

Joyful June



If you have any questions, please feel free to call: *Em Swinnich, Respite Coordinator*
845-471-8876 ext 22176 or 845-475-4200
FOR RSVPs: (845) 471-8876 ext 22421

CRITICAL SHORT STAFFING NOTICE

Due to critical short staffing, we are not able to accommodate RSVPs made within 24 hours of an event; you will be put on a waitlist if you notify us same-day. If you arrive to an event without RSVPing, we will be turning you away.

If you are not able to make an event that you RSVPed for, please update us on the RSVP line. Frequently, we have families on waitlists who could have attended if another family notified us of their cancelation.

While we have an incredible relief list, we are also attempting to support almost 80 families with only 2 full-time staff. Please be fair to other families' needs for Respite Services and keep us updated about your change in plans!

- **RSVP more than 24hrs ahead of time.**
- **Call us to cancel your RSVP.**

RSVP LINE:

(845) 471-8876 ext. 22421

JOYFUL JUNE 2024

Sun	Mo	Tue	Wed	Thu	Fri	Sat
<p>You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421.</p>						<p>Brunch @ 1 Daily Planet + Walking @ Art Omi</p> <p>\$ Required 10am-4pm</p>
<p>2 Lake Compounce</p> <p>\$40 admis- sion due 5/25</p> <p>9am-7pm</p>	3	<p>4 Kickball @ LaGrange Park</p> <p>5:30-8:30p</p>	<p>5 Member Mtg & Fa- ther's Day DIY @ Arc</p> <p>5:30p-9p</p>	<p>6 Bocce @ LaGrange Park 5:30p-7p</p> <hr/> <p>Yoga & Meditation @ Arc 7p-9p</p>	<p>7 Decades Dance @ Arc</p> <p>5:30p-9p</p>	<p>8 Field Day @ Bowdoin Park</p> <p>10am-3pm</p>
<p>9 Beacon Strawberry Fest</p> <p>\$ Recom- mended</p> <p>10am-3pm</p>	10	<p>11 Sunset Watercolor Painting @ Vanderbilt Mansion</p> <p>5:30p-8p</p>	<p>12 DISNEY Paint & Sip @ Arc</p> <p>5:30p-9p</p>	<p>13 Bowling @ Taft</p> <p>\$ Required</p> <p>5:30p-8:30p</p>	<p>14 Rainbow Dance @ Arc</p> <p>5:30p-9p</p>	<p>15 </p>
<p>16 Karaoke & Jam Ses- sion @ Arc</p> <p>12pm-4pm</p>	<p>17 </p>	<p>18 Tie-Dye & Ice Cream Social @ Arc</p> <p>5:30p-9p</p>	<p>19 Video & Board Game Night @ Arc</p> <p>5:30p-9p</p>	<p>20 Casino Night Dance @ Arc</p> <p>5:30p-9p</p>	<p>21 Castle Fun Center</p> <p>\$ Required</p> <p>9am-5pm</p>	<p>22</p>
<p>23 Mini Golf & Joe's Dairy Barn</p> <p>\$ Required</p> <p>10am-3pm</p>	<p>24 </p>	<p>25 Self- Advocacy & Animal Painting @ Arc</p> <p>5:30-9pm</p>	<p>26 Bowling @ Taft</p> <p>\$ Required</p> <p>5:30p-8:30p</p>	<p>27 June Birthday Bash @ Arc</p> <p>5:30p-9p</p>	<p>28 Beacon Day</p> <p>10a-3pm</p>	<p>29</p>
<p>30 Renegades Game</p> <p>\$10 admis- sion due 6/16</p> <p>1pm-6pm</p>	<p>IF YOU DO NOT RSVP, WE WILL TURN YOU AWAY FROM PROGRAM.</p>					

JOYFUL JUNE EVENT NOTES

NOW OFFERING AFTERNOON RESPITE!

On **Wednesdays-Fridays**, if you need respite services between the end of day services and the beginning of Rec Club, your loved one can spend the day with us!

From 3:00pm until Rec Club starts at 5:30pm, we have a staff available to watch movies, craft, chat, and jam out to some tunes!

YOU MUST RSVP FOR THIS SERVICE!

06/01: BRUNCH @ DAILY PLANET DINER & WALKING @ ART OMI; 10AM-4PM; \$ REQUIRED

Let's go back to our favorite local diner, the Daily Planet, for some brunch! Then, we'll drive to Art Omi, which is a sculpture and architecture park featuring artists from around the world! Please be sure to dress for the outdoors and bring enough money to cover brunch & tip!

- **Meet at Arc, dress for the outdoors; bring enough cash to cover brunch & tip**

06/02: LAKE COMPOUNCE; 9AM-7PM; \$40 ADMISSION DUE 5/25

I scream, you scream, we all scream on a ROLLERCOASTER! This day is going to be filled with thrilling rides; due to timing, **we will ONLY be attending the dry rides** (waterpark day to come...). \$40 admission is due 5/25 to ensure we get summer discount pricing!

