

Fantastic February



George Washington



LOVE

CARD

If you have any questions, please feel free to call:
Emily (Em) Green-Swinnich, Respite Coordinator
845-471-8876 ext 22176

PLEASE DO NOT LEAVE RSVPs at 22176.

Please leave your RSVP at 845-471-8876 ext 22421 only

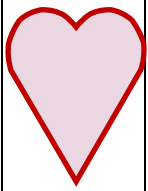
CALENDAR COVER DESIGN CONTEST

Submit your artwork for "Marvelous March" and your artwork could be featured on the front page of the Rec & Teen Calendar! All entries must be submitted to a Rec & Teen Staff via mail or in-person delivery

NO LATER THAN FEBRUARY 20TH!

FANCY FEBRUARY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>You must RSVP for ALL activities you would like to attend by calling 845-471-8876 ext 22421.</p>						
			<p>Member Meeting @ Cracker Barrel</p> <p>\$ Required</p> <p>5:30p-9p</p>	<p>Yoga & Meditation @ Arc</p> <p>5:30p-9p</p>	<p>Glow in the Dark Party @ Arc</p> <p>5:30p-9p</p>	<p>Snow Moon Festival @ Saugerties</p> <p>\$ Recommended</p> <p>12pm-8pm</p>
<p>Palisades Mall</p> <p>\$ Recommended</p> <p>10am-5pm</p>			<p>Valentine's Crafts & Cards @ Arc</p> <p>5:30p-9p</p>	<p>Disney Love Stories @ Arc</p> <p>5:30-9pm</p>	<p>Valentine's Dance @ Arc</p> <p>5:30p-9p</p>	<p>Valentine's Dinner & Jam / Karaoke Night @ Arc</p> <p>5pm-9pm</p>
<p>Swim Practice @ Marist</p> <p>5pm-7:30pm</p>						
<p>Sweetheart Brunch @ Arc</p> <p>11am-2pm</p>			<p>Dine Around Town</p> <p>\$ Required</p> <p>5:30p-9p</p>	<p>Bowling @ Taft</p> <p>\$ Required</p> <p>5:30-8pm</p>	<p>Fancy Friday Dance Party @ Arc</p> <p>5:30p-9p</p>	<p>Polar Plunge @ Arc</p> <p>11a-4p</p> <p>Basketball Game @ Marist & Pizza @ Touch of Naples</p> <p>\$10 admission + cash</p> <p>4p-9p</p>
<p>Valentine's Paint & Sip @ Arc</p> <p>2pm-5pm</p>						
<p>Super Bowl Party @ Arc</p> <p>5pm-9pm</p>						
<p>Hot Chocolate Festival @ Ashokan Center</p> <p>\$10 admission due 2/5</p> <p>9:30am-3pm</p>			<p>Self-Advocacy & Healthy Relationship Discussion @ Arc</p> <p>5:30p-9p</p>	<p>Bowling @ Taft</p> <p>\$ Required</p> <p>5:30-8pm</p>	<p>February Birthday Bash @ Arc</p> <p>5:30p-9p</p>	<p>NY State Museum</p> <p>10am-6pm</p>
<p>Movies @ Arc</p> <p>3pm-5pm</p>						
<p>Swim Practice @ Marist</p> <p>5pm-7:30pm</p>						
<p>Maple Syrup Shack Tour @ Muscoot Farms</p> <p>10am-5pm</p>			<p><u>SEE NOTES FOR DETAILS ON DEADLINES, ACTIVITIES, AND ADMISSION FEES!</u></p>			
<p>Swim Practice @ Marist</p> <p>5pm-7:30pm</p>						



FANCY FEBRUARY EVENT NOTES

02/01: MEMBER MEETING @ CRACKER BARREL; 5:30-9PM; \$ REQUIRED

The time to plan is here– Marvelous March is near! Bring your ideas, requests, hopes, and dreams and we'll make our calendar together over dinner at Cracker Barrel!

- **Enter at bus doors; bring cash to cover the cost of dinner**

02/02: YOGA & MEDITATION @ ARC; 5:30-9PM

Bring your Zen and find your happy place with us at beginner's yoga! Participation in yoga is optional for those of you whose happy place involves coloring.

