

JULY 2025



If you have any questions, please feel free to call:

Catherine Ottaviani at 845-471-8876 ext 22115

FOR RSVPS: (845) 471-8876 ext 22421

Important Reminders!

Important Notice: If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff **PRIOR** to their ride leaving.

You must RSVP for ALL activities you would like to attend by calling 845-471-8876 Ext. 22421.

**IF YOU DO NOT RSVP, WE WILL
TURN YOU AWAY FROM PROGRAM.**

Now that summer is here, please ensure you wear proper attire (hat, sunglasses, etc...) and don't forget the SUNSCREEN!!

June 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			2. Member MTG/ Game Night 5:30p-9p	3. Independ- ence Day Crafts 5:30p-9p	4. 	5. Guys/Gals Day Out 11a-6p
6. New York State Museum 10a-6p	7.	8.	9. Self-Advocacy @Galleria 5:30p-8:30p	10. Bowling \$3 Per Game 5:30p-8:30p	11. Garden Party Dance 5:30p-9p	12. Mini Golf/ Ice Cream 11:30a-5p
13. Karaoke Jam Session 10:45a-5:30p	14.	15.	16. Yoga/Summer Painting 5:30p-9p	17. Bowling \$3 Per Game 5:30p-8:30p	18. Pajamas Party Dance 5:30p-9p	19. A Day in Rhinebeck 11:30a-5p
20. Talent Show Brainstorm Day 10:30-5p	21.	22.	23. Dine Around Town 5:30p-9p	24. Bowling \$3 Per Game 5:30p-8:30p	25. July B-day Bash 5:30p-9p	26 Orange County Fair \$10 For Entry 11:30a-6p
27. Make S'more Friends/ Game Night 10a-5p	28.	29.	30 Movie Night @Arc 5:30p-9p	31. Bowling \$3 Per Game 5:30p-8:30p		

July Notes

7/2/25: It's that time to meet and come up with some ideas for our July calendar! Also, enjoy playing various games with your fellow peers. **Please bring dinner or eat before you arrive.**

7/3/25: Stars, stripes, and good times! Join us for a lively Independence Day craft and game night! **Please bring dinner or eat before you arrive.**

7/5/25: Join your fellow members for a guys/gals day out! **Please bring money for food or pack a lunch, and money for any purchases you'd like to make**

7/6/25: Join us in exploring and learning about New York's past, present and future at the New York State Museum. **Please bring lunch or money for lunch**

7/9/25: Tonight's focus: Self-advocacy @ Galleria— Speaking up for your rights and needs. Transportation will be provided to and from. **Eat prior to event**

7/10, 7/17, 7/24, 7/31: It's time to brush off those bowling balls and knock down some pins. Join us for fun, or submit your scores as we kick off the Green Vipers bowling season! **Please bring money for your games (\$3 per) and dinner, or pack a meal. *Drop off and pick up @ Taft Ave Spins***

7/11/25: Join us tonight for a Garden Party Dance. Let the rhythm move you in this garden paradise. **Light dinner of sliders will be served.**

7/12/25: Mini golf and ice cream? Yes, please! Let's head to DC Sports and then we'll get some ice cream for the perfect combo of fun and deliciousness! **Please bring money for food and ice cream**

7/13/25: Are you ready for a karaoke jam session? Mic check, one two! Let the jam session begin! **Please eat prior to event or bring food**

7/16/25: Summer days and creative ways! Get ready for a perfect blend of peaceful yoga and colorful painting. **Please eat prior to event or bring a meal**

7/18/25: Join us tonight for a Pajamas Party. Friends, pajamas, and a whole lot of dancing. Life's a party, dancing the night away!. **Light dinner of pasta and sauce will be served**

7/19/25: Join us today for a day in Rhinebeck. Exploring the hidden gems of Rhinebeck, one lovely street at a time. **Please eat prior to event, bring lunch or money for lunch**

7/20/25: Join us as we start to brainstorm for a future talent show. Teamwork makes the talent show dream work! **Please eat prior to event and/or bring lunch**

7/23/25: Let's vote on a spot and go enjoy a nice dinner as we socialize with one another and enjoy each other's company! **Please bring money for food**

7/25/25: Time to celebrate those July Birthdays! **Light dinner of pizza will be served. Happy Birthday to: Dan, Qualeek, Amanda, Austin and Kevin!!**

7/26/25: Celebrating summer at the Orange County Fair! Come join the fun. **Bring \$10 for your ticket. Please bring money for lunch and any other purchases you'd like to make**

7/27/25: Join us today to make some more (S'mores) friends and have a fun game night!! **Please eat prior to event and/or bring a lunch**

7/30/25: Enjoy a nice relaxing evening of watching movies and eating some delicious popcorn. **Popcorn will be provided. Please bring dinner or eat prior to event**

The REC & TEEN Club

The Arc of Greater Hudson Valley
8 Industry Street
Poughkeepsie, NY 12603

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Respite Coordinator..... Amanda Asare

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Rec Club Supervisor..... Casey Belcher

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Rec Club Assistant..... Caroline Oehl

Rec Club Assistant..... Vacant

Rec Club Assistant..... Vacant

THANK YOU to our Relief Staff:

Kelia Johnson, Michelle Englishby, Sara Spitz, Melissa Harris, Natalie Rivera,
Lucas Ireland, , Emily Green-Swinnich, Vivian Josiah, Jaheim Paul, Ryan Savoy,
Jillissa Morris, Audrey Hubert, Mari Pellerito

For information and reservations

Rec. Club RSVP Line..... (845) 471-8876 x 22421

Rec Club Cellphone..... (914) 474-4525