circus	Green Viper
	*		& Safety Review on Zoom	Viper Fitness on Zoom	Party @ Arc/Zoom	Celebration @ Arc
			5:30p-7:30p	5:30p-8:30p	5:30p-9p	12p-5p
6	7	8	9	SONY At- Home Session 10	11	12
Elephant's Truck Flea Market			Talent Show Rehearsal	@ Zoom 5:30pm – 6:30pm Viper Fitness	Red Carpet Broadway	Trevor Zoo @ Millbrook School
\$3 admission fee	a l		on Zoom	on Zoom	Night @ Arc/ Zoom	\$6 admission
8:30a-3:30p			5:30p-7p	5:30p-8:30p	5:30p-9p	10a-4p
Talent Show 13 Rehearsal @ Arc/Zoom	14	15	16	17	18	19
Father's Day Crafts @ Arc			Circle of Friends / Game Night on Zoom		Summer Beach Party @ Arc <b>\$4 fee</b>	Disco Dance Party @ Arc/Zoom
12p-5p			5:30p-8:30p		5:30p-9p	12p-5p
Talent Show 20 Rehearsal	21	. 22	23	24	25	26
@ Arc/Zoom 11am-12pm			Talent Show Rehearsal		June Birthday	Greig Farm Trip
Walking @ Rhinebeck Village			on Zoom		Bash @ Arc/ Zoom	Money recommended
12p-5p			5:30p-7p		5:30p-9p	12p-5p
Talent Show 27 Rehearsal @ Arc/Zoom	28	29	30 Talent Show	SEE NOT		TAILS ON
11am-12pm 4th of July			Rehearsal on Zoom		INES, ACT	
Crafts @ Arc. 12p-5p			5:30p-7p	the second second	DMISSION	

## Jumping June Rec Notes

#### 06/02: MEMBER MEETING & SAFETY REVIEW ON ZOOM; 5:30-7:30PM

This year is flying by-- it's time to plan Jolly July! Bring your ideas, requests, hopes, and dreams and we'll make our calendar while reviewing safety rules together over Zoom!

#### 06/03 & 06/10: VIPER FITNESS @ ZOOM; 5:30-8:30PM

At-Home Special Olympics scoring from 5:30-6:30pm ends on June 10th, but all are welcome for the whole session from 5:30-8:30!

#### 06/04: CIRCUS PARTY @ ARC/ZOOM; 5:30-9PM

Come one and come all– the circus is in town! Make your own big-top, complete with trapeze gymnasts, lions, and clowns, while we watch and sing along to "The Greatest Showman"!

#### 06/05: GREEN VIPER CELEBRATION @ ARC; 12PM-5PM

Any and all members are welcome to attend our medal ceremony for our Special Olympics athletes! Come celebrate good sportsmanship with your fellow Green Vipers and Track & Field volunteer!

#### 06/06: ELEPHANT'S TRUNK FLEA MARKET; 8:30AM-3:30PM; \$3 ADMISSION FEE

Look at this stuff– isn't it neat?! The first flea market trip of 2021 promises so many hidden wonders! The \$3 admission fee paid is at the gate, so please bring \$3 to this event!

#### TALENT SHOW REHEARSAL; DATES, LOCATIONS, AND TIMES VARY

RSVP to our rehearsals to register as a performer. Rec-members are also welcome as an audience! Final performance is in late July!

#### • EACH SUNDAY STARTING 06/13 AT ARC/ZOOM 11AM-12PM

• WEDNESDAYS (06/09, 06/23, 06/30) VIA ZOOM FROM 5:30-7PM

#### 06/11: RED CARPET BROADWAY NIGHT @ ARC/ZOOM; 5:30-9PM

Dress up like you're on the red carpet for a night of glamour, musical viewings, and sing-a-longs!

#### 06/12: TREVOR ZOO @ MILLBROOK SCHOOL; 10A-4PM; \$6 ADMISSION FEE DUE 06/05

Please RSVP as soon as possible- we must book our tickets on 6/2 to reserve our spot! The Trevor Zoo features endangered animals right in our backyard, so this is one adventure you don't want to miss! \$6 ticket fee for admission to Zoo.

## Jumping June 2021 Rec Notes (continued...)

#### 06/13: FATHER'S DAY CRAFTS @ ARC; 12-5PM

The World's Best Dad deserves the World's Best Crafts! If possible, please bring a photo of the family for us to use in a craft!

