

hello

FEBRUARY

Happy New Month! Wishing you a joyful and successful February!



If you have any questions, please feel free to call:

Amanda Asare at 845-471-8876 ext. 22176

FOR RSVPS: (845) 471-8876 ext. 22421

Important Reminders!

Cancellation Policy Reminder: We understand that emergencies can arise. If you need to cancel an activity, please notify us at least **24 hours in advance** whenever possible. This allows us to adjust staffing appropriately based on confirmed participants. Please note: Once an activity is canceled, you may not attend later that same day. Cancellations made with less than 24 hours' notice will be considered a **no call/no show**, which we kindly ask you to avoid. Thank you!

Important Notice: If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff **PRIOR** to their ride leaving.

You must RSVP for ALL activities you would like to attend by calling 845-471-8876 Ext. 22421.

IF YOU DO NOT RSVP, WE WILL TURN YOU AWAY FROM PROGRAM.

Important Reminders!

Winter has arrived! The weather will vary week to week, so please ensure you wear proper attire (coat, hat, etc.)

In case of event cancellations, inclement weather, or other unforeseeable events, our agenda may change.

Some examples of potential back up plans are:

- Crafting (painting, drawing, etc.)
- Yoga and Meditation
- Going to the mall
- Karaoke
- New York Museum
- Movie Night
- Game Night
- Trivia
- Exploring local Art Galleries
- Puzzle Day

Please note: due to limited time, transportation will not be provided. Drop-off is at 5:15 PM sharp, and pick-up is at 6:30 PM sharp, as other groups will be using the court immediately after us.

Basketball practices will be held at The Gathering at Faith Assembly Basketball Court, located at:

25 Golf Club Lane, Poughkeepsie, NY 12601

JOIN THE GREEN VIPERS BASKETBALL FAMILY!

DON'T MISS OUT—BE PART OF THE ACTION!

SIGN UP TODAY AND LET'S MAKE THIS SEASON OUR BEST YET!

- COMPETE AT SPECIAL OLYMPICS EVENTS
- BUILD LIFELONG FRIENDSHIPS
- ENJOY TEAM SPIRIT AND EXCITING GAMES
- LEARN NEW SKILLS AND GROW AS AN ATHLETE

GET READY FOR FAST BREAKS, BIG WINS, AND UNFORGETTABLE MOMENTS! WHETHER YOU'RE HERE TO PLAY HARD, CHEER LOUD, OR MAKE NEW FRIENDS, THE GREEN VIPERS ARE ALL ABOUT TEAMWORK AND FUN.

TRACK & FIELD IS HERE!!!

GET READY! TRACK & FIELD IS KICKING OFF THIS FEBRUARY AT THE REC & TEEN CLUB!

WE'RE GEARING UP FOR A SEASON FULL OF SPEED, STRENGTH, AND FUN. WHETHER YOU'RE TRYING SOMETHING NEW OR READY TO PUSH YOURSELF TO THE NEXT LEVEL, TRACK & FIELD HAS SOMETHING FOR EVERYONE.

DON'T MISS OUT-CHECK THE CALENDAR AND JOIN THE EXCITEMENT! 



FEBRUARY 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Valentine's Cards and Crafts 11a-5p	2	3	4 Member Meeting + Self-Advocacy @ Arc 5:30p-9p	5 Basketball Practice @ Faith Assembly 5:15p-6:30p	6 2026 Winter Olympics Theme Party 5:30p-9p	7 Danbury Fair Mall 10:30a-6p
8 Game Day + Movies @ The Arc 11:30a-5p	9	10	11 Dine Around Town 5:30p-9p	12 Basketball Practice @ Faith Assembly 5:15p-6:30p	13 Valentine's Day Dance 5:30p-9p	14 Lunch Out and Arcade Day 10:30a-6p
15 Baking Day + Yoga and meditation 10:30a-5p	16	17	18 Track and Field Practice and Kickoff @ The Arc 5:30p-9p	19 Basketball Practice @ Faith Assembly 5:15p-6:30p	20 Disco Party 5:30p-9p	21 Pawling's Unofficial St. Patrick's Day Parade 10:30a-6p
22 Guys and Gals Day Out 10:30a-6p	23	24	25 Track and Field Practice @ The Arc 5:30p-9p	26 Basketball Practice @ Faith Assembly 5:15p-6:30p	27 February Birthday Bash 5:30p-9p	28 Special Olympics Polar Plunge and Lunch @ The Galleria Mall 10:30a-6p

