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SESSY

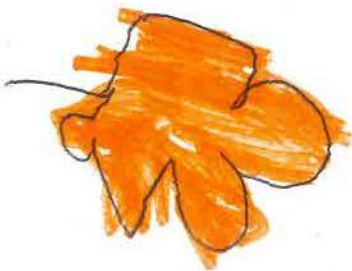
SEPTEMBER

If you have any questions, please feel free to call: Emily (Em) Green-Swinnich, Respite Coordinator

845-471-8876 ext 22176 PLEASE DO NOT LEAVE RSVPS at 22176.

Please leave your RSVP at 845-471-8876 ext 22421 only

Back to School
Hello fall,



CALENDAR COVER DESIGN CONTEST

Submit your artwork for "00ZY October" and your artwork could be featured on the front page of the Rec & Teen Calendar! All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery **NO LATER THAN SEPTEMBER 20TH!**

SASSY SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421				SEE NOTES FOR DETAILS ON DEADLINES, ACTIVITIES, AND ADMISSION FEES!		
				1 Bowling @ Taft *MEET THERE* \$ REQUIRED 5:30-8:30pm	2 Labor Day Cookout Party @ Arc 5:30-9pm	3 Woodstock Arts & Crafts Festival @ Ulster County Fairgrounds *MEET @ ARC* \$12 CASH admission 11a-5p
4 Stormville Flea Market *MEET @ ARC* 10am-4pm	5	6	7 Member Meeting @ Village Pancake Factory *MEET @ ARC* \$ Required 5:30-8:30	8 Bowling @ Taft *MEET THERE* \$ REQUIRED 5:30-8:30pm	9 DOUBLE FEATURE: Arlington HS Football Game OR Wild West Night @ Arc 5:30-9p	10 Bowling Competition @ Taft Ave 12 pm - 4pm
11 Horsing Around @ Hope Rising Farm *MEET @ ARC* 11am-4p	12 DSP APPRECIATION WEEK! Say thanks to our Rec Assistants for all the hard work they do to make Rec Club a fun place to be!	13	14 Jam Session @ Arc 5:30-8:30pm	15 Fall Arts & Crafts Night 5:30-8:30pm	16 Fiesta Friday Party @ Arc 5:30p-9p	17 Dave & Busters Arcade Day \$ REQUIRED *MEET @ ARC* 11am-7pm
18 Community Scavenger Hunt (Redo!) *MEET @ ARC* 10a-7p	19	20 Softball Skills @ Overlook Park 5:30-6:30 DIY Mac & Cheese & Self-Advocacy @ Arc 5:30-8:30pm	21	22 Bowling @ Schneider's Lanes Fishkill *MEET @ ARC* \$ REQUIRED 5:30-8:30pm	23 September Birthday Bash @ Arc 5:30p-9p	24 Girls / Guys Day Out *MEET @ ARC* \$ REQUIRED 11am-7pm
25 Apple Picking @ Dubois Farms *MEET @ ARC* \$ Recommended 10am-5pm	26	27 Softball Skills @ Overlook Park 5:30-6:30 Apple Baking Night @ Arc 5:30-8:30pm	28	29 Bowling @ Taft *MEET THERE* \$ REQUIRED 5:30-8:30pm	30 Welcome Fall Party @ Arc 5:30p-9p	

SASSY SEPTEMBER EVENT NOTES

09/01, 09/08, 09/29: SPECIAL OLYMPICS BOWLING @ TAFT; 5:30-8:30PM; MEET @ TAFT; \$ REQUIRED

With fall coming, people will certainly be busy, but make sure you SPARE some time to go bowling! **ALL ARE WELCOME!**

- ♦ **Meet at Taft Ave, bring dinner/money to purchase, cash required for bowling: \$3 / game**

09/02: LABOR DAY COOKOUT PARTY @ ARC; 5:30-9PM

Come celebrate this holiday weekend with picnic-fare and dancing!

- ♦ **Enter at production doors, wear red white & blue, dinner (cheeseburgers, macaroni salad, and potato salad) snacks, and drinks served.**

09/03: WOODSTOCK ARTS & CRAFTS FESTIVAL @ ULSTER COUNTY FAIRGROUNDS; 11-5PM; \$12 CASH ADMISSION

Get ready for fun in the sun with the return of this awesome arts & crafts fair!

- ♦ **Dress for outdoors & walking; bring lunch or money to purchase lunch from vendors. \$12 cash admission paid at the gate + additional for purchases**

09/04: STORMVILLE FLEA MARKET; 10AM-4PM

Let's travel across the river for the Middletown Flea Market and a fun trip to the Crystal Run Mall! Money is recommended for any purchases, but not required.

