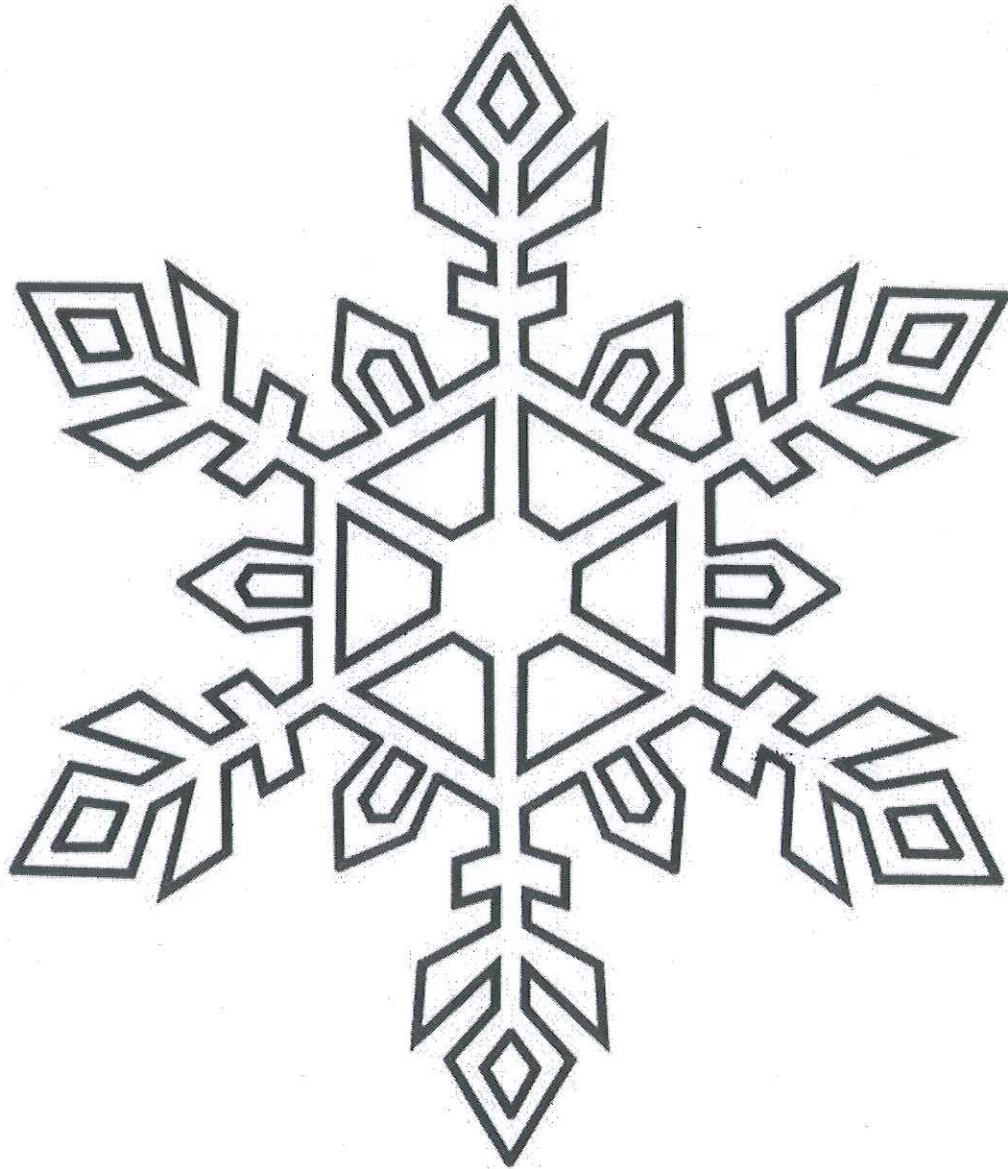


January 2025



If you have any questions, please feel free to call:

Catherine Ottaviani at 845-471-8876 ext 22115

FOR RSVPS: (845) 471-8876 ext 22421

January 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1. HAPPY NEW YEAR!! WELCOME 2025!	2. Bowling @ Taft 5:30p-8:30p	3. Ring in 2025 Dance Party 5:30p-9p	4. Palisades Mall 10:30a-6p
5. Karaoke Jam & Ice Cream Sundae's 1p-5p	6.	7.	8. Basketball Practice @ ARC-GHV 5:30p-8p	9. Self-Advocacy/ Member MTG 5:30p-9p	10. Snowball Dance Party 5:30p-9p	11. Harness Racing Museum & Mall 10:30a-6p
12. Lunch & Movies @ ARC-GHV 12p-5p	13.	14.	15. Basketball Practice @ ARC-GHV 5:30p-8p	16. Dine Around Town 5:30p-9p	17. Disco Dance Party 5:30p-9p	18. Guys/Gals Day Out 12:30p-5p
19. Improv and Jam Session 12p-4p	20.	21.	22. Basketball Practice @ ARC-GHV 5:30p-8p	23. Game Night 5:30p-9p	24. January B-Day Bash 5:30p-9p	25. Danbury Mall/Lunch 11a-5p
26. Baking @ ARC GHV 12p-4p	27.	28.	29. Basketball Practice @ ARC-GHV 5:30p-8p	30. Paint & Sip 5:30p-9p	31. PJ's & Pancakes Party 5:30p-9p	

You must RSVP for ALL activities you would like to attend by calling 845-471-8876 Ext. 22421.

