February 2025



If you have any questions, please feel free to call: Catherine Ottaviani at 845-471-8876 ext 22115

FOR RSVPS: (845) 471-8876 ext 22421

February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Important Notice: If members are using any ride services such as Uber/Taxi etc. for drop off, please ensure members check in with a staff PRIOR to their ride leaving.						
2. Galleria Mall Shopping/ Mini Golf	3.	4.	5. Basketball Practice	6. Self- Advocacy/ Yoga	7. Red/Pink Dance	8. Gals/Guys Day out
12p-5p	10.	11.	5:30p-8p 12.	5:30p-9p	5:30p-9p	12p-5p 15.
Dine Around Town 12p-5p	10.		Basketball Practice 5:30p-8p	Member Meeting 5:30p-9p	Valentines Dance 5:30p-9p	Wassaic Project Art Gallery 12p-5p
16. Karaoke Jam Session 12p-4p	17.	18.	19. Basketball Practice 5:30p-8p	20. Game Night 5:30p-9p	21. February B-Day Bash 5:30p-9p	22. American Dream Mall 10a-6p
23. HV Free Day Dia @ Bea- con 10p-4p	24.	25.	26. Basketball Practice 5:30p-8p	27. Track & Field Practice @ ARC 5:30p-8p	28. 90's Dance Party 5:30p-9p	

You must RSVP for ALL activities you would like to attend by calling 845-471-8876
Ext. 22421.

IF YOU DO NOT RSVP, WE WILL TURN YOU AWAY FROM PROGRAM.

February 2025 – Notes

<u>2/1/25:</u> Shine up those bowling balls and get ready to knock down those pins! Please pack a lunch or bring money for food.

<u>2/2/25:</u> Join us for some shopping and Mini golf at the Galleria! Please pack a lunch or bring money for food and mini golf if you wish to play.

<u>2/5, 2/12, 2/19, 2/26:</u> Basketball practice at Gold's Gym (Meet at ARC no later than 5:30 or at Gold's by 6, please specify when RSVP'ing). Please ensure you stretch prior, wear comfortable pants (no jeans) and bring water.

<u>2/6/25:</u> Let's meet to discuss the importance of being a self-advocate as well as do some Yoga and meditation! Please bring dinner or eat prior to event

<u>2/7/25:</u> Join us for another Friday night dance party. Wear your choice of Red or Pink. Light Dinner will be served

<u>2/8/25:</u> Join your fellow guys or gals for a fun day out! **Bring money for food and any purchases you wish to make.**

<u>2/9/25:</u> Let's all vote and go out for a delicious meal and socialize! Money required for food

<u>2/13/25:</u> Can you believe it, already time to plan for March! Bring those ideas for a March calendar and enjoy an evening with your fellow members! Please pack a dinner or eat prior to event

<u>2/14/25:</u> Friendship is in the air! Come and celebrate Valentines Day with your fellow Rec Club members! Dance the night away with each other! <u>Light Dinner will be served</u>

<u>2/15/25:</u> Do you love art!? Let's go tour the Wassaic Art Project Art Gallery! Please pack a lunch or eat prior to the event

<u>2/16/25:</u> Warm up those vocal cords and tune those instruments, its time to show us what you got! Please pack a lunch or eat prior to the event

<u>2/20/25:</u> It's time to challenge other members during Game night! Please bring dinner or eat prior to event

<u>2/21/25:</u> Time to celebrate those born in February! Happy birthday to Mikayla, Zach, and Paul! <u>Gifts not required</u>. <u>Light Dinner will be served</u>

<u>2/22/25:</u> The day you have all been advocating for, AMERICAN DREAM MALL!!! Please know this event requires Out of State Travel to be in a members lifeplan in order to sign up (we can verify for you if needed). PLEASE NOTE THIS IS ONLY TO TOUR THE MALL AND NOT THE THEME PARK! Please bring money for food and any other purchases you wish to make.

<u>2/23/25:</u> Let's go see what art they have on display for the Hudson Valley Free Day at Dia Beacon! Please pack a lunch or bring money for food

<u>2/27/25:</u> Track & Field is back!!! Dust off those running shoes! **Stretch at Home**, **Dress comfortably** (no jeans). **Bring Water!**

<u>2/28/25:</u> It's time to go back to the 90's! Dress in your favorite 90's attire and dance the night away! <u>Light Dinner will be served.</u>

The REC & TEEN Club

The Arc of Greater Hudson Valley 8 Industry Street Poughkeepsie, NY 12603

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Rec Club Supervisor	Casey Belcher				
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Rec Club Assistant Vacant					
Rec Club Assistant	Vacant				
Rec Club Assistant	Vacant				

THANK YOU to our Relief Staff:

Neena Faucher, Kelia Johnson, Sarah Rokitowski, Michelle Englishby, Sara Spitz, Tosha Emerson, Melissa Harris, Natalie Rivera, Lucas Ireland, Vivian Josiah, Audrey Hubert, Jaheim Paul

For information and reservations

Rec. Club RSVP Line	(845) 471-8876 × 22421
Rec Club Cellphone	(914) 474-4525