



*If you have any questions, please feel free to call:  
Amanda Asare at 845-471-8876 ext 22176  
**FOR RSVPS: (845) 471-8876 ext 22421***

# Important Reminders!

**Cancellation Policy Reminder:** We understand that emergencies can arise. If you need to cancel an activity, please notify us at least **24 hours in advance** whenever possible. This allows us to adjust staffing appropriately based on confirmed participants. Please note: Once an activity is canceled, you may not attend later that same day. Cancellations made with less than 24 hours' notice will be considered a **no call/no show**, which we kindly ask you to avoid. Thank you!

**Important Notice:** If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff **PRIOR** to their ride leaving.

**You must RSVP for ALL activities you would like to attend by calling 845-471-8876  
Ext. 22421.**

**IF YOU DO NOT RSVP, WE WILL  
TURN YOU AWAY FROM PROGRAM.**

# Important Reminders!

**Winter has arrived! The weather will vary week to week, so please ensure you wear proper attire (coat, hat, etc.)**

**In case of event cancelations, inclement weather, or other unforeseeable events, our agenda may change.**

**Some examples of potential back up plans are:**

- Crafting (painting, drawing, etc.)
- Yoga and Meditation
- Going to the mall
- Karaoke
- New York Museum
- Movie Night
- Game Night
- Trivia
- Exploring local Art Galleries
- Puzzle Day





# JOIN THE GREEN VIPERS BASKETBALL FAMILY!



**DON'T MISS OUT—BE PART OF THE ACTION!**

**SIGN UP TODAY AND LET'S MAKE THIS SEASON OUR BEST YET!**



- ✓ **COMPETE AT SPECIAL OLYMPICS EVENTS**
- ✓ **BUILD LIFELONG FRIENDSHIPS**
- ✓ **ENJOY TEAM SPIRIT AND EXCITING GAMES**
- ✓ **LEARN NEW SKILLS AND GROW AS AN ATHLETE**



**GET READY FOR FAST BREAKS, BIG WINS, AND UNFORGETTABLE MOMENTS! WHETHER YOU'RE HERE TO PLAY HARD, CHEER LOUD, OR MAKE NEW FRIENDS, THE GREEN VIPERS ARE ALL ABOUT TEAMWORK AND FUN.**

Please RSVP through the Rec and Teen Club by December 4th at 4:00 PM to secure your spot for our Frosty Fest on December 12, 2025, as tickets will be purchased in advance.

Please note that all money for ticketed purchases are non-refundable as tickets are purchased in advance.

Checks should be made payable to The Arc Greater Hudson Valley and submitted no later than December 4th.

Thank you!



# DECEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1.	2.	3. Member Meeting + Talent Show Practice 5:30p-9p	4. Physical Fitness 5:30p-9p	5. 	6. MJN Center Winter Craft Fair + Talent Show Practice 9:30a-6p
7. Holiday Shopping 11a-5p	8.	9.	10. Self Advocacy + Talent Show Practice 5:30p-9p	11. Physical Fitness 5:30p-9p	12. Frosty Fest \$32.29 5:30p-9p	13. Physical Fitness Competition 7:15a-2:30p
14. Holiday Formal 12p-4p	15.	16.	17. Dine Around Town 5:30p-9p	18. Talent Show Practice TBD 5:30p-9p	19. December Birthday Bash 5:30p-9p	20. Talent Show @TBD 10a-4p
21. Talent Show Cast Party + Game Day 10:30a-5p	22.	23.	24. 	25. 	26. 	27. Lunch & Arcade Day-out 10:30a-5p
28. Gals and Guys Day-out 11:30a-6a	29..	30..	31. New Years Resolutions + Movie Night 5:30p-9p			



## December Notes

**12/3** Join us for our monthly member meeting where we discuss ideas for our January calendar! We will also be practicing for our upcoming talent show! All members participating in the Talent Show are strongly encouraged to attend as many practices as possible leading up to the show. **Please bring food or eat prior to the event.**

**12/4, 12/11** Join us for the final 2 practices leading up to our Physical Fitness Competition. Please wear appropriate attire (sneakers, sweatpants, no jeans) and make sure to bring some water! **Please eat prior to the event.**