- **Meet at Arc, dress for the outdoors; wear sunscreen; bring enough cash to purchase lunch & dinner in the park; \$40 admission due 5/25 to secure your spot. SPACE IS LIMITED!**

06/04: KICKBALL @ LAGRANGE PARK; 5:30-8:30PM

Come kick it with Rec Club! We're going to play kick ball at a local baseball diamond; let's have some summer fun!

- **Meet at Arc; eat dinner before arriving; wear outdoors clothes & running shoes!**

06/05: MEMBER MEETING AND FATHER'S DAY DIY @ ARC: 5:30PM-9:00PM

It's time to plan our Jolly July calendar! Bring your hopes and requests as we plan together! Then get ready to celebrate our fathers with some good, old fashioned DIY!

- **Bring dinner or eat before you arrive; wear clothes you don't mind getting messy!**

06/06: BOCCE @ LAGRANGE PARK; YOGA & MEDITATION @ ARC: 5:30PM-7PM/ 7PM- 9PM

Introducing our new season of Special Olympics— BOCCE! If you want to learn how to play Bocce, or you just enjoy playing a fun, low-stakes game with friends, join us for this learn-to-play night! Then it's time to relax and unwind and do some yoga! Join us as we stretch and meditate our worries away.

- **Meet at Arc; eat dinner before you arrive; wear exercise clothes!**

06/07: DECADES DANCE @ ARC; 5:30PM-9PM

Let's get hip with it and boogey on down, Rec Club style! This dance features the best hits from the 70s, 80s, 90s, and 2000s. Costumes encouraged!

- **Dinner (Sloppy Joe's), salad, and drinks provided; costumes encouraged!**

06/08: FIELD DAY @ BOWDOIN PARK; 10AM-3PM

Bring a cold lunch, we'll bring the entertainment! We have a speaker and lots of outdoor equipment to enjoy! Bowdoin does have a Splash Pad available, so weather permitting, bring a change of clothes!

- **Meet at Arc; pack a cold lunch; dress for the outdoors + bring swimsuit & towel for splash pad!**

06/09: BEACON STRAWBERRY FESTIVAL; 10AM-3PM

You know you'll have a BERRY good time at the Beacon Strawberry Festival! Let's walk down to the park on the shore and enjoy live entertainment plus strawberry shortcake and craft vendors! Cash recommended for any purchases.

- **Meet at Arc; bring a cold lunch; wear outdoor clothes; cash recommended for any purchases**

06/11: SUNSET WATERCOLOR PAINTINGS @ VANDERBILT MANSION; 5:30PM-8PM

Let's paint a beautiful scene with watercolors at our local historical site– The Vanderbilt Mansion!

- **Meet at Arc; eat dinner before arriving; wear outdoor clothes/clothes you don't mind getting messy!**

6/12: DISNEY PAINT & SIP @ ARC; 5:30-9PM

Let's paint a scene from a Disney movie to bring out our own 'Hakuna Matata' (it means no worries for the rest of your days)!

- **Bring dinner or eat before arriving; wear clothes you don't mind getting messy!**

06/13 & 06/27: BOWLING @ TAFT: 5:30PM-8:30PM; \$ REQUIRED

Back by popular demand, we're going bowling! Let's enjoy a fun night at Taft Ave!

- **Meet at the bowling alley, bring dinner or \$ to purchase; bowling is \$3 a game.**

06/14: RAINBOW DANCE @ ARC; 5:30-9PM

Let's have a magical night celebrating all of our favorite colors! Wear your favorite color or pride flag and get ready to dance the night away!

- **Dinner (DIY Spaghetti Bar and salad) and drinks provided; wear your favorite color!**

06/15: HAPPY GRADUATION TO SARAH!!!!

Sarah Rokitowski graduated this May with her Bachelor's Degree in English with a concentration in Journalism and Communications! We are so proud of her and her hard work! To be present to celebrate her accomplishment, the department is not offering activities on this Saturday.

06/16: KARAOKE/JAM SESSION @ ARC; 12PM-4PM

Let's sing some songs and jam! It's time for our Karaoke Jam party!

- **Bring lunch or eat before arriving; musical instruments welcome!**

06/19: TIE-DYE & ICE CREAM SOCIAL PARTY @ ARC; 5:30-9PM

Bring a plain white t-shirt in your size to make a fun swirly pattern! We're going to listen to music and enjoy some ice cream with friends while we design!

- **Bring dinner or eat before arriving; bring a t-shirt to tie-dye; wear clothes you don't mind getting messy!**

6/20: VIDEO & BOARD GAME NIGHT @ ARC; 5:30-9PM

Wii can't wait to game with you! Feel free to bring your own video/board games too!

- **Enter at bus doors; eat before arriving or bring dinner; personal consoles are welcome!**

06/21: CASINO DANCE NIGHT @ ARC; 5:30-9PM

Dress in black, gold, and red for this CASINO themed night! Play some BINGO, card games, and dance the night away under our sparkling lights! Dinner will be some "Liquid Gold"— Macaroni and Cheese!

