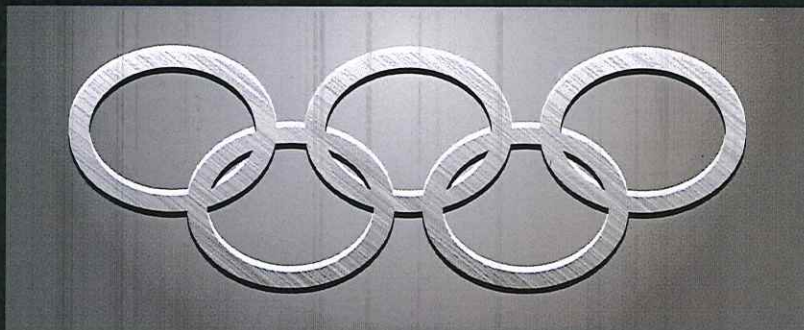


Did You Know... Our Green Vipers Have A Special Olympics Team???

The team allows you to have a healthy lifestyle & teaches important skill building all while having fun



We provide a fun and healthy environment with:

- Certified Coaches
- Weekly practice during the season
- Regional Competition attendance



Do you like to play games like?

Basketball

Track & Field

Softball

Bowling

Physical Fitness

And More.....





2025



If you have any questions, please feel free to call:
Catherine Ottaviani at 845-471-8876 ext 22115
FOR RSVPS: (845) 471-8876 ext 22421

March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Important Notice: If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff <u>PRIOR</u> to their ride leaving.</p>						<p>1. St.Patty's Day Parade/ Movie @ ARC 11a-6p</p>
<p>2. Game Day 11a-2p Adam's Garden Show 2p-6p</p>	3.	4.	<p>5. Basketball@ Faith Christian Academy 5:30p-8p</p>	<p>6. Track & Field Practice @ ARC 5:30p-8p</p>	<p>7. Gold Dance Party 5:30p-9p</p>	<p>8. Dine Around Town/Self-Advocacy 12p-6p</p>
<p>9. Paint N Sip with Emily 12p-5p</p>	10.	11.	<p>12. Basketball@ Faith Christian Academy 5:30p-8p</p>	<p>13. Track & Field Practice @ ARC 5:30p-8p</p>	<p>14. Shamrock Dance 5:30p-9p</p>	<p>15. Gals/Guys Day Out 12p-5p</p>
<p>16. Member MTG 10:30a-12:30p Galleria Shopping 1p-5p</p>	17.	18.	<p>19. Basketball@ Faith Christian Academy 5:30p-8p</p>	<p>20. Track & Field Practice @ ARC 5:30p-8p</p>	<p>21. Welcome Spring Dance 5:30p-9p</p>	<p>22. 20th Annual Sugar Maple Celebration 10a-5p</p>
<p>23. Karaoke Jam / Ice Cream Sundae's 12p-5p</p>	24.	25.	<p>26. Basketball@ Faith Christian Academy 5:30p-8p</p>	<p>27. Track & Field Practice @ ARC 5:30p-8p</p>	<p>28. March B-Day Bash 5:30p-9p</p>	<p>29. Pizza/Dance Party 12p-4p</p>
<p>30. Basketball Competition @Marist 8a-5p</p>	<p>You must RSVP for ALL activities you would like to attend by calling 845-471-8876 Ext. 22421.</p>					

IF YOU DO NOT RSVP, WE WILL TURN YOU AWAY FROM PROGRAM.

March 2025– Notes

3/1: It's that time of the year again to go watch the St. Patrick's Day Parade in Wappingers Falls. After the parade we will return to the ARC for a movie. **Please bring a lunch or eat prior to event. Since this is an outside event, please be ensure to dress appropriately!**

3/2: Let's spend a few hours together playing games and having fun! After that you can choose to join us at Adam's Fairacre farms for their annual Garden Show. This year the theme is Renaissance! **Please bring lunch or eat prior to event. Also, please specify which event you are joining or if you are joining both.**

3/5,3/12,3/19,3/26: Basketball Practice @ Faith Christian Academy (25 Golf Club Lane Poughkeepsie, NY 12601). Meet at the ARC at 5:30p or at Faith Christian Academy at 6p. Please specify when RSVP'ing. **Please ensure you stretch prior, wear comfortable pants (no jeans) and bring water.**

3/6, 3/13, 3/20, 3/27: Track & Field is back at the ARC!!! Dust off those running shoes and get ready to run! **Stretch at Home, Dress comfortably (no jeans). Bring Water!**

3/7: Dress in Gold and get ready to dance the night away. **Light Dinner will be served.**

3/8: Prior to leaving we will discuss what it entails to be a self-advocate. After, we will vote on a place to eat! **Bring money for food.**

3/9: Get those paintbrushes ready to participate in a Paint N Sip with Emily! **Please bring a lunch or eat prior to event.**

3/14: It's time to dance the night away with your friends! **Light dinner to be served.**

3/15: Join your fellow gals/guys and enjoy the day spent together. **Bring money for food and any purchases you wish to make.**

3/16: Bring those ideas for our April calendar! After that you can choose to join us out shopping at the Galleria. **Bring money for food and any purchases you wish to make. When RSVP'ing please specify which event you want to attend or if you are attending both.**

3/21: Let's finally welcome in Spring with our first dance of Spring 2025. **Light dinner to be served.**

3/22: Sharpe reservation is hosting their 20th annual Sugar Maple Celebration. There will be a Maple Sugar Demonstration, Nature Discovery Center, Planetarium Show, Live Animal Show, Local Crafts and Food Market, Annual Maple Syrup Judging Contest, and Food trucks! **Please bring a bagged lunch or money for lunch and any purchases you wish to make!**

3/23: Warm up those vocal cords and show off what you got! Then enjoy a delicious ice cream Sundae!

3/28: It's time to celebrate those born in March. Gifts not required! **Light Dinner will be served Happy Birthday to : Colin L, Antoinette L, Danielle M, and Tatyana P.**

3/29: Some of your favorite things wrapped in one day! Pizza & Dance Party **Pizza & Drinks will be served**

3/30: It's the time you have all been practicing for. You can also sign up to come and cheer on your peers! **Drop off at ARC no later than 8am or drop off at Marist (McCann Center) no later than 8:30a All athletes are to meet at Marist College by 8am! Please bring lunch.**

The REC & TEEN Club

The Arc of Greater Hudson Valley
8 Industry Street
Poughkeepsie, NY 12603

Director of Day & Respite Services..... Catherine Ottaviani

(845) 471-8876 ext 22115

cottaviani@arcghvny.org

Covering Respite Coordinator Audrey Hubert

(845) 471-8876 x 22169

ahubert@arcghvny.org

Rec Club Supervisor..... Casey Belcher

cbelcher@arcghvny.org

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

THANK YOU to our Relief Staff:

Neena Faucher, Kelia Johnson, Sarah Rokitowski, Michelle Englishby, Sara Spitz, Melissa Harris, Natalie Rivera, Lucas Ireland, , Emily Green-Swinnich

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525