February Notes

2/1 Get ready for Valentines Day with a day of crafting and making cards. **Please bring food or eat prior to the event.**

2/4 Spend time discussing ideas for our March Calendar followed by Green Vipers Self Advocacy. **Please bring food or eat prior to the event. Members not in attendance of the member meeting are invited to call in event ideas to the rsvp line. We want to get your input!**

2/5, 2/12, 2/19, 2/26 Meet us at Faith Assembly for Special Olympics Basketball Practice! Starting promptly at 5:15pm, we will be practicing our Basketball Skills and working towards building strength and having fun. **We will not be providing transportation to/from Faith Assembly, please plan accordingly. Please wear proper athletic attire (i.e. sneakers, sweats, etc.) Please eat a healthy meal prior to practice, and don't forget a water bottle!**

2/6 Let the games begin at the 2026 Winter Olympics held in Milano Cortina, Italy! Join us for an Olympics themed party featuring dancing, games, and music of course! **A light dinner will be served. Members are welcome to bring desserts to share, if desired. Desserts will not be provided.**

2/7 Come for a trip to the Danbury Fair Mall in Connecticut. With a wide variety of shops and restaurants, we will be sure to have a fun day. **Please bring food or money for food in addition to money for any purchases you wish to make.**

2/8 Have a chill day at the Arc watching movies and playing games! **Please make sure to bring food or eat prior to the event.**

2/11 Vote on a restaurant and spend the night out with your fellow members. **Please bring money for food.**

2/13 Happy Valentine's Day! Celebrate love at our Valentines Dance. Dress to impress and dance your heart out! **A light dinner will be served. Members are welcome to bring desserts to share, if desired. Desserts will not be provided.**

2/14 It's game on! Spend a day at the arcade and eat out for lunch. **Please bring money for any games you wish to play in addition to money for lunch.**

2/15 All you 'knead' is a fun baking day at the Arc! Come for a sweet treat and a day in with friends. We will also be doing some relaxing yoga and meditation. **Treats provided, but please make sure to bring a lunch or eat prior to the event.**

2/18, 2/25 Join us for the kickoff of our Special Olympics Track and Field season! Come prepared with proper attire (sweatpants, sneakers, and no jeans!) and please make sure to bring water! **Please eat a healthy meal before the event.**

2/20 Get your groove on at this Disco Party! Featuring dancing, music, and fun. **A light dinner will be served. Members are welcome to bring desserts to share, if desired. Desserts will not be provided.**

2/21 Take a trip to Pawling, NY for Pawling's Unofficial St. Patrick's Day Parade followed by some time spent in the town. **Please bring a lunch or money for lunch. Also, please dress for the weather. It will be chilly while watching the parade!**

2/22 The options are (almost) limitless! Come together with your fellow Rec. Club members and decide on an activity for a Guys and Gals day out. **Please bring food or money for food in addition to money for any purchases you wish to make.**

2/27 Happy Birthday! Celebrate your fellow members at our February Birthday Bash! **A light dinner will be served. Members are welcome to bring desserts to share, if desired. Desserts will not be provided. Happy Birthday to: Mikayla, Zachary, and Paul!**

2/28 Join us for a trip to Heritage Financial Park to watch the 2026 Special Olympics polar plunge! We will not be participating in the plunge, but we will be on the side lines cheering everyone on. Please anticipate cold weather and dress appropriately. We will be going to the Galleria Mall for lunch and a bit of shopping if we have time. **Please make sure to bring food or money for food. In addition to money for any purchases you wish to make.**

The REC & TEEN Club

The Arc of Greater Hudson Valley
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THANK YOU to our Relief Staff:

Kelia Johnson, Michelle Englishby, Sara Spitz, Melissa Harris, Natalie Rivera, Em Green-Swinnich, Vivian Josiah, Jaheim Paul, Ryan Savoy, Jillissa Morris, Audrey Hubert, Mari Pellerito

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525