- **Wear something red, black, or gold; dinner (Mac & Cheese) and salad, plus drinks available**

06/22: CASTLE FUN CENTER; 9AM-5PM; \$ REQUIRED

Goshen's Castle Fun Center offers all the fun of a carnival with an indoor Bounce Castle course! Our plan is to start with 1 hr of the bounce course, grab lunch, and then we have options to choose together: laser tag or mini-golf? Arcade or outdoor rides? We'll decide together once you arrive! Please bring enough money to cover your interests!

Pricing:

- Bounce Course- \$15
 - Laser Tag- \$9.50
 - Mini-Golf Course- \$11
 - Dragon Coaster- \$6.00
 - Swings- \$5.75
 - Bumper Cars- \$6.75
 - Arcade- price varies by game
- **Meet at Arc; bring cash to cover 1hr of bounce, laser tag OR mini-golf, lunch, and rides or arcade. Grip socks are required for bouncing; available for sale at the Center.**

06/23: MINI-GOLF @ DC SPORTS & JOE'S DAIRY BARN; 10A-3PM; \$ REQUIRED

Let's play some golf and grab a fun lunch together! Mini-golf is first and after we play, we'll grab lunch (and maybe some ice cream?) at Joe's Dairy Barn!

- **Meet at Arc; bring cash to cover mini-golf (\$12) and your order at Joe's Dairy Barn.**

06/26: SELF-ADVOCACY & ANIMAL PAINTINGS @ ARC; 5:30-9PM

This month's topic is "The Right to Best Possible Health" and the responsibility to treat your body right! Join us for a discussion on making healthy choices! Then, come paint your favorite animal with us in a step-by-step painting night!

- **Bring dinner or eat before you arrive; wear clothes you don't mind getting messy!**

06/28: JUNE BIRTHDAY BASH @ ARC; 5:30PM-9PM

Happy Birthday to all of our members born in June, including Daniah, Morgan, Nick, Fred, Charles, and Fenix! Come celebrate— no gifts required!

- **Dinner (pizza & salad) and drinks served**

06/29: BEACON DAY; 10AM-3PM

We love supporting local businesses! Come to Beacon to walk, shop, and enjoy everything this local town has to offer. Money is recommended for any purchases!

- **Meet at Arc, dress for the outdoors; bring lunch or enough cash to cover any purchases!**

06/30: RENEGADES GAME; 1PM-6PM; \$10 ADMISSION DUE 6/16

Who doesn't love a nice summer game of BASEBALL!? This game is Autism Awareness night, so come show your support and enjoy a game!

- **Meet at Arc; dress for the outdoors & wear sunscreen; bring cash for dinner; \$10 admission due 6/16**

The REC & TEEN Club

The Arc of Greater Hudson Valley
8 Industry Street
Poughkeepsie, NY 12603

Director of Day & Respite Services..... Catherine Ottaviani
(845) 471-8876 ext 22115 cottaviani@arcghvny.org

Respite Coordinator Emily Green-Swinnich
(845) 471-8876 x 22176 egreen-swinnich@arcghny.org

Rec Club Supervisor..... Sarah Rokitowski
srokitowswki@arcghvny.org

Rec Club Assistant..... Vacant

Rec Club Assistant Vacant

Rec Club Assistant Vacant

THANK YOU to our Relief Staff:

Neena Faucher, Kelia Johnson, Dana Tartaglia, Michelle Englishby, Sara Spitz,
Tosha Emerson, Casey Belcher, Vivian Josiah, Mari Pellerito, Audrey Hubert,
Jonita Biscardi, Michael Fitzmaurice

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525

Arc Greater Hudson Valley

Rec & Teen Club

A few friendly reminders.....

Please remember that REFUNDS / CREDITS are distributed on a QUATERLY basis by request & ONLY if you cancel before 72hrs of the event.

Please remember you must call in your RSVP on the Rec or Teen Club voicemail line. If you RSVP but do NOT submit payment by the deadline, we will cancel your RSVP.

PLEASE DO NOT SEND CASH- WE ONLY ACCEPT CHECKS/MONEY ORDERS!

Please drop off or mail in your check with one of the payment coupons below.

Arc Greater Hudson Valley

8 Industry St.

Poughkeepsie, NY 12603

Attn: Rec and Teen Club

Arc Greater Hudson Valley

Rec & Teen Club

PAYMENT COUPON FOR JUNE 2024

PLEASE FILL OUT AND RETURN WITH PAYMENT

NAME: _____

Amount of check \$_____

(Please make check out to Arc Greater Hudson Valley)

Please check the appropriate boxes for which activity/activities you are paying.

- 06/02: LAKE COMPOUNCE; \$40 admission due 05/25**
- 06/30: RENEGADES GAME; \$10 admission due 06/16**

Arc Greater Hudson Valley

Rec & Teen Club

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