- ♦ **Enter at bus doors, pack meals, or bring money to purchase.**

09/07: MEMBER MEETING @ VILLAGE PANCAKE FACTORY; \$ REQUIRED; MEET @ ARC; 5:30-8:30PM

Oozy October is near, so the time to plan is here! Bring your hopes, dreams, and ideas to this member meeting to plan the best Spooky season calendar possible over a pile of pancakes!

- ♦ **Meet at Arc, enter at bus doors, bring cash for dinner at Village Pancake Factory @ Poughkeepsie Galleria Mall**

09/09: DOUBLE FEATURE: ARLINGTON HS FOOTBALL GAME OR WILD WEST PARTY @ ARC; 5:30-9PM

Meet at Arc for this double feature! BBQ Pulled Pork sliders will be served to all from 5:30-6, and then those who want to attend the football game will head out, and those who want to dance at our Wild West Night can saddle up! Please RSVP with your preference: football or dancing!

- ♦ **Meet at Arc, enter at production doors, RSVP with your choice (Football or dance?), dinner (pulled pork sliders & salad) served, bring \$ for football concessions stand**

09/10: BOWLING COMPETITION @ TAFT AVE; 11:30AM-4PM

The big day is here—remember all your bowling gear! Please meet in the parking lot before entering, so coaches can gather registration information. Medical forms and proof of vaccination are due at this time. If you are unvaccinated, you may still participate, but we must know vaccine status in order to best protect all of our athletes. Please call with any questions!

- ♦ **Meet @ Taft PARKING LOT, enter as a team, plan to bring meals**

09/11—09/17: DSP APPRECIATION WEEK!!!!!!

EACH DAY HAS A THEME FOR OUR STAFF, SO MAKE SURE TO SAY AN EXTRA THANK YOU TO THE REC ASSISTANTS WHO MAKE REC CLUB POSSIBLE!!!

09/11: HORISING AROUND @ HOPE RISING FARM; 11AM-4PM

Let's give 3 cheers for Casey at this horse-themed day! Come learn about horses in Millerton, NY with our community partner— Hope Rising Farm!

- ♦ **Enter @ bus doors, bring hiking shoes and a bagged lunch for a farm-side picnic**

09/14: JAM SESSION @ ARC; 5:30-8:30PM

Everyone likes music! Do you play an instrument? Do you like to sing? Do you have any favorite songs or shows to share? Come to Arc and we'll jam all night!!

- ♦ **Enter @ bus doors, bring dinner and a musical instrument, snacks and drinks served**

09/15: FALL ARTS & CRAFTS @ ARC; 5:30-8:30PM

Yvette is an artist, and let's celebrate her with some arts and crafts this evening! Watercolor stained 'glass,' tie-dye tiles, and paper mache— let's craft this evening away!

- ♦ **Enter @ bus doors, bring dinner, wear something you don't mind getting dirty, snacks and drinks served**

09/16: FIESTA FRIDAY PARTY @ ARC; 5:30-9PM

This is NACHO average staff— let's give the Rec Assistants a Fiesta to Rememba'! This event features a nacho/taco bar, dancing, and a whole lotta fun!

- ♦ **Enter @ production doors, dinner served (nacho, taco, or fiesta salad) with snacks and drinks**

09/17: DAVE & BUSTERS ARCADE PARTY; 11AM-7PM; \$ REQUIRED

Chris and arcade games— a perfect match for the perfect end to DSP Appreciation Week! Come get your game on and enjoy this amazing day at Dave & Busters in Nyack, NY. CASH REQUIRED!

- ♦ **Meet @ Arc, enter at bus doors, bring money for arcade and dinner, bring lunch with you to eat before we leave!**

09/18: COMMUNITY SCAVENGER HUNT (REDO!) @ ARC; 10A-7PM

Let's try again— it's the community selfie scavenger hunt! Come decipher clues to lead us on quest to take the best selfies possible in Dutchess County! From iconic locations to hidden treasures, this day promises to make memories! You solve the riddles, and we'll drive you to the answers! Past locations include Samuel's Sweets in Rhinebeck, DCC and Glazed Over Donuts in Beacon.

- ♦ **Meet at Arc, bring \$10 for a sweet treat, walking shoes, cold lunch for surprise picnic location, and a camera to document your adventures!**

09/21: DIY MAC & CHEESE & SELF-ADVOCACY @ ARC; 5:30P-8:30P

Learn an All-American recipe this September! Ooey-gooey cheesy pasta topped with toasted breadcrumbs! Bring your appetite for this cheesy Wednesday dinner! Self-advocacy topic is: the right to work & the right to learn!

