



2025



If you have any questions, please feel free to call:

Catherine Ottaviani at 845-471-8876 ext 22115

FOR RSVPS: (845) 471-8876 ext 22421

Important Reminders!

Important Notice: If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff PRIOR to their ride leaving.

**You must RSVP for ALL activities you would like to attend by calling 845-471-8876
Ext. 22421.**

**IF YOU DO NOT RSVP, WE WILL
TURN YOU AWAY FROM PROGRAM.**

April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1.	2. Self-Advocacy/ Yoga 5:30p-9p	3. Track & Field Practice 5:30p-8p	4. Spring Fling Dance 5:30p-9p	5. Time Trials @Mahopac HS 7:15a-3p
6. Renegades Game 1p-7p	7.	8.	9. Game Night/ Member Meet- ing 5:30p-9p	10. Track & Field Practice 5:30p-8p	11. Luau Dance/ Best Wishes to Michael R 5:30p-9p	12. Walkway over the Hudson/ Picnic Lunch 11a-3p
13. Beacon Flea Market/Lunch 11a-5p	14.	15.	16. Dine Around Town 5:30p-9p	17. Track & Field Practice 5:30p-8p	18. Bunny Hop Dance 5:30p-9p	19. Palisades Mall 10:30a-6p
20. Karaoke Jam/Talent Show Ideas 12p-5p	21.	22.	23. Crafting Night 5:30p-9p	24. Track & Field Practice 5:30p-8p	25. April B-Day Bash 5:30p-9p	26. 2025 Walk for Autism 8:30a-3p
27. Track & Field Competition 7a-6p	28.	29.	30. Trivia Night 5:30p-9p			

April 2025– Notes

4/2: Join us for a discussion about advocating for one's self, and after we'll have a night of yoga and meditation! **(Please bring food or eat prior)**

4/3, 4/10, 4/17, 4/24: Green Vipers! Join us for track and field practice @ the Union Vale Middle School track. **On 4/3 and 4/17 either meet us @ The Arc by 5:30pm or get dropped off at UVMS @ 6pm. On 4/10 and 4/24 we will meet @ The Arc at 5:30pm to stretch and warmup, with our practice starting at 6:30pm.** All practices will run until 7:30pm at UVMS. Transportation to and from The Arc will be provided.

4/4: Here's the thing, it's spring! Join us for a night of fun and dancing **(Light dinner will be served)**

4/5: It's time for the track and field Time Trials! Please arrive to The Arc by 7:15am, transportation to Mahopac High School will be provided. **Registration begins at 8:30am so we will be leaving The Arc by 7:30am.** Pickup will be at The Arc once we have returned from time trials.

4/6: "Let's play ball!" Join us as we go see The Hudson Valley Renegades play some baseball! **(Money required for ticket. Please bring money for food or any purchases you'd like to make there)**

4/9: It's time to bring your suggestions and ideas for Rec club to the table! Join us for our monthly member meeting and a fun night of board games, video games, etc. **(Please eat prior or bring food)**

4/11: Say aloha to a night of fun and dancing! Join us for a Luau party here at The Arc **(Light dinner will be served)** **One of our long time members, Michael Rao, is moving away so let's celebrate his time with us and give him the send off he deserves!**

4/12: Join us as we walk over the scenic Hudson together, followed by a nice spring picnic by the water **(Please pack a cold lunch for the picnic, there will be no microwave available for heating food)**

4/13: Join us for a day in Beacon, NY while we see what local vendors have on display at the flea market. We'll have lunch in town **(Please bring a lunch, or money for lunch and any purchases you wish to make)**

4/16: Let's pick a place to dine and have a good time! **(Please bring money for food)**

4/18: "It's rabbit season!" Join us at The Arc for a night of fun and dancing **(Light dinner will be served)**

4/19: Join us as we venture to the Palisades Mall for a day of shopping and walking **(Please bring money for food and any other purchases you'd like to make)**

4/20: Let's rock n' roll! Join us for a day of singing and jamming, and bring any ideas you have for a talent show. We plan to have another one in the future **(Please bring a lunch or eat prior)**

4/23: Join us for a night of creativity and crafting **(Please bring food or eat prior)**

4/25: Let's dance and celebrate those April birthdays! Gifts not required! **(Light dinner will be served)** **Happy birthday to: Giancarlo, Steven, Kiersten, Michael, Carrie, Ryan, Manny, Aniello, Jonaah, and Luke!**

4/26: Join us for the 25th annual Hudson Valley Walk for Autism at James Baird State Park **(Please bring lunch or money for food, there will be food trucks)**

4/27: It's time for Spring Games at West Point! The Green Vipers have worked hard at each practice and it's time to see that dedication pay off. **Please arrive promptly at 7am** so we have ample time to get to West Point in a timely manner. **Transportation will be provided to and from the competition.**

4/30: Put your thinking caps on and join us for a night of fun and trivia! We will discuss and vote on topics for trivia when people arrive **(Please bring food or eat prior)**

The REC & TEEN Club

The Arc of Greater Hudson Valley
8 Industry Street
Poughkeepsie, NY 12603

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Rec Club Supervisor..... Casey Belcher
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Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

THANK YOU to our Relief Staff:

Kelia Johnson, Sarah Rokitowski, Michelle Englishby, Sara Spitz, Melissa Harris, Natalie Rivera, Lucas Ireland, , Emily Green-Swinnich, Vivian Josiah

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525