**12/5** **Rec Club will be closed on December 5th, 2025. Enjoy the day off!**

**12/6** Join us for the annual MJN Center Winter Craft Fair at the Civic Center in Poughkeepsie. Featuring many local vendors, treats, and even a visit from Santa! After our trip to the craft fair, we will go back to the Arc and practice for our upcoming Talent Show! **Make sure to pack food or eat prior to the event.**

**12/7** In preparation for the upcoming Holiday Season, let's go shopping! Spend a day getting gifts for those you care about. **Please bring food or money for food in addition to money for any purchases you wish to make.**

**12/10** Join us for Green Vipers Self Advocacy where we discuss our rights and how to stand up for ourselves. Following our discussion, we will be practicing for our upcoming talent show! **Please bring food or eat prior to the event.**

**12/12** Join us for a trip to Frosty Fest! Visit with holiday characters, go to a drive-through light show, and a trip to the gift shop! Please note that this is an outdoor event at night time. It will be cold and dark, so please dress accordingly. **Please RSVP by December 4th. \$32.29 admission. Please bring food or eat prior to the event.**

**12/13** Join us for our Physical Fitness Special Olympics Competition! We will be going to Rye Neck High School in Mamaroneck, NY. We will be providing transportation from the Arc. **Please come dressed appropriately (ie. sneakers, sweatpants, and no jeans!) Please note that will not be able to eat during the competition, please plan accordingly.**

**12/14** Join us for our annual Holiday Formal at the Grandview in Poughkeepsie. Come for a night of dancing, eating good food, and spending time with our peers. **Please note that we will not be providing transportation to the Grandview, members will be expected to meet us there. Food will be provided. All members attending should have already sent in their RSVP and check in October.**

**12/17** Come together with your fellow members and vote on a place to eat out! **Please bring money for food.**

**12/18** For all members participating in the talent show, we will be having a mandatory dress rehearsal. The location is tbd, a call home will be made home regarding the location, we are still in the reviewing process for a location reservation. **Please eat prior to the event, and make sure to bring any costumes, props, or other items needed for your act in the show.**

**12/19** Celebrate your fellow rec club members at our December Birthday Bash! **A light dinner will be provided.**  
**Happy Birthday to: Brian Conklin, Thomas Davis, Brandon Meisner, Caitlin Service, Anastasia DeCarlo, and Jayson Camacho**

**12/20** Join us for the long-awaited performance of Persevering Studios! Members participating in the talent show will join us for a practice followed by our performance at 1pm. Family, friends, and other members are welcome to join us for our performance at 1pm. The location of our talent show is still tbd as our reservation request is still in the reviewing process. A call home will be made with an update about the location. **Please bring a packed lunch. Please also bring any props, costumes, or other items that are needed for your act in the show.**

**12/21** Let's celebrate all of our hard work from the talent show with a cast party and game day! **Snacks will be provided, but please pack a meal.**

**12/24, 12/25, 12/26** **No Rec Club December 24th, 25th, and 26th. Stay safe and enjoy the holidays!**

**12/27** Level up with a day at the arcade! We will be eating lunch out, so make sure to **bring money for food in addition to money for any games you would like to play.**

**12/28** Join us for a day out! Let's vote on a place to spend the day. **Please bring food or money for food in addition to any purchases you wish to make.**

*The Arc Greater Hudson Valley* Check # \_\_\_\_\_

*Rec & Teen Club ....Payment Coupon for the Month of November 2025*

Please fill out and return with payment

**Name:** \_\_\_\_\_

**Amount of Check \$ \_\_\_\_\_ (Please make check payable to The Arc Greater Hudson Valley)**

**Please check the appropriate box for which activity/activities you are paying for.**

 **12/12/2025 – Frosty Fest (payment due by 12/4 2025) \$32.29**

**\*Please note we only accept Check or Money Order**

**Please note that all money for ticketed purchases are non-refundable as tickets are purchased in advance.**



# The REC & TEEN Club

The Arc of Greater Hudson Valley  
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## THANK YOU to our Relief Staff:

Kelia Johnson, Michelle Englishby, Sara Spitz, Melissa Harris, Natalie Rivera,  
Emily Green-Swinnich, Vivian Josiah, Jaheim Paul, Ryan Savoy, Jillissa Morris,  
Audrey Hubert, Mari Pellerito

### For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525