



HELLO

JUNE

If you have any questions, please feel free to call:

Amanda Asare at 845-471-8876 ext. 22176

FOR RSVPS: (845) 471-8876 ext. 22421

Important Reminders!

Cancellation Policy Reminder: We understand that emergencies can arise. If you need to cancel an activity, please notify us at least **24 hours in advance** whenever possible. This allows us to adjust staffing appropriately based on confirmed participants. Please note: Once an activity is canceled, you may not attend later that same day. Cancellations made with less than 24 hours' notice will be considered a **no call/no show**, which we kindly ask you to avoid. Thank you!

Important Notice: If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff **PRIOR** to their ride leaving.

You must RSVP for ALL activities you would like to attend by calling 845-471-8876 Ext. 22421.

IF YOU DO NOT RSVP, WE WILL TURN YOU AWAY FROM PROGRAM.

Important Reminders!

Spring has arrived! The weather will vary week to week, so please ensure you wear proper attire (coat, hat, etc.)

In case of event cancelations, inclement weather, or other unforeseeable events, our agenda may change.

Some examples of potential back up plans are:

- Crafting (painting, drawing, etc.)
- Yoga and Meditation
- Going to the mall
- Karaoke
- New York Museum
- Movie Night
- Game Night
- Trivia
- Exploring local Art Galleries
- Puzzle Day

BOWLING

2026

2026

PRACTICE IS HERE!!!!

\$3.50

Get Ready!

We're gearing up for a season full of speed, strength, and fun. Whether you're trying something new or ready to push yourself to the next level, Bowling has something for everyone.

Don't miss out—check the calendar and join the excitement!



JUNE 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Member Meeting & Yoga/ Meditation 5:30p-9p	4 Bowling @Taft 5:30p-8:30P	5 Disco Dance Party 5:30p-9p	6 Guys &Gals Day Out 10:30a-6p
7 Father's Day Crafts and Ice Cream Sundae 10:30a-4p	8	9	10 Self Advocacy @ The Arc 5:30p-9p	11 Bowling @Taft 5:30p-8:30p	12 90's Dance Party 5:30p-9p	13 Quassy Amusement Park 9:30a-6p
14 Strawberry sloop Festival 10:30a-5p	15	16	17 Dine Around Town 5:30p-9p	18 Bowling @Taft 5:30p-8:30p	19 Bring In the Summer Party 5:30p-9p	20 Hudson Valley Food Truck Festival 10:30a-5p
21 Improv &Karaoke Jam Session 10:30a-5p	22	23	24 Trivia Night & Board Games 5:30p-9p	25 Bowling @Taft 5:30p-8:30p	26 June Birth-day Bash Party 5:30p-9p	27 Lunch Out & Movies @ The Arc 10:30a-6p
28 Water Color Painting @ Waryas Park 11a-5p	29	30				

6/3 Join your fellow members as we brainstorm ideas for our July calendar. Please bring all of your ideas and suggestions as we discuss them together. Afterwards we'll make some time to do some relaxing yoga and calming meditation. **Please bring food or eat prior to the event.** **Members not in attendance of the member meeting are invited to call in event ideas to the rsvp line. We want to get your input!**

6/4, 6/11, 6/18, 6/25 Our bowling season is upon us! Join your fellow members for a night on the lanes. Whether you intend to participate in Special Olympics with the Green Vipers, or simply want to enjoy a night of bowling with peers feel free to join us! Athletes can turn in their scores for completed games each practice. **Please bring money for games (\$3.50 per), and dinner, or pack a meal. *Drop off and pick up @ Taft Ave Spins***

6/5 Let's boogie! Put on your dance shoes and let the dance floor be our stage. Join us for a night of friends and dancing at our Disco Dance Party. **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided.**

6/6 Where will we go? What will we do? That's for you to decide! Join your fellow members as we vote on places to go and things to do in the community on our guys and gals day out. **Please bring food or money for food, and money for any additional purchases you wish to make.**

6/7 Let's spend the day crafting cards, painting, or making something special for the dads that do so much for us. We'll also have ourselves some ice cream sundaes, on a Sunday! **Please bring a lunch or eat prior to the event. Dessert will be provided (the ice cream sundaes).**