IF YOU DO NOT RSVP, WE WILL TURN YOU AWAY FROM PROGRAM.

January 2025– Notes

1/2/25– Shine up those bowling balls and get ready to knock down some pins at Taft! **Bring money for games and any other purchases you wish to make.**

1/3/25: Let's ring in 2025 the Green Viper way! Get ready to dance the night away with your friends. **Light Dinner will be served.**

1/4/25: Let's head on over to one of the biggest malls and do some browsing! **Money required for any purchases you wish to make.**

1/5/25– Come sing your heart out, while you also enjoy a tasty Ice Cream Sundae!

1/8/25, 1/15/25, 1/22/25, 1/29/25– Each athlete should attend as many practices as possible! **Stretch at home prior to practice. Hydrate well and eat healthy. Wear proper footwear and loose clothing. Please bring water not soda or juice.**

1/9/25– Get ready to advocate for yourself and come up with ideas for the February 2025 calendar.

1/10/25– We can't go through January without a snowball dance! **Light dinner will be served**

1/11/25– Do you love horses and horse racing?! Let's go tour the horse racing museum and to the mall afterwards. **Money required for museum by 1/8/25 and for any purchases you wish to make at the mall.**

1/12/25– Let's spend the afternoon having lunch and watching movies! **Please bring your own lunch or eat prior.**

1/16/25– Let's vote on a place to eat for dinner! **Money required for dinner**

1/17/25– It's time to get groovy at our Disco Themed Dance Party **Light dinner will be served**

1/18/25– Let's spend the day out with our fellow guys/gals! **Bring money for food and any purchases you wish to make**

1/19/25– Show us what you got, and if not, come ready to rock! **Bring lunch or eat prior**

1/23/25– Are you up for a challenge?! **Bring in any games you would like to play**

1/24/25– It's time to celebrate our January birthdays! **Light dinner will be served. Happy Birthday to: Michael B, Kane, Kara, Caroline, Brian and Pam!! Gifts not required!**

1/25/25– Back by popular demand! Let's spend the day at the Danbury Mall! **Bring money for any purchases you wish to make.**

1/26/25– Get those oven mitts ready to bake some delicious treats! **Bring lunch or eat prior**

1/30/25– Nothing like a good paint and sip to share your artistic talents!

1/31/25– Wear your favorite PJ's as we dance the night away! **Light dinner will be served**

The REC & TEEN Club

The Arc of Greater Hudson Valley
8 Industry Street
Poughkeepsie, NY 12603

Director of Day & Respite Services..... Catherine Ottaviani
(845) 471-8876 ext 22115 cottaviani@arcghvny.org

Respite Coordinator Em Swinnich
(845) 471-8876 x 22176 egreen-swinnich@arcghvny.org

Rec Club Supervisor..... Casey Belcher
cbelcher@arcghvny.org

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

THANK YOU to our Relief Staff:

Neena Faucher, Kelia Johnson, Sarah Rokitowski, Michelle Englishby, Sara Spitz, Tosha Emerson, Melissa Harris, Natalie Rivera, Lucas Ireland, Vivian Josiah, Audrey Hubert, Jaheim Paul

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525

The Arc Greater Hudson Valley Check # _____

Rec & Teen Club ... Payment Coupon for the Month of December 2024

Please fill out and return with payment

Name: _____

Amount of Check \$ _____ (Please make check payable to The Arc Greater Hudson Valley)

Please check the appropriate box for which activity/activities you are paying for.



**1/11/2025– Harness Racing Museum \$10 due
by 1/8/25**



8 Industry St
Poughkeepsie, NY
12603

Tel: 845-471-8876

Fax: 845-473-2567

www.arcghvny.org

A Chapter of The Arc New York

Regina McKenny-Snead - Executive Director

Steven Drobysch - President

December 18, 2024

Dear Rec & Teen Club Member & Families,

The New year is coming up quickly!!! We hope this letter finds you well and looking forward to an exciting new 2025, especially with The Arc of The Greater Hudson Valley Rec. and Teen Club!

As the beginning of a new year is upon us, our records show that we have had many instances of cancellations, and/or no shows to our evening offered events throughout the past several months. As all of you are aware our program is staffed based on the number of people who have RSVP'd to our events, with a 1 staff to 5 member ratio. As we continue throughout the year, please keep in mind our cancellation policy.

Per Rec Club Guidelines we ask that each person cancel with a minimum of 72 hours' notice, so that someone else on our Wait List may have the opportunity to participate. In order to accommodate the demands of the RSVP List, we staff according to our scheduled attendance. Although canceling exactly 72 hours in advance of the scheduled activity may provide ample time to allow someone else to join, it does not always allow us to be efficient with our resources (i.e.: staff, food, materials, etc). Please remember that being a "No Call / No Show" or canceling with less than 72 hours' notice may result in the forfeit of activity monies.

Though we do understand that there are moments of family emergencies and days of unexpected illnesses. We ask that you try to not cancel, but if you must, to give as much notice as possible. Continued failure to do so could result in being discharged from the Rec & Teen program.

We are certain that together we can achieve our mutual goal of providing the highest quality services while being fiscally prudent.

It is a pleasure supporting you & your family member, and we look forward to seeing them at their next scheduled activity!

Again, we wish you and your families a wonderful, happy and healthy 2025!

If you have any questions, please feel free to call me at 471-8876 ext 22115

Sincerely,
Catherine Ottavini
AED of Day & Respite Services