#### 06/16: CIRCLE OF FRIENDS/GAME NIGHT @ ZOOM; 5:30PM-8:30PM

Come spend time with friends while competing on a variety of virtual game shows!

#### 06/18: SUMMER BEACH PARTY @ ARC; 5:30-9PM; \$4 ACTIVITY FEE

Say hello to Summer 2021 with Beach Party at Arc! We're making sand art, DIY aquariums, and singing along to "Teen Beach Movie." Freezie-pops available!

#### 06/19: DISCO DANCE PARTY @ ARC/ZOOM; 12-5PM

Bust out the bell-bottoms and flower-print as you bust a move! Costumes are welcome at this groovy Dance Party!

#### 06/20: WALKING @ RHINEBECK VILLAGE; 12-5PM

Stretch those legs as we take a trip to the Rhinebeck Village for some window shopping!

#### 06/25: JUNE BIRTHDAY BASH @ ARC/ZOOM; 5:30PM-9PM

Happy Birthday to all of our June babies! Come celebrate good times with us! No gifts required!

#### 06/26: GREIG FARM TRIP; 12-5PM; MONEY RECOMMENDED

Strawberry picking (pay-to-pick), walking trails, farmer's market, goat feeding, koi fish ponds— so many fun things that it could make your head spin! Cash is recommended but there is no fee from Rec Club.

#### 06/27: 4TH OF JULY CRAFT DAY @ ARC; 12-5PM

Oh, say can you see all the crafts we will make! Wear your red, white, and blue as we create decorations for America's 245th birthday!

## THE REC and TEEN CLUB

The Arc of Greater Hudson Valley 8 Industry Street Poughkeepsie, NY 12601

Director of Day & Respite Services...... Catherine Ottaviani (845) 471-8876 ext 22115 cottaviani@arcghvny.org

Respite Coordinator ...... Emily Green-Swinnich (845) 471-8876 x 22176 egreen-swinnich@arcghny.org

Rec Club Supervisor..... Vacant

Rec Club Assistant ...... Alexandra Garcia agarcia@arcghvny.org

(For information and reservations)



### Arc Greater Hudson Valley Rec & Teen Club

A few friendly reminders.....

Please remember that REFUNDS / CREDITS are distributed on a QUATERLY basis.

PLEASE do not deduct a credit without attaching a credit voucher with your payment. When using a partial credit, I will give you a new slip with your current credit balance.

Please remember you must call in your RSVP on the Rec or Teen Club voicemail line. Mailing in a payment without RSVPing through the phone line will not place you on the Attendance List for the activity/activities of your choice.

#### PLEASE DO NOT SEND CASH- WE ONLY ACCEPT CHECKS!

Please drop off or mail in your check with one of the payment coupons below.

Arc Greater Hudson Valley 8 Industry St. Poughkeepsie, NY 12603 Attn: Rec and Teen Club

## Arc Greater Hudson Valley

#### **Rec & Teen Club**

PAYMENT COUPON FOR JUNE 2021

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME:

Amount of check \$\_\_\_

(Please make check out to ARC Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying for.

\$3 Elephant's Trunk Flea Market Admission due 6/6
 \$6 Trevor Zoo @ Millbrook School Admission due 6/5
 \$4 Summer Beach Party @ Arc—Activity Fee due 6/11

Arc Greater Hudson Valley				
Rec & Teen Club				
PAYMENT COUPON FOR JUNE 2021 PLEASE FILL OUT AND RETURN WITH PAYMENT				
NAME:				
Amount of check \$ (Please make check out to ARC Greater Hudson Valley)				
Please check the appropriate boxes for which activity/activities you are paying for.				
<ul> <li>\$3 Elephant's Trunk Flea Market Admission due 6/6</li> <li>\$6 Trevor Zoo @ Millbrook School Admission due 6/5</li> <li>\$4 Summer Beach Party @ Arc—Activity Fee due 6/11</li> </ul>				
Arc Greater Hudson Valley				

Rec & Teen Club

PAYMENT COUPON FOR JUNE 2021

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME:

•

Amount of check \$\_\_\_\_\_ (Please make check out to ARC Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying for.

\$3 Elephant's Trunk Flea Market Admission due 6/6
 \$6 Trevor Zoo @ Millbrook School Admission due 6/5
 \$4 Summer Beach Party @ Arc—Activity Fee due 6/11