- **Enter at bus doors; wear exercise clothing; bring dinner; snacks and drinks provided**

02/03: GLOW IN THE DARK PARTY @ ARC; 5:30-9PM

Wear your craziest neon outfit and your dancing shoes for our Glowing-in-the-Dark Dance party! Mac n Cheese dinner, chips, and drinks provided, as well as GLOW STICKS!

- **Enter at bus doors; dinner (mac & cheese + salad), snacks, and drinks provided**

02/04: SNOW MOON FESTIVAL @ SAUGERTIES; 12PM-8PM; \$ RECOMMENDED

This outdoor festival has so much fun to offer! Chili-tasting, scavenger hunt, indoor pompom snowball fights, craft fair, sledding, tractor rides, and ending the night is a parade at 6pm! We recommend bringing money for the chili cook-off; \$1/sample.

- **Enter at bus doors; pack lunch; bring money for chili dinner or pack dinner; DRESS FOR OUTDOORS**

02/05: PALISADES MALL; 10AM-5PM; \$ RECOMMENDED

Back by popular demand! Bring your requests for stores and walking shoes!

- **Enter at bus doors; Pack lunch or bring money to purchase**

02/05, 02/19, 02/26: SPECIAL OLYMPICS SWIMMING PRACTICE @ MARIST; 5PM-7:30PM

Get ready for competition in March with the Green Vipers and Hurricanes with Kathi Nolan!

- **Meet at Arc, bring swim suits, towel, and clothing to change into after practice**

02/08: VALENTINE'S CRAFTS & CARDS @ ARC; 5:30PM-9PM

Express your gratitude and love with handmade crafts and cards this Valentine's day!

- **Enter at bus doors; bring dinner; snacks and drinks provided**

02/09: DISNEY LOVE STORIES @ ARC; 5:30-9PM

It's a tale as old as time– Disney tells the best love stories! Which ones do you want to watch together? The Little Mermaid, Beauty and the Beast, Tangled, Lady and the Tramp? Come with a list and we'll make the popcorn!

- **Enter at bus doors; bring dinner; snacks and drinks provided**

02/10: VALENTINE'S DANCE @ ARC; 5:30-9PM

We LOVE to dance at Rec & Teen Club! Come dressed in red or pink and enjoy everyone's company!

- **Enter at bus doors; dinner (pizza, salad), snacks, and drinks provided**

02/11: VALENTINE'S DINNER & JAM/KARAOKE NIGHT @ ARC; 5:30-9PM

Come enjoy a spaghetti dinner with friends and entertain each other with your best musical talent! We'll bring the dinner, you bring the entertainment!

- **Enter at bus doors; spaghetti dinner, Caesar salad, snacks, and drinks provided; bring instruments and/or song requests!**

02/12: SWEETHEART BRUNCH; 11A-2P; VALENTINE'S PAINT & SIP; 2P-5P; SUPERBOWL PARTY @ ARC; 5P-9P

Let's enjoy brunch with the Rec Club bunch! Eggs, sausage, pancakes, and toast with orange juice. Then use our creative side and paint some Valentine's paintings step-by-step! We'll share some drinks to relax! Then come cheer on your favorite team at the Super bowl over some snacks!

- **BRUNCH: Enter at bus doors; brunch (eggs, sausage, pancakes, orange juice) provided**
- **PAINT: Enter at bus doors; bring lunch; wear clothes you don't mind getting messy**
- **SUPER BOWL: Enter at bus doors; bring dinner; snacks and drinks provided**

02/15: DINE AROUND TOWN; 5:30PM-9PM; \$ REQUIRED

Do you want to go to a diner? Red Robin? Olive Garden? Make a list of places you'd like to go, and we'll vote on places we enjoy! Bring money to cover your dinner!

- **Enter at bus doors, bring ideas on places to eat and cash to purchase dinner**

02/16: & 2/23 BOWLING @ TAFT; 5:30-8PM; \$ REQUIRED

PINch me, I must be dreaming! It's another bowling night at Spins Bowl in Poughkeepsie! Please bring at least \$10 to cover bowling at \$3/game, additional if you'd like to order food.