- ♦ **Enter at bus doors, dinner snacks and drinks served**

09/21, 09/28: SOFTBALL SKILLS PRACTICE @ OVERLOOK PARK; 5:30-6:30PM; MEET AT PARK

It's softball season! Tag the bases, catch those grounders, and start the season with a strong swing in preparation for our season! Transportation from Overlook Park to evening activities at Rec Club available!

- ♦ **Meet at Overlook Park**, bring baseball equipment and running shoes, transportation to evening programming available upon request

09/22: BOWLING @ SCHNEIDER'S LANES FISHKILL; MEET @ ARC; 5:30PM-9PM; \$ REQUIRED

Meet at Arc for practice on a different style of lane. Last year's tournament at Pat Tarsio lanes prepared their lanes differently than Taft Ave, so we want to offer practices on a variety of styles of lanes in preparation for this year's competition. The cost is \$5/game at Schneider's Lanes, so please bring enough cash to cover 2 games. ***The kitchen at Schneider's Lanes is CLOSED — BRING DINNER WITH YOU!***

- ♦ **Meet at Arc**, BRING DINNER WITH YOU, bring cash to cover at least 2 games at \$5/game.

09/23: SEPTEMBER BIRTHDAY BASH @ ARC; 5:30-9PM

Happy Birthday to all of our members born in September! Everyone is welcome to come celebrate with us, and no gifts are required.

- ♦ **Enter at production doors**; pizza, salad, snacks, and drinks provided.

09/24: GIRLS/GUYS DAY OUT @ ARC; 11A-7PM; \$ REQUIRED

Back by popular demand, it's Girls/Guys Day Out! Do you want to go to the Danbury Mall? Or a local park for a day of sports and hiking? Wanna see a movie? Bring requests on places to go and money to spend on dinner with the Girls/Guys of Rec Club!

- ♦ **Meet at Arc**, enter at bus doors, pack a lunch, bring money for dinner, as well as any purchases.

09/25: APPLE PICKING @ DUBOIS FARMS; 10A-5PM; MONEY RECOMMENDED

Come one, come all, it's once again fall! It's apple picking time, and if you want the apples, you have to shake the trees! Help us pick apples for our featured events this week: Wednesday's apple baking day & Friday's Welcome Fall Party! If you would like to pick apples for yourselves, please bring cash. Either bring bagged lunch or funds to purchase food at the farm!

- ♦ **Meet at Arc**, bring bagged lunch or cash to purchase, help Rec pick apples or bring cash to pick your own!

09/28: APPLE BAKING NIGHT @ ARC; 5:30-8:30PM

Let's bring our cooking skills and create some fall deserts with apples that we picked. Here are some of the dishes we will get creative with: Caramel Apple Tart, Apple Brown betty, Apple crisp bake—just make sure to save some to share with Friday's party!

- ♦ **Enter at bus doors**, bring dinner, come prepared to make and enjoy desserts!

09/30: WELCOME FALL PARTY @ ARC; 5:30-9PM

We welcome fall back and start to cool down from one blazing summer. Let's bring back sweater weather and enjoy the baked goods we made on Wednesday's baking night!

- ♦ **Enter at production doors**, dinner (chicken pot pie & salad), snacks, and drinks served

Important Reminder 2022

Please read thoroughly the notes section as things may have changed. We want to ensure that everyone is having fun while being safe, as safety is our number ONE priority. If you have any questions or concerns, don't be afraid to reach out.

- **Depending on COVID transmission rates and risks or weather, some activities are subject to change.**
- **Masks are required by all participants, regardless of vaccination status.**
- **Please read the event descriptions to find the proper entrance / pick up spot.**
- All members are to arrive within 30 minutes of the start time of the activity with a completed attestation form ready (please let staff know if you need new copies)
- We ask everyone to pull up to the door listed on the event description, and wait patiently to be checked in by designated staff. This process may take a few minutes.
- **Please do not enter the building without staff present.** Please be patient, as staff will be waiting for you at the door as soon as the program area is safe to enter.
- All members MUST have their temperature taken upon arrival and use hand sanitizer before entering the building
- Please arrive as close to end of activity time as possible when picking up. Again, pull up to the door with the sign and bright orange cone where you will be greeted by a staff member while you remain in your vehicle. This process may take a few minutes.

Lastly we ask for everyone to be patient with one another as safety must be priority.

The REC & TEEN Club

The Arc of Greater Hudson Valley

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Poughkeepsie, NY 12603

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Rec Club Assistant Vacant

For information and reservations

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