6/10 Let your voice be heard alongside others as we discuss the importance of advocating for one's self and for others. Bring any topics you would like to discuss in a friendly and welcoming environment. **Please bring food or eat prior to the event..**

6/12 Let's dance the night away at our 90's Dance Party! Let's groove to the music of the era alongside friends and peers. **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided.**

6/13 A day full of games, food, and exciting rides! Join us on a trip to Quassy Amusement Park in Connecticut for a fun day out together. **Please bring food, or money for food, and any additional purchases you wish to make. Tickets cost \$33.00. Payment is due no later than June 6th. The ticket cost is only for the amusement park, NOT the waterpark**

6/14 Join us as we attend Beacon's annual strawberry festival! There will be live music, craft and food vendors, and plenty of strawberries! The strawberry shortcake is worth a try while the music fills the air, with a nice view of the Hudson. **Please bring food or money for food, and money for any additional purchases you wish to make.**

6/17 A night on the town, let's dine around! Join fellow members as we vote on a place to go and dine out for the evening. **Please bring money for food and gratuity.**

6/19 A day without music can sure be a bummer, so join us as we ring in the summer! Let's have a night of dancing and fun together on a Friday night as summer finds it's way to us. **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided.**

6/20 From sweet to savory, from surf to turf. Join us as we attend the Hudson Valley Food Truck Festival at Barton Orchards in Poughquag. Activities, live music, an array of vendors to visit, and most importantly a variety of food trucks for us to try. **Please bring money for food and any additional purchases you wish to make.** **Tickets cost \$14.52. Payment is due no later than June 12th.**

6/21 Wanna sing? Wanna act? Wanna work on some jokes? Let's have ourselves a fun improv and karaoke jam session together. **Please bring a lunch or eat prior to the event.**

6/24 Let's test our brains and play some games! Join us for a fun night of trivia and board games together. **Please bring a dinner, or eat prior to the event.**

6/26 Let's celebrate those June birthdays! Join us for a night of dancing and fun together at our June Birthday Bash. **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided.** **Happy birthday to: Fred, Nick, Charles and Fenix!**

6/27 Let's go grab a bite to eat out and about! When we return we'll vote on some movies to watch on a chill Saturday together. **Please bring money for lunch out.**

6/28 One of the best places to engage our creativity is in nature itself. We'll head to the Poughkeepsie waterfront at Waryas Park and do some watercolor paintings, by the water! **Please bring a packed lunch as we intend on eating when we get to the park prior to painting.**

The Arc Greater Hudson Valley Check # _____

Rec & Teen Club...Payment Coupon for the Month of June 2026

Please fill out and return with payment

Name: _____

Amount of Check \$ _____ (Please make check payable to The Arc Greater Hudson Valley)

Please check the appropriate box for which activity/activities you are paying for.

- ◇ 6/13/2026—Quassy Amusement Park (payment due by Wednesday 6/10/2026) **\$33.00**

- ◇ 6/20/2026— Hudson Valley Food Truck Festival (Payment due by Wednesday 6/17/2026) **\$14.52**

***Please note we only accept Check or Money Order**

Please note that all money for ticketed purchases are non-refundable as tickets are purchased in advance.

The REC & TEEN Club

The Arc of Greater Hudson Valley
8 Industry Street
Poughkeepsie, NY 12603

Director of Day & Respite Services..... Catherine Ottaviani
(845) 471-8876 x 22115 cottaviani@arcghvny.org

Respite Coordinator Amanda Asare
(845) 471-8876 x 22176 aasare@arcghvny.org

Rec Club Supervisor..... Casey Belcher
(845) 471-8876 x 22186 cbelcher@arcghvny.org

Rec Assistant..... Ryan Savoy
(845) 471-8876 x 22130 rsavoy@arcghvny.org

THANK YOU to our Relief Staff:

Kelia Johnson, Michelle Englishby, Sara Spitz, Melissa Harris, Natalie Rivera,
Em Green-Swinnich, Vivian Josiah, Jaheim Paul, Audrey Hubert, Mari Pellerito,
Caroline Oehl

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525