- **Meet at Taft Ave, \$3/game of bowling (\$10 recommended), bring dinner or money to order dinner; Meet at Taft, bring cash to pay for your games, plus dinner**

02/17: FANCY FRIDAY DANCE PARTY @ ARC; 5:30PM-9PM

Dress fabulously and dance the evening away at this Fancy Friday night dance!

- **Enter at bus doors, dinner (grilled chicken salad), snacks, and drinks provided**

02/18: POLAR PLUNGE 10A-4PM; PIZZA @ TOUCH OF NAPLES & WOMEN'S BASKETBALL @ MARIST; \$10+ CASH REQUIRED

It's time to get FREEZIN' for a REASON! If you want to jump, be sure to sign up with the Arc Greater Hudson Valley Ice Breakers, If you want to watch and cheer others on, sign up to come with us! OR, if the outdoors aren't your forte, come enjoy a giant slice of pizza at Touch of Naples and then head over to Marist College to watch the women's team take on Sienna college at 7pm! Tickets are \$10, bring cash to cover your ticket and additional to cover dinner.

- **POLAR PLUNGE: DRESS FOR THE OUTDOORS!!**
- **PIZZA & BASKETBALL: \$10 TICKET + CASH required to attend. Meet at Arc, enter at bus doors, wear RED to support Marist!**

02/19: HOT CHOCOLATE FESTIVAL @ ASHOKAN CENTER; 9:30AM-3PM; MOVIES @ ARC; 3P-5P

Embrace the outdoors with this hot chocolate festival! Featuring live music, jugglers, campfires, sledding, and more! Bring lunch & cash for any purchases! Then come enjoy movies with your peers before swimming!

- **Enter at bus doors, bring lunch, DRESS FOR THE OUTDOORS**
- **Meet at Arc; bring dinner; popcorn and drinks provided**

02/22: SELF-ADVOCACY & HEALTHY RELATIONSHIPS @ ARC; 5:30PM-9PM

Bring topics you'd like to discuss on a day where we can let our voices be heard! The topic of the month is "The right to date & marry!" We'll talk about our dreams for relationships, but also the responsibility of having and maintaining a healthy relationship! How do we share our feelings and respect others feelings and dreams? Let's chat about it!

- **Enter at bus doors; bring dinner; snacks and drinks provided**

02/24: FEBRUARY BIRTHDAY BASH @ ARC; 5:30-9PM

Happy birthday to our members born in February, especially Zachary, ... Everyone is welcome to come celebrate with us, and no gifts are required!

- ♦ **Enter at bus doors; dinner (pizza & salad), snacks, and drinks provided**

02/25: New York State Museum; 10AM-6PM; \$ RECCOMENDED

Let's learn about New York State together at the New York State museum up in Albany! Woolly Mammoths, Iroquois History, and so much more!

- **Meet at Arc; enter at bus doors; bring cash for gift shop purchases and to purchase lunch (or pack lunch)**

02/26: MUSCOOT FARMS MAPLE TOUR; 10AM-5PM; \$ RECCOMENDED

Sugar, spice, and everything MAPLE! Come learn about how maple sap from trees turns into the delicious golden liquid we know and love as MAPLE SYRUP! Cash recommended for any purchases.

- **Meet at Arc; cash recommended for any purchases; DRESS FOR OUTDOORS**



Happy Valentine's Day!

WINTER WEATHER PROTOCOL:

Please be advised, with winter conditions approaching, safety is our first concern.

Some activities may be canceled during inclement weather.

We will update the Rec & Teen RSVP line as needed to communicate any changes.

When Wind Chill Advisories are in effect **please make sure your family member is dressed warmly**— wear hats, gloves and a scarf (to cover mouth and nose from inhaling the cold air). If someone has respiratory issues, please consider keeping them home for the day.

If weather conditions change your RSVP, please notify us by calling the RSVP line or the Rec phone directly.

As always, please call with any questions— we're always happy to help! We want everyone to stay safe and warm this winter season!

