



WELCOME September



If you have any questions, please feel free to call:

Amanda Asare at 845-471-8876 ext. 22176

FOR RSVPS: *(845) 471-8876 ext. 22421*

Important Reminders!

Cancellation Policy Reminder: We understand that emergencies can arise. If you need to cancel an activity, please notify us at least **24 hours in advance** whenever possible. This allows us to adjust staffing appropriately based on confirmed participants. Please note: Once an activity is canceled, you may not attend later that same day. Cancellations made with less than 24 hours' notice will be considered a **no call/no show**, which we kindly ask you to avoid. Thank you!

Important Notice: If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff **PRIOR** to their ride leaving.

You must RSVP for ALL activities you would like to attend by calling 845-471-8876 Ext. 22421.

**IF YOU DO NOT RSVP, WE WILL
TURN YOU AWAY FROM PROGRAM.**

Important Reminders!

Winter has arrived! The weather will vary week to week, so please ensure you wear proper attire (coat, hat, etc.)

In case of event cancelations, inclement weather, or other unforeseeable events, our agenda may change.

Some examples of potential back up plans are:

- Crafting (painting, drawing, etc.)
- Yoga and Meditation
- Going to the mall
- Karaoke
- New York Museum
- Movie Night
- Game Night
- Trivia
- Exploring local Art Galleries
- Puzzle Day

SEPTEMBER 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Member Meeting and Ice Cream Sundaes 5:30p-9p	3 Bowling @ Taft 5:30p-8:30p	4 Rainbow Party 5:30p-9p	5 Danbury Mall Trip 10:30a-5p
6 Stormville Flea Market 10:30a-5p	7	8	9 Walkway Over the Hudson 5:30p-9p	10 Bowling @ Taft 5:30p-8:30p	11 Luau Party 5:30p-9p	12 Apple Picking @ Dubois Farms 10:30a-5p \$10 cash for voucher entry fee.
13 Talent Show Practice/ Karaoke Jam Session 10:30a-5p	14	15	16 Dine Around Town 5:30p-9p	17 Bowling @ Taft 5:30p-8:30p	18 Welcome Fall Party 5:30p-9p	19 Bowling Competition @ Taft 11:00a-4:30p
20 Baking Day 10:30a-5p	21	22	23 Self-Advocacy and Game Night 5:30p-9p	24 Autumn Art 5:30p-9p	25 September Birthday Bash 5:30p-9p	26 Guys and Gals Day Out 10:30a-6p
27 Talent Show Practice 10:30a-5p	28	29	30 Movie Night and Popcorn 5:30p-9p			

9/2 It's time for our monthly member meeting! Bring your ideas for club activities as we begin planning our October 2026 calendar. To top off the night we'll have some ice cream sundaes together. **Please bring food or eat prior to the event.** **Members not in attendance of the member meeting are invited to call in event ideas to the rsvp line. We want to get your input!**

9/3, 9/10, 9/17 Our bowling season is slowly drawing to a close. Join fellow members for some fun on the lanes together. For those participating in special Olympics, these are our last few practices before the 9/19 competition. See you at the lanes! **Please bring money for games (\$3.50 per), and dinner, or pack a meal. *Drop off and pick up @ Taft Ave Spins***

9/4 Show your colors! Join us for a night of fun and dancing at our Rainbow Party. Feel free to wear your favorite color or a mix of them. **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided.**

9/5 Join us on a weekend outing to the Danbury Fair Mall in Connecticut. With a variety of stores to visit and the iconic carousel we're sure to have a fun time. **Please bring food, or money for food and any additional purchases you wish to make.**

9/6 Come with us as we head to the Stormville Flea Market for antiques, collectibles, crafted goods, and more. The market is host to vendors from near and far with a variety of things to see. **Please bring food, or money for food and any additional purchases you wish to make.**

9/9 With autumn on the way let's see the beauty of the Hudson Valley on full display. Let's have ourselves a scenic evening on the Walkway Over the Hudson. **Please eat prior to the event as we intend on leaving for the walkway as soon as possible after arrival (5:30pm)**

9/11 Hawaii might be far, but the island vibes are here. Join fellow members for a fun night at our Luau Party. **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided.**

9/12 Fall is upon us and with it comes some timeless activities, like apple picking! Join us as we visit Dubois Farms in Highland to pick some apples, hear live music, and visit the farm store. There is a \$10 cash voucher entry fee on weekends. The voucher can be used towards any purchase at Dubois Farms (including apples). **Please bring food, or money for food and any additional purchases you wish to make. There is a required \$10 cash for voucher entry fee.**

9/13 Let's have ourselves a karaoke session! Join us as we sing our favorite songs and spend the day together. We will also be practicing any and all songs/acts for those participating in our talent show to get us prepared for the big day! **Please bring lunch or eat prior to the event.**

9/16 A night out with peers and good eats. Join fellow members as we gather and vote on a place to dine for the evening. **Please bring money for food and gratuity.**

9/18 Goodbye summer, hello fall! Join us at our Welcome Fall Party as we ring in the season together! **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided.**

9/19 The time has finally arrived for our local bowling competition at the Taft Ave Spins Bowl in Poughkeepsie. If you need transportation to the bowling alley, drop-off will be at 11:00am here at The Arc before departing around 11:30am as registration is at 12pm noon at Spins. Otherwise, please meet us at Spins no later than 12pm noon so we can register everyone on time. Pickup will be at Spins when the competition ends, otherwise plan to pick up here at The Arc when we are finished. Best of luck to our athletes! **Please eat a healthy meal prior, and don't forget a water bottle! Please wear proper athletic attire for Special Olympics (sneakers, sweats, etc. NO JEANS)**

9/20 Want to help cook up some tasty treats? Let's have ourselves a relaxing day of baking together. **We will have some baked goods together, but please make sure to bring a lunch or eat prior to the event.**

9/23 Learning to advocate for one's self is a skill we all should have. Join fellow members for an open discussion about advocacy and various topics. Afterwards we'll have a fun night playing games together. **Please bring food or eat prior to the event.**

9/24 Autumn in the Hudson Valley brings out an array of colors to behold. Join us for a calm evening painting, drawing, and making art with a fall theme in mind. **Please bring food or eat prior to the event.**

9/25 It's time to celebrate those September birthdays! Join us for a night of fun and celebration at our September Birthday Bash. **A light dinner will be served. Members are welcome to bring desserts to share if they'd like. Desserts will not be provided. Happy birthday to: Chris, Richard, and Sean!**

9/26 What will we do? Bring your ideas for our guys and gals day out so we can find out! We'll meet, discuss our plans for the day, then head out together. **Please bring food, or money for food and any additional purchases you wish to make.**

9/27 Practices are now underway for our upcoming Green Vipers talent show. Come ready for a day of practice and a day of fun. Any members can attend to join or support their fellow club members in the leadup to our show. **Please bring a lunch or eat prior to the event**

9/30 Join fellow members for a chill night watching our favorite movies with some popcorn on the side. **Please bring food or eat prior to the event.**

The REC & TEEN Club

The Arc of Greater Hudson Valley
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THANK YOU to our Relief Staff:

Kelia Johnson, Michelle Englishby, Sara Spitz, Melissa Harris, Natalie Rivera,
Jaheim Paul, Audrey Hubert, Mari Pellerito, Caroline Oehl

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525